

CARDIONCOLOGIA 2017

DOMANDE, RISPOSTE
E... DUBBI:

CONFRONTO
CON GLI
ESPERTI

1 APRILE
2017
TORINO

SEDE DEL CONGRESSO:

SALA LONDRA
CENTRO CONGRESSI LINGOTTO
VIA NIZZA 280 - TORINO

CARDIOTOSSICITA' ED ARITMIE

Il parere dell'ematologo



Dr.ssa Carola Boccomini

SC Ematologia – Dr. U. Vitolo

AO Città della Salute e della Scienza

Torino, Italy



Why focusing on cardioncology?

- ✓ Cardiac injury is one of the most impairing side effects of anticancer treatment
- ✓ Recent extension of
 - ✓ improved surgical approaches
 - ✓ range of available drugs
 - ✓ use of combination regimens
 - ✓ use of concomitant radiation therapy
- ✓ Improved life expectancy
- ✓ Improved outcome of cancer patients



**CARDIOVASCULAR DISEASE IS THE 2nd
CAUSE OF LONG TERM MORBIDITY AND
MORTALITY OF CANCER SURVIVORS**

Chemotherapy-induced arrhythmia



- ✓ The relationship between chemotherapy and arrhythmias is not well established
- ✓ Cancer itself creates an arrhythmogenic milieu
- ✓ More than one chemotherapeutic agent is used in each patient, either simultaneously or sequentially, making it difficult to decide which one caused this side effect



Chemotherapy-induced arrhythmia



	AF	Other type
Antracyclines	6-38%	
Vinca Alkaloids		25% (bradi)
Antimetabolites (Gemcitabine)	8%	
Alkylating agents: Cisplatin	4-6%	1-3% VT
Melphalan	6.6-11.8%	
Ifosfamide	n.s	n.s, PVC and VT
Rituximab	? reversible	

Antineoplastic drug-induced bradyarrhythmias

Cardiac rhythm disorder characterized by a reduction or loss of cardiac beats, often with a ventricular rate <60 bpm.

- Sinus bradycardia or arrhythmia
- Sinus node dysfunction
- Atrio-ventricular conduction disorders



**LESS FREQUENT THAN TACHYARRHYTHMIAS AND
MORE FAVORABLE ON PATIENT OUTCOME
BUT UNDERESTIMATED**



Antineoplastic drug-induced bradyarrhythmias

PRE-EXISTING FACTORS

- ✓ Old age
- ✓ Paracardiac or cardiac localization
- ✓ Infiltrative conditions (amyloidosis, fibrosis or sclerosis)
- ✓ Cardiomyopathies
- ✓ Ischemic injuries
- ✓ Valvular pathologies



DIRECT DAMAGE

- ✓ Stimulation of parasympathetic system
- ✓ Beta-adrenergic blocking
- ✓ Release of vasoactive molecules

TRANSIENT CAUSES

- ✓ Electrolyte imbalance (hypoK, hypoMg)
- ✓ Metabolic alterations (Hypotiroidism)
- ✓ Vagal stimulation due to emesis, inflammation or trauma (surgery/catheterism)
- ✓ Drugs: Beta or Calcium-channel blockers, digoxin, amiodarone

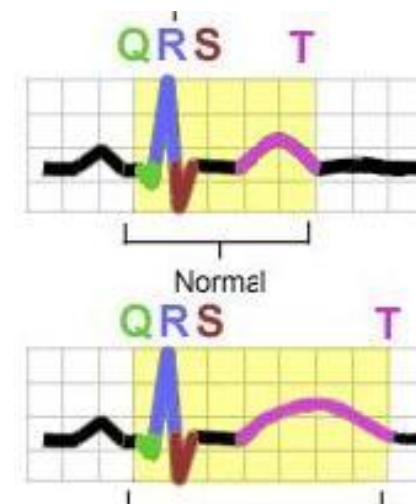
Antineoplastic drug-induced bradyarrhythmias

Drug
Antracyclines
Alkylating agents
Cyclophosphamide HD
Cisplatinum
Antimetabolites (Citarabine)
Fludarabine
Thalidomide
Bortezomib
Rituximab



QT interval prolongation

- ✓ \uparrow QT interval represents the principal clinical surrogate marker to evaluate the torsadogenic risk of a drug
- ✓ Lack of standardized method of measurement, resulting in diminished specificity
- ✓ QT interval duration depends on heart rate
- ✓ Several formulas to mathematically correct QT (QTc): Bazzett, Fridericia, Framingham and Hodges formulas
- ✓ Great controversy over normal parameters
- ✓ Ventricular arrhythmias, particularly TdP, are correlated with $QTc > 500$ msec; however no established threshold below which \uparrow QT is considered free of proarrhythmic risk



MECHANISM OF ACTION

- ▶ the three-dimensional structural configurations of these agents uniquely interact with HERG k^+
- ▶ Indirect effect on HR

AGE



COMORBIDITIES

- ✓ Female gender
- ✓ Cardiovascular disease: bradycardia, mitral valve prolapsed, low EF, cardiac hypertrophy, myocarditis, AV blocks, ischemia
- ✓ Endocrine disorders: Hypothyroidism
- ✓ Electrolyte disturbance: HypoK, HypoMg and HypoCalcemia
- ✓ Other disease: hepatic or renal failure

CONCOMITANT MEDICATION



SIDE EFFECTS

- ✓ Nausea/vomiting
- ✓ Diarrhea
- ✓ Decreased oral intake

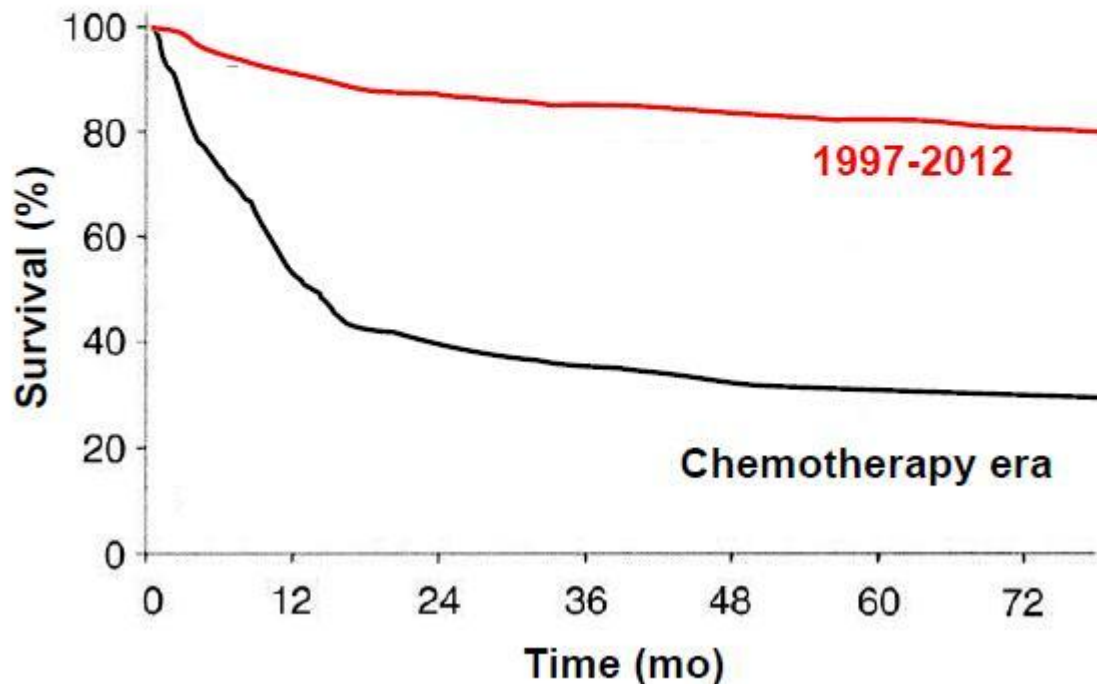


	DRUGS
Antiarrhythmics	Quinidine, Sotalol, Dysopiramide, Procainamide, Amiodarone, Verapamil
Psychotropics	Amitriptyline, Venlafaxine, Doxepin, Haloperidol, Risperidone, Olanzapine, Chlorpromazine, Quetiapine
Antimicrobials	Clarithromycin, Erythromycin, Azithromycin, Chloroquine, Moxifloxacin, Levofloxacin, Pentamidine, Foscarnet, Trimethoprim+Sulfamethoxazole
Antifungals	Ketoconazole, Miconazole, Voriconazole, Itraconazole
Antihistamines	Terfenadine, Cetirizine
Prokinetics	Cisapride, Domperidone
Antiemetics	Ondansetron, Granisetron, Metoclopramide



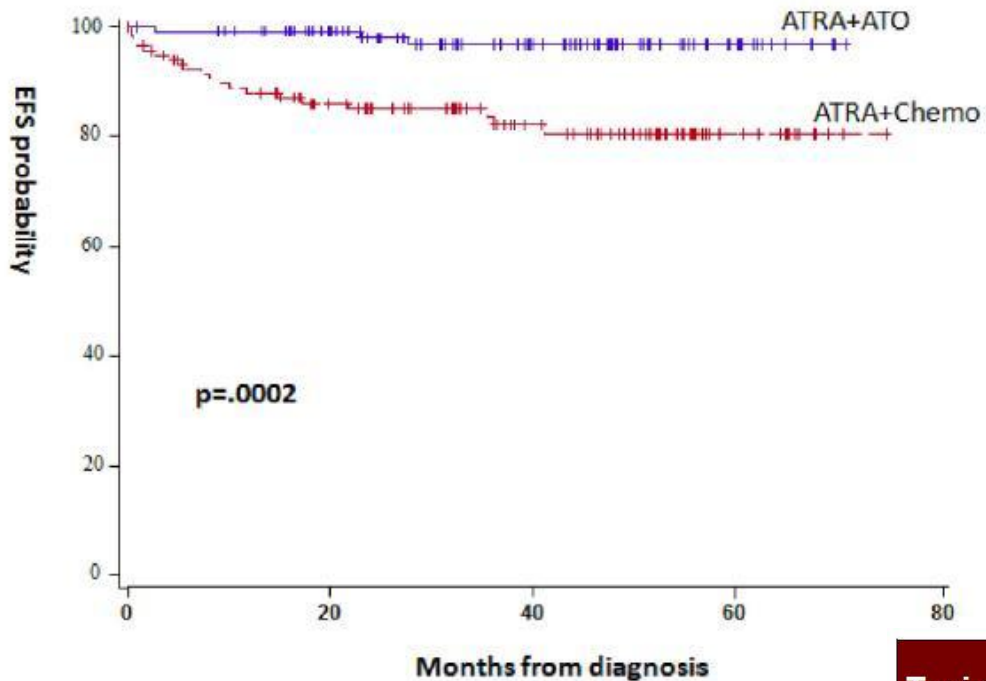
QT interval and Arsenic Trioxide

Reported outcomes for APL pre- and after ATRA



- ✓ Induction death
- ✓ Death in remission
- ✓ Toxicity of consolidation treatment
- ✓ Therapy related MDS/AML

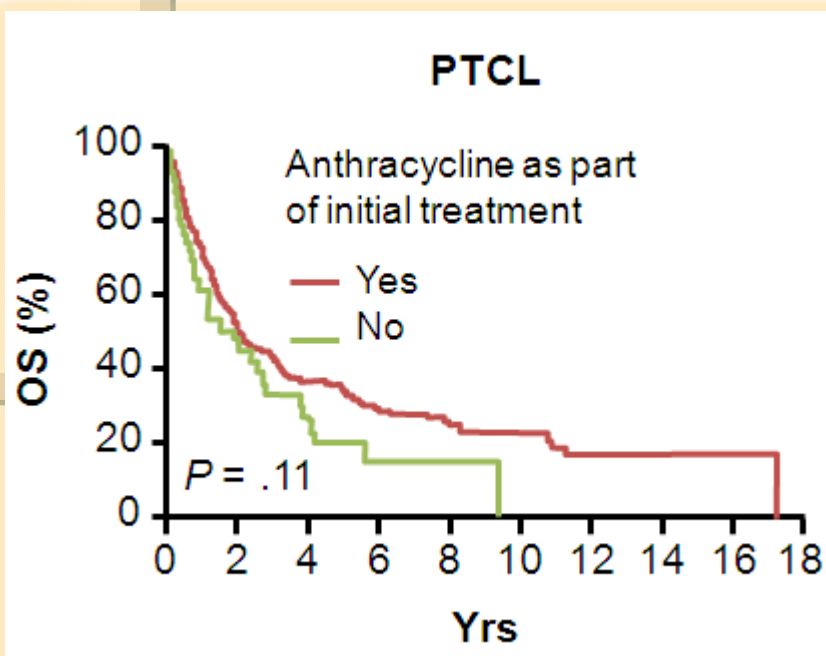
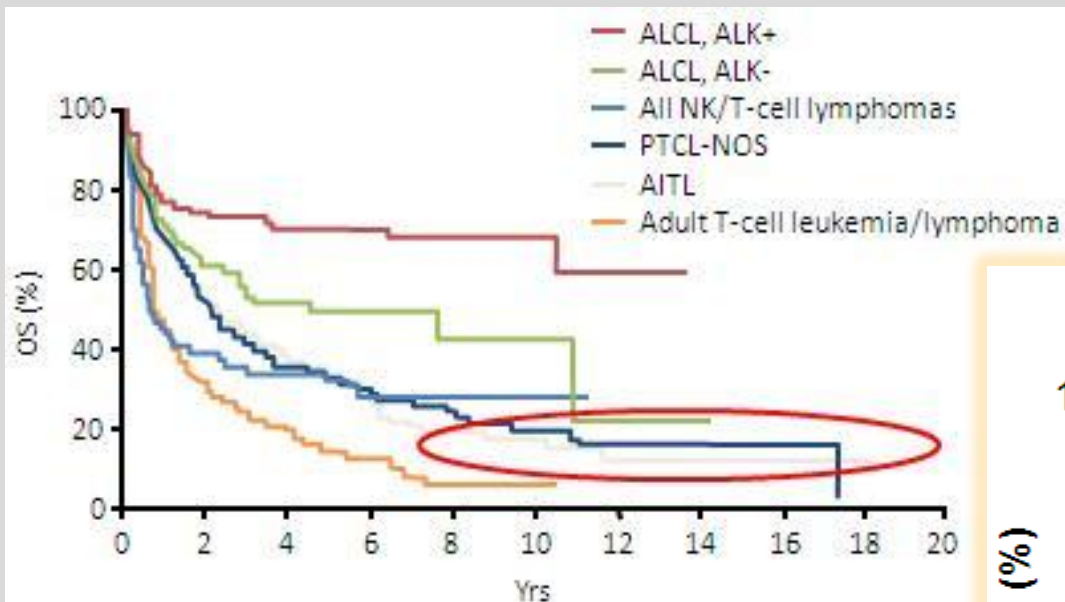
QT interval and Arsenic Trioxide



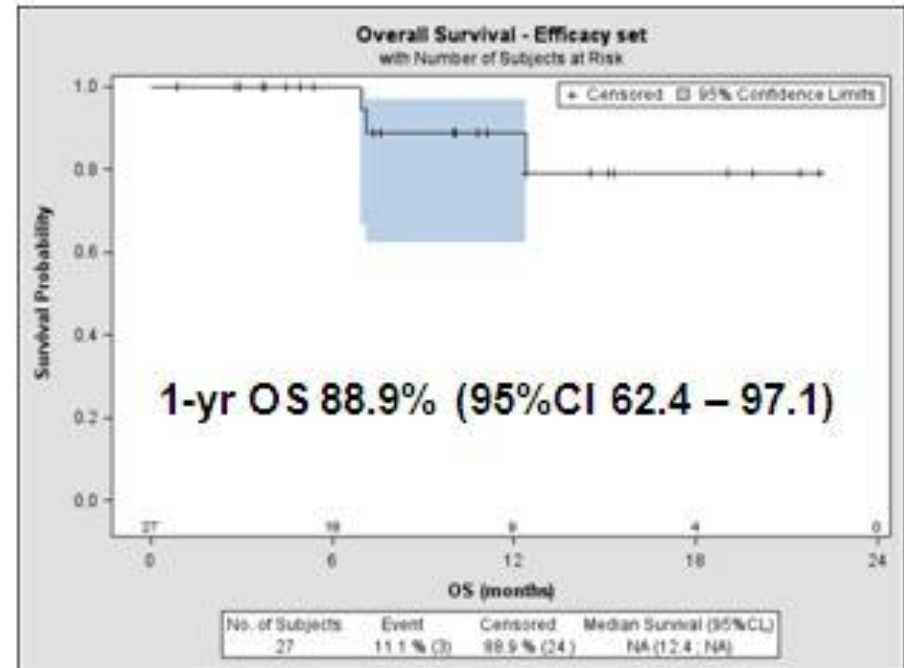
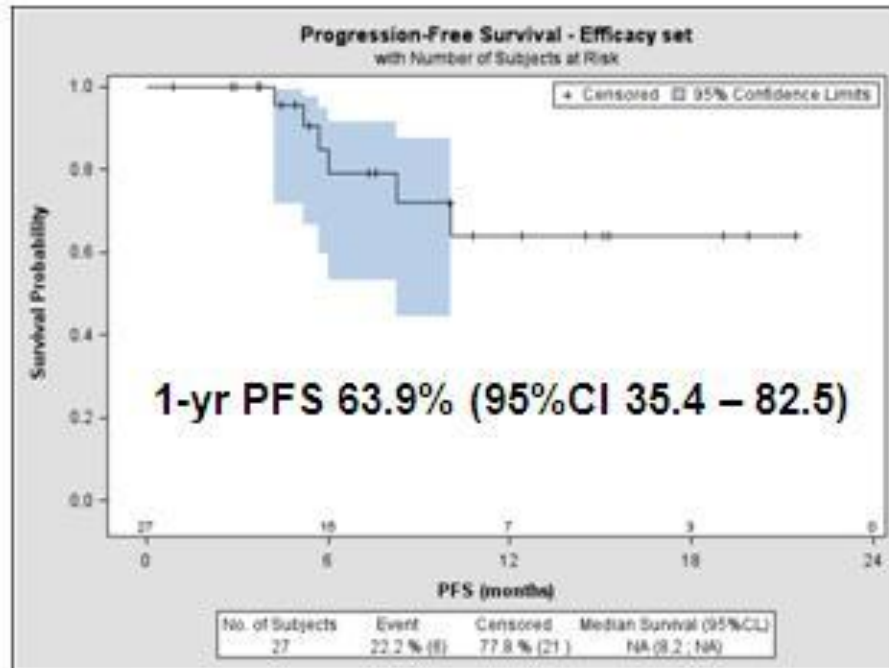
Toxicity	ATRA+ATO	ATRA+Chemo	P value
QTc prolongation ¹ , %	13	0	0.0005
Hepatic toxicity ¹ (Grade 3-4), %	57	5	<0.0001
Leukocytosis ² (>10x10 ⁹ /L), %	47	24	0.007

QT interval and Romidepsine

OS varies according to subtype
Median OS ranges from 1-3 yrs



QT interval and Romidepsine



Romidepsin can be combined with CHOP at the price of foreseeable haematological toxicity. Some cardiovascular events have been observed but the relationship remains unclear. Efficacy results are promising.

Ibrutinib-related atrial fibrillation in patients with mantle cell lymphoma

Atrial fibrillation associated with ibrutinib in Waldenström macroglobulinemia

The risk of atrial fibrillation with ibrutinib use: a systematic review and meta-analysis

Atrial fibrillation in CLL patients treated with ibrutinib. An international retrospective study

Proposed Algorithm for Managing Ibrutinib-Related Atrial Fibrillation

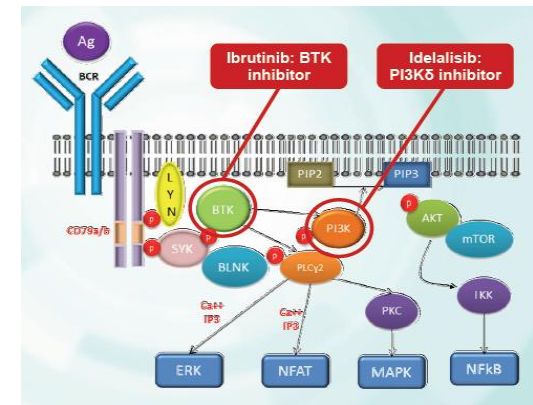
Additional data needed for a better understanding of the potential relationship between atrial fibrillation and ibrutinib

Atrial fibrillation, anticoagulant stroke prophylaxis and bleeding risk with ibrutinib therapy for chronic lymphocytic leukaemia and lymphoproliferative disorders

Ibrutinib increases the risk of atrial fibrillation, potentially through inhibition of cardiac PI3K-Akt signaling

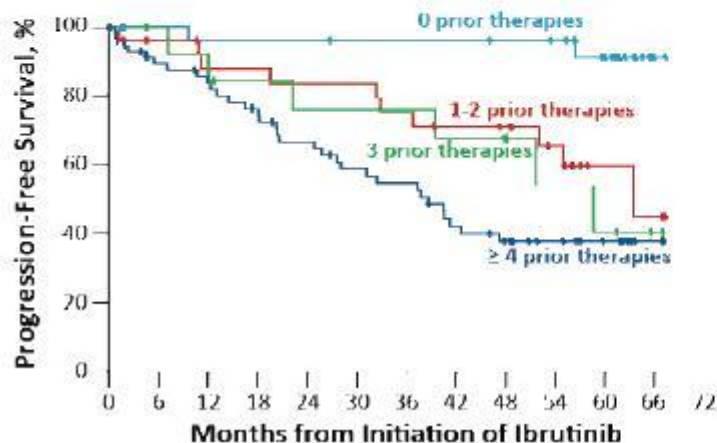


The BTKi IBRUTINIB is the new standard of care in untreated del17p or p53 mutated B-LLC or relapsed/refractory B-LLC and MCL and in Waldenstrom Macroglobulinemia.

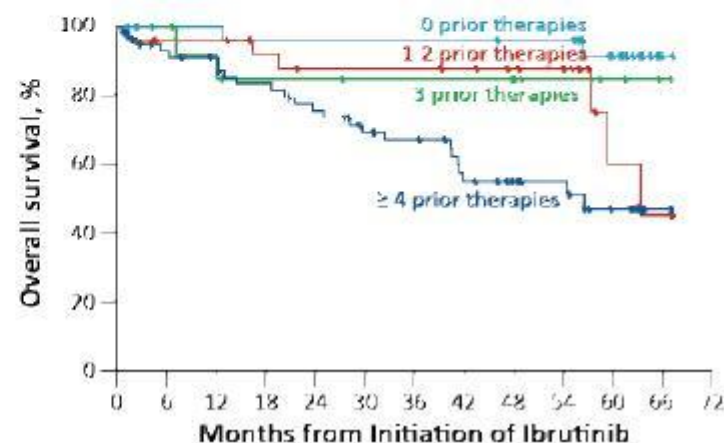


Ibrutinib Survival by Number of Lines of Prior Therapies

Progression-Free Survival



Overall Survival



Ibrutinib–Related Atrial Fibrillation (IRAF)

- ✓ Reported IRAF incidence of 3.5-7.7%, significantly higher than alternative therapies (0.5-2.4%) or general population
- ✓ Median time of onset 3.8 months with >80% of AF events occurring in the first 6 months.



UNCLEAR MECHANISM OF ACTION

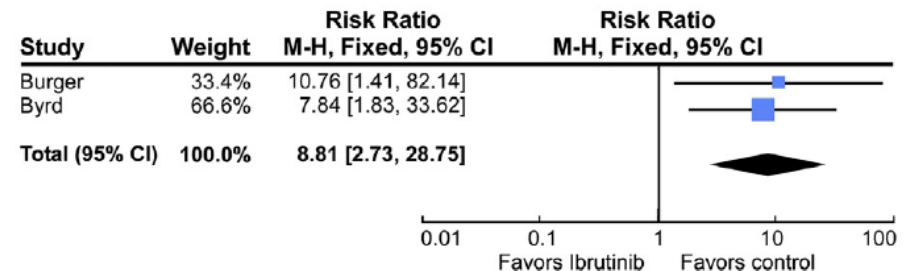
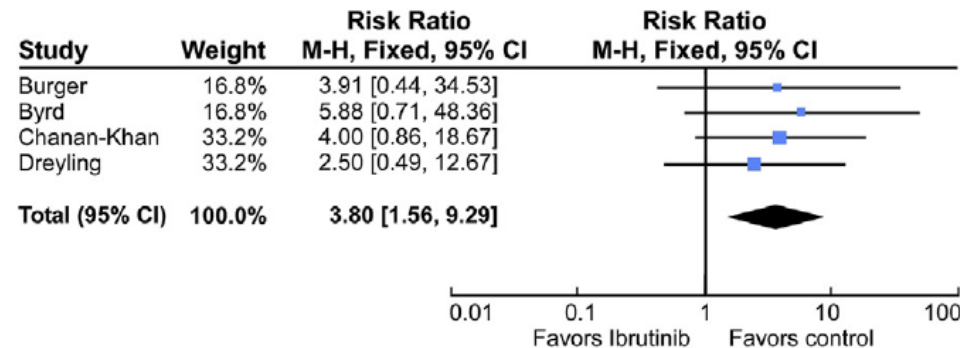
- ▶ Both BTK and TEC transcripts were expressed in human heart tissue and there is a higher expression in atrial tissue in AF condition than sinus rhythm
- ▶ BTK and TEC regulate the PI3k-AKT pathway, which is a critical regulator of cardiac protection under stress condition
- ▶ Ibrutinib significantly reduced PI3k-AKT activity in cardiac cells
- ▶ Inhibition of BTK and TEC kinases, that leads to decreased PI3k-AKT signalling, is one potential explanation of IRAF



Risk of Atrial Fibrillation and Bleeding Diathesis Associated With Ibrutinib Treatment: A Systematic Review and Pooled Analysis of Four Randomized Controlled Trials

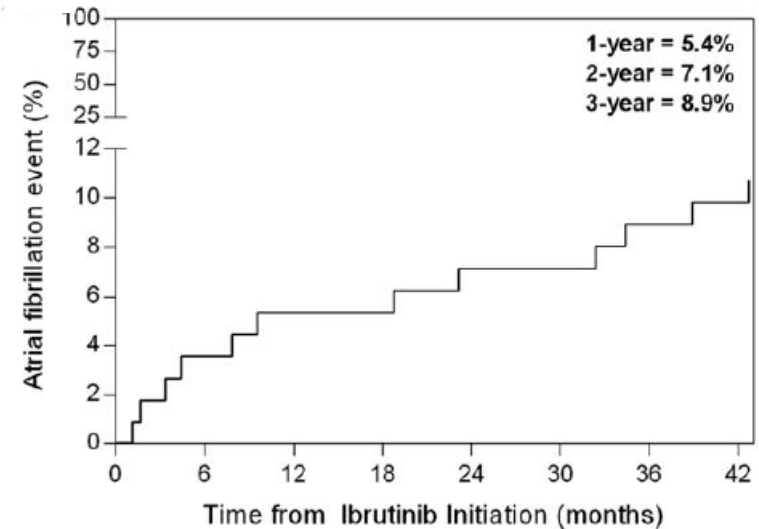
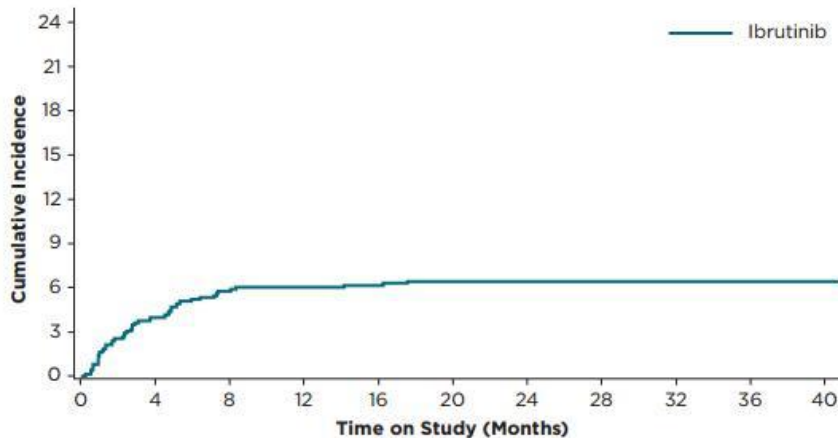


- ✓ Ibrutinib treatment was associated with a significantly higher risk of serious AF/AFL: RR 3.80
- ✓ Ibrutinib treatment was associated with a significantly higher risk of all-grade AF/AFL: RR 8.81
- ✓ The risk of these adverse events was not different between subgroups (pathology, treatment setting, dose and duration of Ibrutinib exposure)



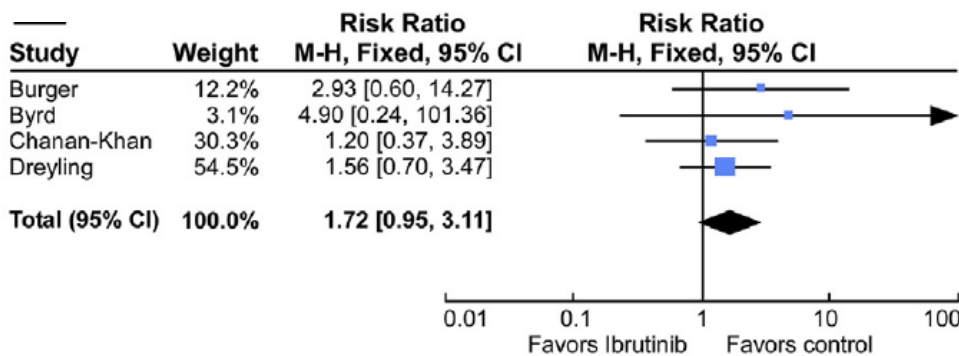
Ibrutinib–Related Atrial Fibrillation (IRAF)

- ✓ Patients with known history of AF experienced events earlier than those without history of AF
- ✓ **Discordant data:** curve plateaus beginning at 8 months and does not rise above 7% vs incidence may continue to increase up to 16% in longer-follow-up (up to 26 months)
- ✓ **Unclear if late AF depends on increased propensity in prolonged Ibrutinib exposure or higher risk due to advancing age, hypertension, prolonged disease history and effects of prior therapies**
- ✓ **It would be useful to know if occurrence of AF is ibrutinib dose-dependent or an idiosyncratic response**



Ibrutinib and Bleeding risk

- ✓ In Ibrutinib-treated patients, anticoagulant choice is complicated by the known increased bleeding risk
- ✓ Usually presenting as cutaneous bruising or minor bleeding
- ✓ Ibrutinib treatment was associated with a significantly higher risk of all-grade bleeding: RR 2.93 while there was no difference in major bleeding rates: RR 1.72
- ✓ Impact of concurrent use of antiplatelet agents (commonly used in cardiovascular diseases) needs future study



UNCLEAR MECHANISM OF ACTION

- ▶ Anti-platelet effects
- ▶ It inhibits platelet adhesion to collagen and to von Willebrand factor
- ▶ It inhibits collagen mediated platelet aggregation

Drugs interactions:

Ibrutinib, anti-arrhythmic and anti-coagulant

- ✓ Ibrutinib is metabolized by CYP3A: Diltiazem and Verapamil are moderate inhibitors
- ✓ Ibrutinib inhibits P-glycoprotein and thus may increase exposure to P-glycoprotein substrates: Digoxin and Amiodarone, Dabigatran
- ✓ Through CYP3A: Apixaban and Rivaroxaban
- ✓ A recent study showed that 2/3 of CLL patients had potentially significant drug interaction at time of commencing Ibrutinib, and another 8% during the course of treatment
- ✓ Elderly patients are commonly at risk of polypharmacy due to multimorbidity



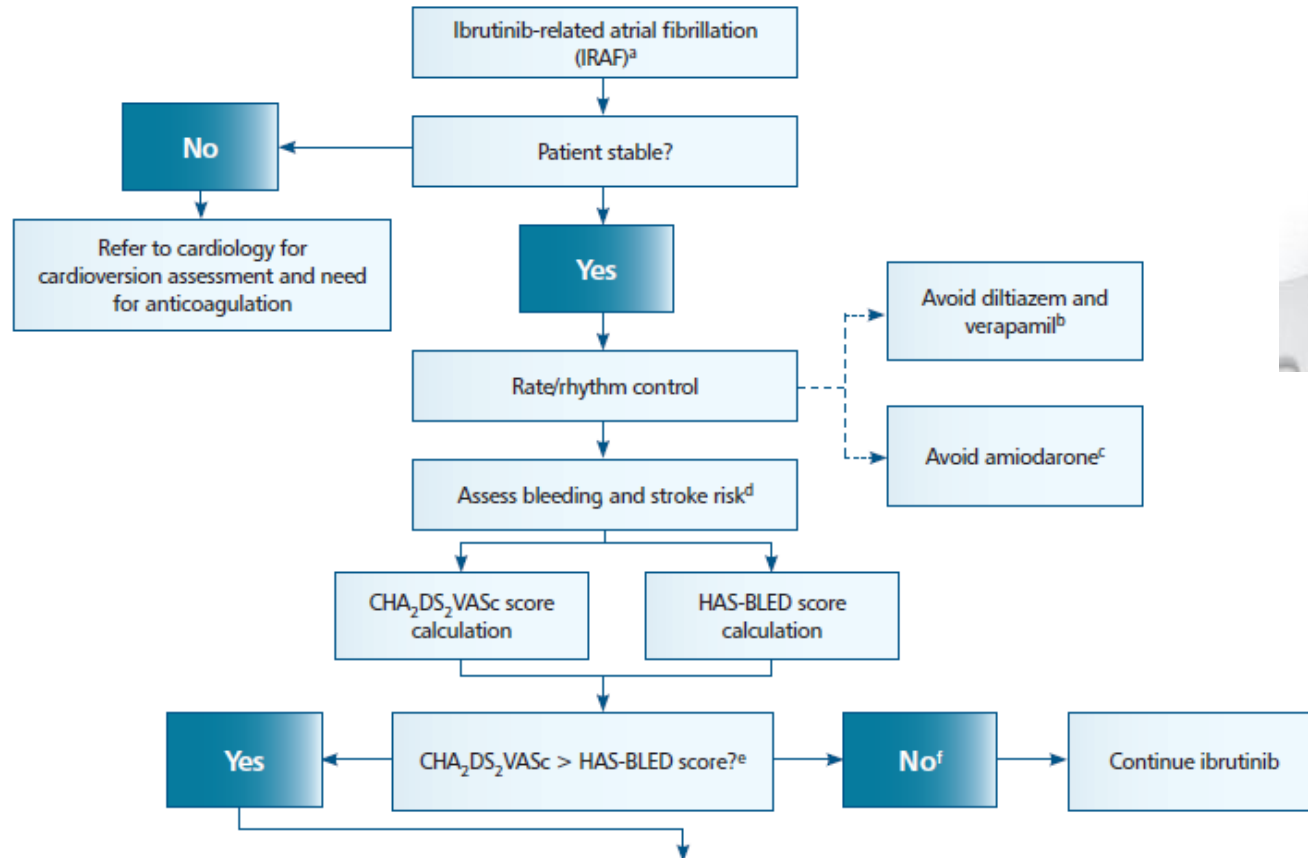
IRAF: what we know

- ✓ In daily clinical practice, IRAF rates may be higher than in clinical trial setting
- ✓ Use of Warfarin or vitamin K antagonists was a contraindication for enrollment in clinical trials
- ✓ CLL/MCL patients tend to have higher stroke risk due to advanced age and cardiotoxicity due to prior chemotherapies
- ✓ IRAF may require different risk assessment and anticoagulation approaches
- ✓ The clinical benefit of anticoagulation in AF/AFL is well established
- ✓ DOAC such as Dabigatran, Rivaroxaban and Apixaban were shown to have

Outcome after Ibrutinib cessation for toxicity is poor. Thus, it is desirable to continue therapy, whenever possible: a high rate of disease progression was seen in patients who stopped Ibrutinib, but not in patients who continue Ibrutinib at reduced dose



Algorithm for IRAF



Individualize decision based on patient preferences, disease, availability of other antineoplastic agents, and patient comorbidities. **Options include:**

1. Attempt rhythm control; if anticoagulation is required for a short period of time, consider suspending ibrutinib for this duration, especially in a patients who has had disease under control on ibrutinib for a prolonged period of time. Resume ibrutinib once patient no longer on anticoagulation.
2. Rate control, oral anticoagulation, switch to another antineoplastic.
3. Rate control, oral anticoagulation, continue ibrutinib, minimize other medications associated with bleeding risk.
4. Rate control, no oral anticoagulation, continue ibrutinib.

Conclusion

Oncologists

treating patients with the best cancer therapies without adversely impacting cardiovascular health

Cancer therapy

may be abandoned because of an increased cardiovascular risk



Cardio-oncologists

developed in response to the combined decision making

Patients

receiving active and successful treatment are long-term survivors





GRAZIE PER L'ATTENZIONE!!!