



# DISFUNZIONE VENTRICOLARE SINISTRA E CARDIOTOSSICITÀ

Dr.ssa Elisa Pelloni SC Cardiologia U.Parini Aosta

Dr.ssa Olga Elisabetta Cursio SC Oncologia U.Parini Aosta

# Carcinoma Mammario Precoce

- il trattamento è prevalentemente chirurgico: 86% delle pazienti è libera da malattia a 5 AA
- INDICATA TERAPIA ADIUVANTE AL FINE DI RIDURRE RISCHIO DI RECIDIVE: ORMONOTERAPIA, CHEMIOTERAPIA +/- TRASTUZUMAB, RT
- SE LE DIMENSIONI DELLA NEOPLASIA NON CONSENTONO DI INTERVENIRE IMMEDIATAMENTE O SE CARATTERISTICHE DI AGGRESSIVITÀ È POSSIBILE FAR PRECEDERE LA CHEMIOTERAPIA ALL'INTERVENTO

# Terapia adiuvante: poli-CT

## PREOPERATIVE/ADJUVANT THERAPY REGIMENS

### HER2-Negative - Preferred regimens:

- Dose-dense AC followed by paclitaxel<sup>1</sup>
  - ▶ Doxorubicin 60 mg/m<sup>2</sup> IV day 1
  - ▶ Cyclophosphamide 600 mg/m<sup>2</sup> IV day 1
    - ◊ Cycled every 14 days for 4 cycles.<sup>0</sup>
    - ◊ Followed by:
  - ▶ Paclitaxel 175 mg/m<sup>2</sup> by 3 h IV infusion day 1
    - ◊ Cycled every 14 days for 4 cycles.<sup>0</sup>
- Dose-dense AC followed by weekly paclitaxel<sup>1</sup>
  - ▶ Doxorubicin 60 mg/m<sup>2</sup> IV day 1
  - ▶ Cyclophosphamide 600 mg/m<sup>2</sup> IV day 1
    - ◊ Cycled every 14 days for 4 cycles.<sup>0</sup>
    - ◊ Followed by:
  - ▶ Paclitaxel 80 mg/m<sup>2</sup> by 1 h IV infusion weekly for 12 weeks.
- TC<sup>2</sup>
  - ▶ Docetaxel 75 mg/m<sup>2</sup> IV day 1
  - ▶ Cyclophosphamide 600 mg/m<sup>2</sup> IV day 1
    - ◊ Cycled every 21 days for 4 cycles.<sup>0</sup>

### HER2-Negative - Useful in certain circumstances:

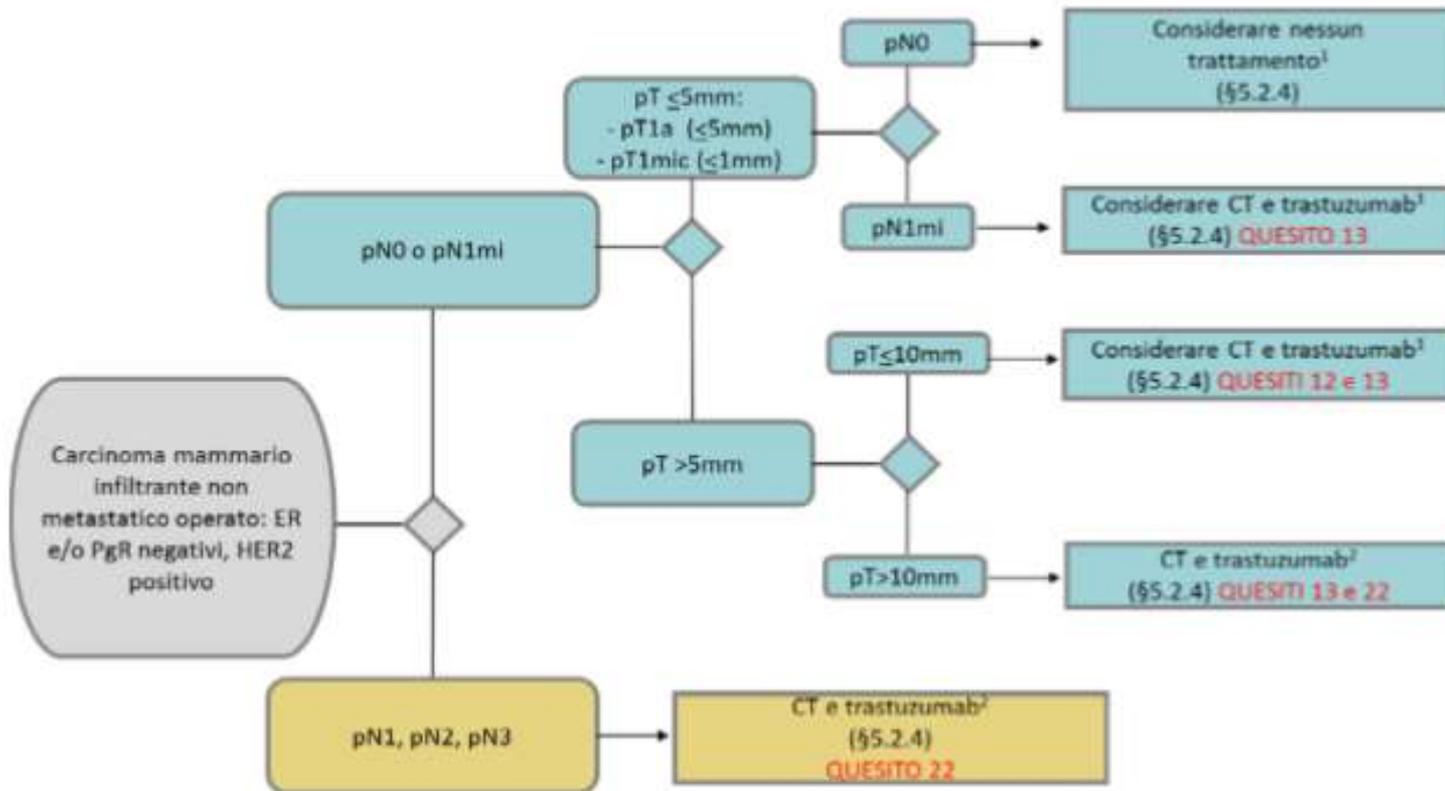
- Dose-dense AC<sup>1</sup>
  - ▶ Doxorubicin 60 mg/m<sup>2</sup> IV day 1
  - ▶ Cyclophosphamide 600 mg/m<sup>2</sup> IV day 1
    - ◊ Cycled every 14 days for 4 cycles.<sup>0</sup>
- AC<sup>3</sup>
  - ▶ Doxorubicin 60 mg/m<sup>2</sup> IV on day 1
  - ▶ Cyclophosphamide 600 mg/m<sup>2</sup> IV day 1
    - ◊ Cycled every 21 days for 4 cycles.
- CMF chemotherapy<sup>4</sup>
  - ▶ Cyclophosphamide 100 mg/m<sup>2</sup> PO days 1–14
  - ▶ Methotrexate 40 mg/m<sup>2</sup> IV days 1 & 8
  - ▶ 5-fluorouracil 600 mg/m<sup>2</sup> IV days 1 & 8
    - ◊ Cycled every 28 days for 6 cycles.
- AC followed by weekly paclitaxel<sup>5</sup>
  - ▶ Doxorubicin 60 mg/m<sup>2</sup> IV day 1
  - ▶ Cyclophosphamide 600 mg/m<sup>2</sup> IV day 1
    - ◊ Cycled every 21 days for 4 cycles.
    - ◊ Followed by
  - ▶ Paclitaxel 80 mg/m<sup>2</sup> by 1 h IV infusion weekly for 12 weeks.

### HER2-Negative - Other recommended regimens:

- AC followed by docetaxel chemotherapy<sup>6</sup>
  - ▶ Doxorubicin 60 mg/m<sup>2</sup> IV on day 1
  - ▶ Cyclophosphamide 600 mg/m<sup>2</sup> IV day 1
    - ◊ Cycled every 21 days for 4 cycles.
    - ◊ Followed by:
  - ▶ Docetaxel 100 mg/m<sup>2</sup> IV on day 1
    - ◊ Cycled every 21 days for 4 cycles.
- EC chemotherapy<sup>7</sup>
  - ▶ Epirubicin 100 mg/m<sup>2</sup> IV day 1
  - ▶ Cyclophosphamide 830 mg/m<sup>2</sup> IV day 1
    - ◊ Cycled every 21 days for 8 cycles.
- TAC chemotherapy<sup>8</sup>
  - ▶ Docetaxel 75 mg/m<sup>2</sup> IV day 1
  - ▶ Doxorubicin 50 mg/m<sup>2</sup> IV day 1
  - ▶ Cyclophosphamide 500 mg/m<sup>2</sup> IV day 1
    - ◊ Cycled every 21 days for 6 cycles.<sup>0</sup>

# Linee guida AIOM malattia HER2

## TERAPIA SISTEMICA ADIUVANTE

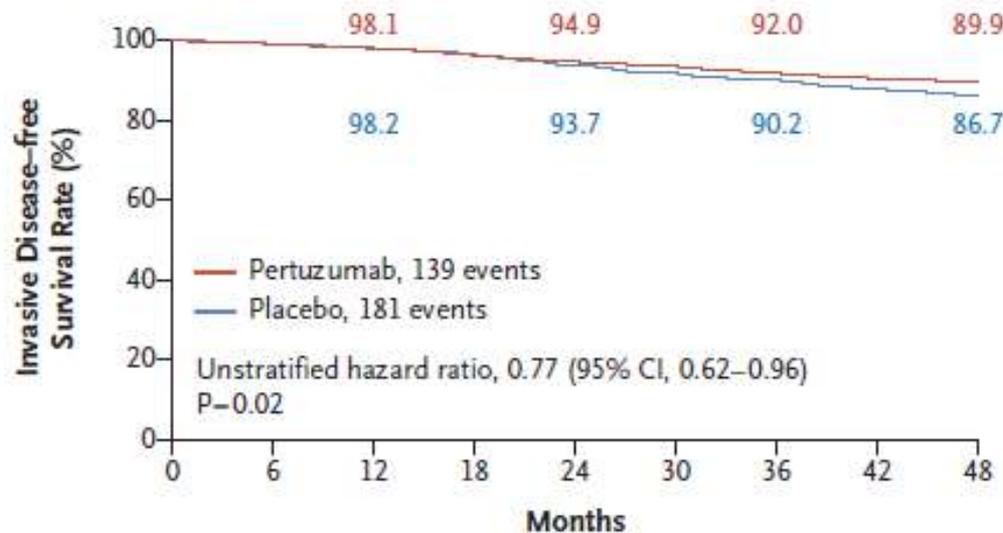


# Anti-HER2 nel setting adiuvante

## Trial

The NEW ENGLAND JOURNAL of MEDICINE

C Population with Node-Positive Disease



No. at Risk

Pertuzumab	1503	1444	1419	1387	1358	1327	1283	912	423
Placebo	1502	1453	1439	1408	1359	1319	1264	882	405

ORIGINAL ARTICLE

## Pertuzumab and Trastuzumab in Node-Positive Breast Cancer

Procter, Ph.D., Evandro de Azambuja, M.D., M.D., Giuseppe Viale, M.D., Thomas Suter, M.D., M.Sc., Emma Clark, M.Sc., Adam Knott, Ph.D., Denise A. Yardley, M.D., Jose Bines, M.D., et al., Piccart, M.D., and Jose Baselga, M.D., for the Breast International Group 1-10 Committee and Investigators\*

ABSTRACT

**0.41**

# Anti-HER2 nel setting neoadiuvante

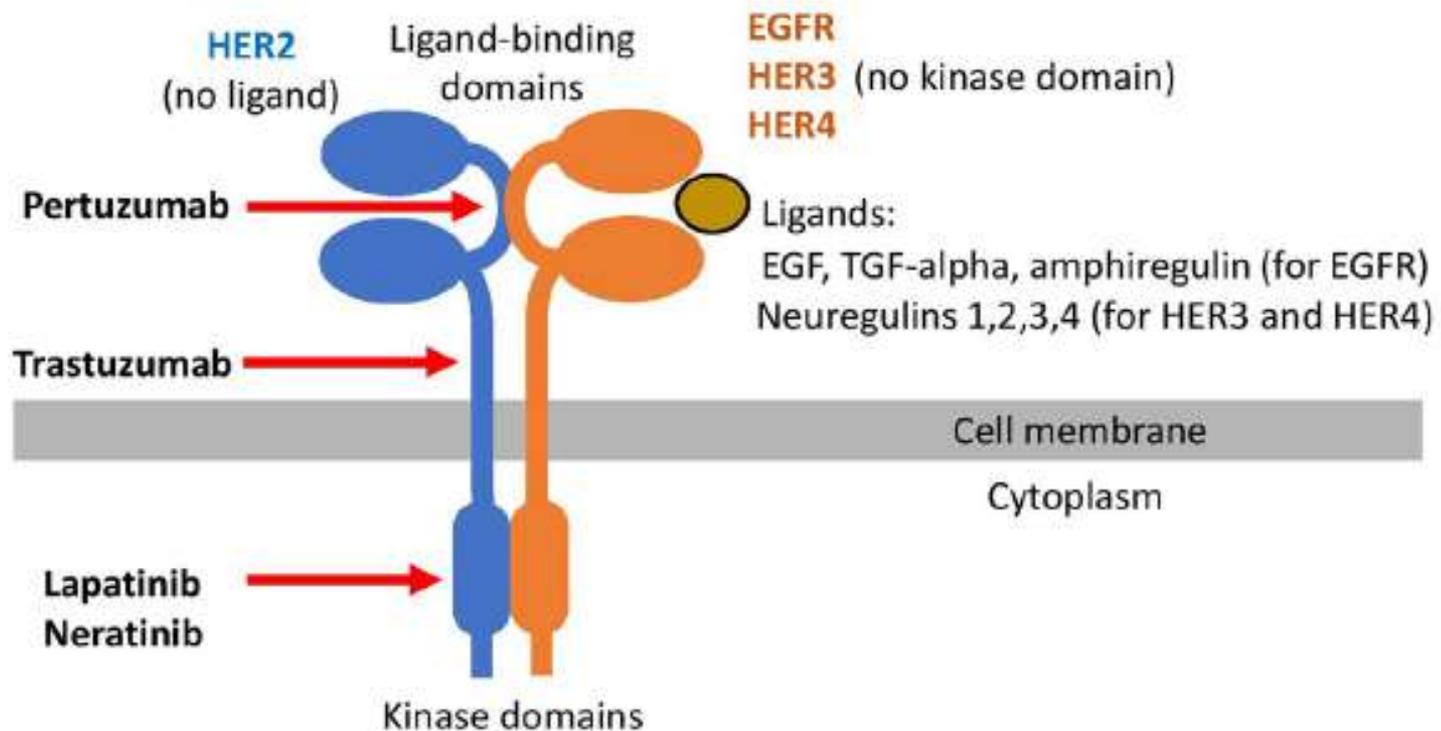
<b>Trial</b>	<b>pCR</b>
<b>NOAH</b>	<b>42.7 %</b>

L'uso di pertuzumab, in associazione a trastuzumab e chemioterapia, in fase neoadiuvante è autorizzato ma non rimborsato in Italia per il carcinoma HER2+ localmente avanzato, infiammatorio o allo stadio iniziale ad alto rischio di recidiva (fascia C<sub>mn</sub>). Come recita la scheda tecnica aggiornata al 28 giugno 2018: "nel setting neoadiuvante, il carcinoma mammario localmente avanzato e infiammatorio è considerato ad alto rischio indipendentemente dallo stato dei recettori ormonali. Nel carcinoma mammario in fase iniziale, le dimensioni del tumore, il grado, lo stato dei recettori ormonali e le metastasi linfonodali devono essere presi in considerazione nella valutazione del rischio". E' in corso la procedura regolatoria per la rimborsabilità del farmaco.

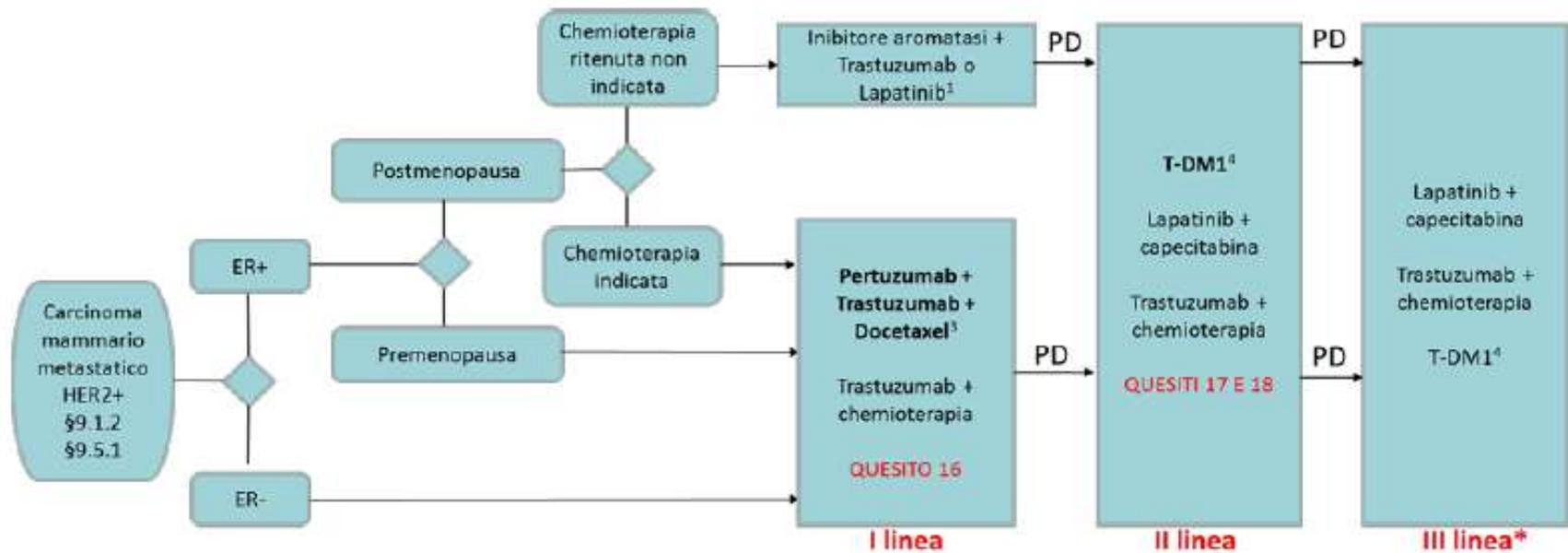
Linee Guida AIOM 2018

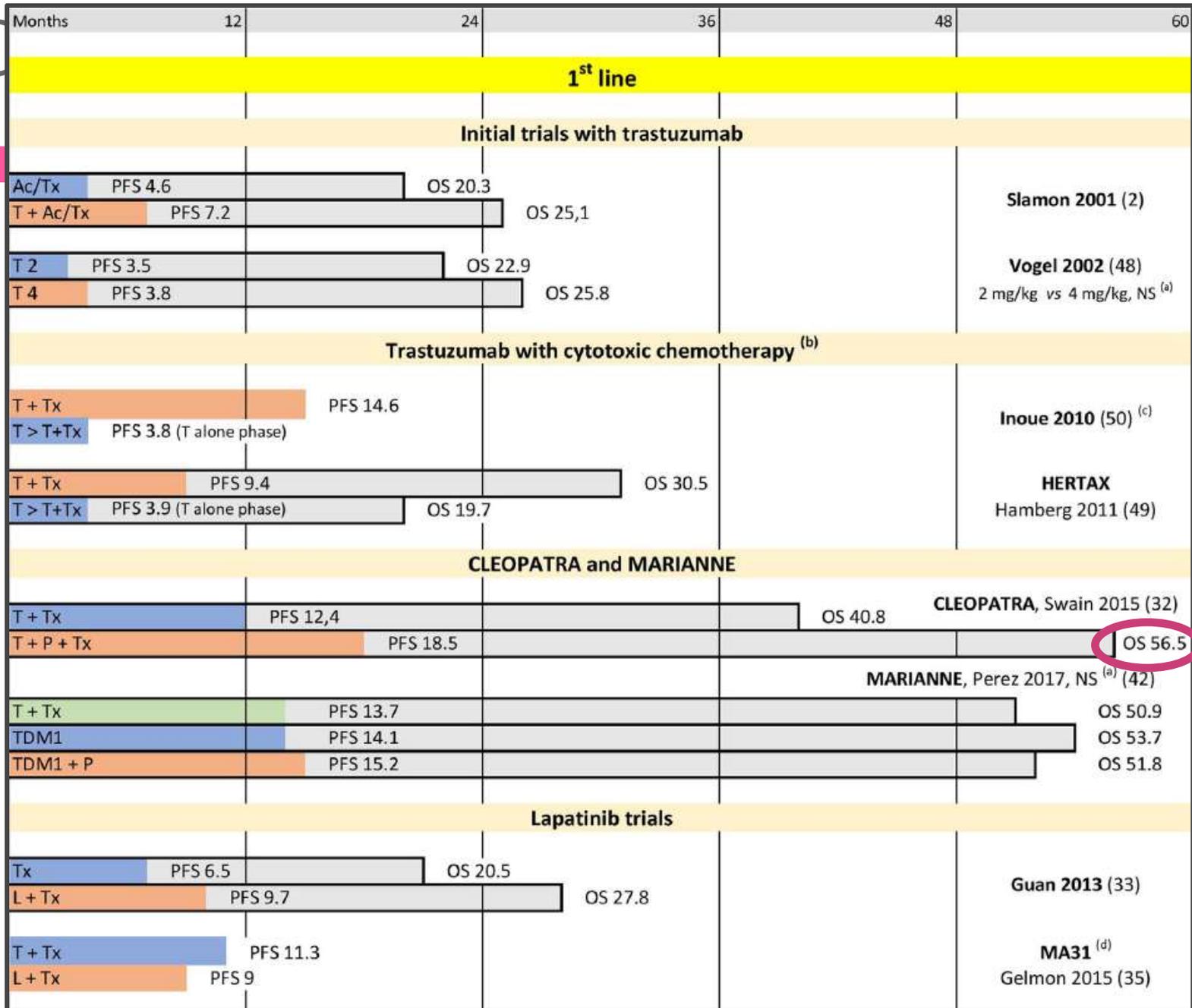
<b>braccio con TXT+Trastuzumab +Pertuzumab</b>	
<b>Tryphaena (3 bracci)</b>	<b>dal 45.3% al 51.9%</b>

# Anti-HER2 setting metastatico

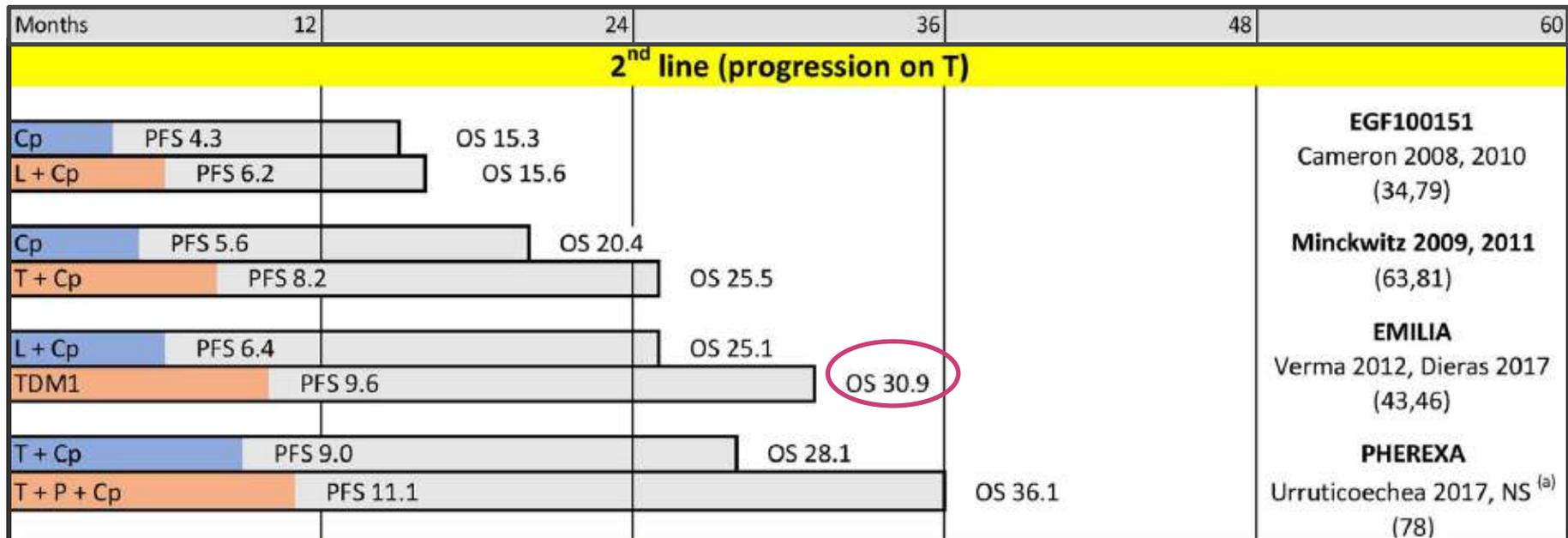


# Linee guida AIOM carcinoma mammario metastatico HER2 positivo

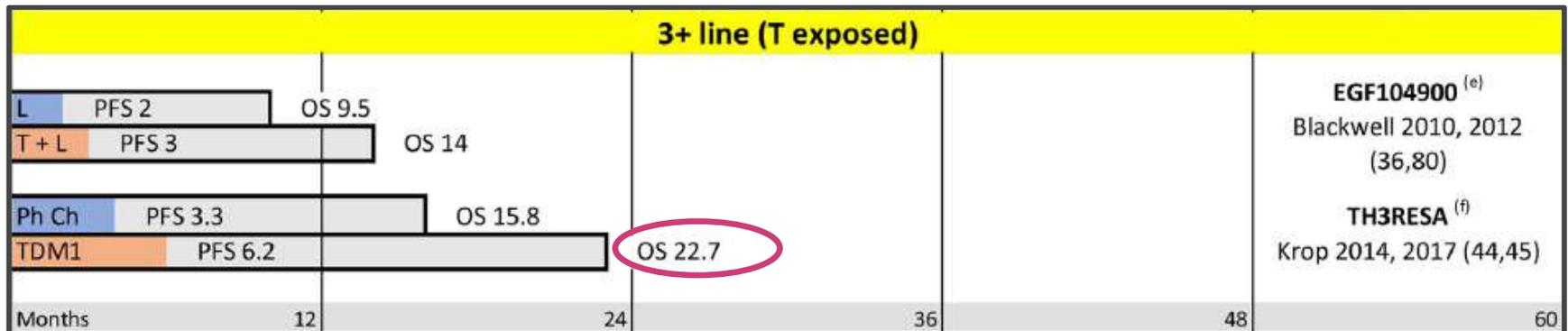




# OS in II linea



# OS in III linea





## FRAMINGHAM RISK SCORE to predict 10 year ABSOLUTE RISK of CHD EVENT WEST HERTFORDSHIRE CARDIOLOGY

This risk assessment only applies to assessment for PRIMARY PREVENTION of CHD, in people who do not have evidence of established vascular disease.

Patients who **already** have evidence of vascular disease usually have a >20% risk of further events of over 10 years, and require vigorous **SECONDARY PREVENTION**.

People with a Family History of premature vascular disease and some Asians are at higher risk than predicted; Southern Europeans may have a lower risk in relation to standard risk factors.

**STEP 1: Add scores by sex for Age, Total Cholesterol, HDL-Cholesterol, BP, Diabetes and Smoking.** (If HDL unknown, assume 1.1 in Males, 1.4 in Females)

Age			Total Cholesterol		HDL Cholesterol		Systolic BP		Diastolic BP					Diabetes		Smoking				
	M	F		M	F		M	F	Male	<80	80-84	85-89	90-99	≥100	No	M	F	No	M	F
30-34	-1	-9	< 4.1	-3	-2	< 0.9	2	5	<120	0	0	1	2	3	0	0	0	0	0	0
35-39	0	-4	4.1 - 5.1	0	0	0.9 - 1.16	1	2	120-129	0	0	1	2	3	2	4	4	0	0	0
40-44	1	0	5.2 - 6.2	1	1	1.17 - 1.29	0	1	130-139	1	1	1	2	3	2	4	4	2	2	2
45-49	2	3	6.3 - 7.1	2	1	1.30 - 1.55	0	0	140-159	2	2	2	2	3	2	4	4	2	2	2
50-54	3	6	>7.2	3	3	≥1.56	-2	-3	≥160	3	3	3	3	3	3	4	4	3	3	3
55-59	4	7							Female	<80	80-84	85-89	90-99	≥100						
60-64	5	8							<120	-3	0	0	2	3						
65-69	6	8							120-129	0	0	0	2	3						
70-74	7	8							130-139	0	0	0	2	3						
									140-159	2	2	2	2	3						
									≥160	3	3	3	3	3						

If Systolic and Diastolic BP fall into different categories, use score from higher category

Categorisation of 10 year Risk of CHD Event	
Very Low risk	< 10%
Low risk	< 15%
Moderate risk	15-20%
High risk	> 20%

**STEP 2: Use total score to determine Predicted 10 year Absolute Risk of CHD Event (Coronary Death, Myocardial Infarction, Angina) by sex**

Total Score	≤-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	3	14	15	16	≥17
10 year Risk: Male	<2%	3%	3%	4%	5%	7%	8%	10%	13%	16%	20%	25%	31%	37%	45%	≥53%	≥53%	≥53%	≥53%	≥53%
10 year Risk: Female	<1%	2%	2%	2%	3%	3%	4%	4%	5%	6%	7%	8%	10%	11%	13%	15%	18%	20%	24%	≥27%

**STEP 3: Compare Predicted 10 year Absolute Risk with "Average" and "Ideal" 10 year Risks, to give Relative Risks**

Age	30 - 34	35 - 39	40 - 44	45 - 49	50 - 54	55 - 59	60 - 64	65 - 69	70 - 74
"Average" Male	3%	5%	7%	11%	14%	16%	21%	25%	30%
"Ideal" Male	2%	3%	4%	4%	6%	7%	9%	11%	14%
"Average" Female	< 1%	< 1%	2%	5%	8%	12%	12%	13%	14%
"Ideal" Female	< 1%	1%	2%	3%	5%	7%	8%	8%	8%

"Ideal" risk represents
Total Cholesterol = 4.1 - 5.1
HDL = 1.2 (Male), 1.4 (Female)
BP < 120/80
No Diabetes, Non Smoker

People with an absolute risk of ≥30% should be considered for treatment: with a Statin to achieve a Total Cholesterol <5 and/or LDL cholesterol <3

People with an absolute risk of ≥15% should be considered for treatment: with anti-hypertensives to achieve a BP ideally ≤140/90

# LINEE GUIDA

clinical practice guidelines

*Annals of Oncology* 23 (Supplement 7): vii155–vii166, 2012  
doi:10.1093/annonc/mds293

## Cardiovascular toxicity induced by chemotherapy, targeted agents and radiotherapy: ESMO Clinical Practice Guidelines<sup>†</sup>

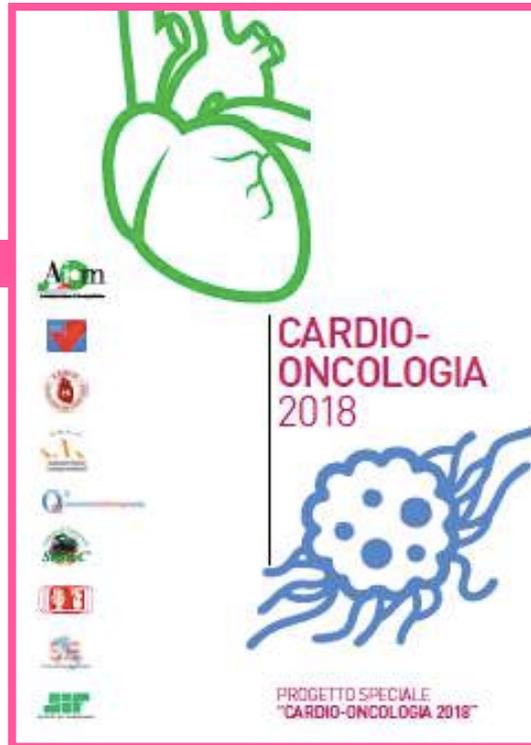
G. Curigliano<sup>1</sup>, D. Cardinale<sup>2</sup>, T. Suter<sup>3</sup>, G. Plataniotis<sup>4</sup>, E. de Azambuja<sup>5</sup>, M. T. Sandri<sup>6</sup>, C. Criscitiello<sup>1</sup>, A. Goldhirsch<sup>1</sup>, C. Cipolla<sup>2</sup> & F. Roila<sup>7</sup>, on behalf of the ESMO Guidelines Working



European Heart Journal (2016) **37**, 2768–2801  
doi:10.1093/eurheartj/ehw211

### ESC CPG POSITION PAPER

## 2016 ESC Position Paper on cancer treatments and cardiovascular toxicity developed under the auspices of the ESC Committee for Practice Guidelines



### EXPERT CONSENSUS STATEMENT

## Expert Consensus for Multimodality Imaging Evaluation of Adult Patients during and after Cancer Therapy: A Report from the American Society of Echocardiography and the European Association of Cardiovascular Imaging

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# LA DISFUNZIONE VENTRICOLARE SINISTRA

## Classificazione:

La disfunzione ventricolare sinistra è caratterizzata da almeno uno tra:

- -sintomi di scompenso cardiaco
- -segni di scompenso cardiaco come T3 o tachicardia
- -Riduzione di EF di almeno 5% sotto i 55% con sintomi o segni di scompenso
- -Riduzione del 10% sotto i 55% senza segni o sintomi associati

clinical practice guidelines

Annals of Oncology 23 (Supplement 7): vi155-vii166, 2012  
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**Cardiovascular toxicity induced by chemotherapy, targeted agents and radiotherapy: ESMO Clinical Practice Guidelines<sup>†</sup>**

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CTCAE heart failure		AHA/ACC heart failure stage	NYHA functional class
Grade 1	Asymptomatic (biomarker or imaging evidence of cardiac dysfunction)	B	I
Grade 2	Symptoms with mild to moderate level of exertion	C	II
Grade 3	Severe symptoms at rest or minimal activity		III-IV
Grade 4	Life threatening	D	IV
Grade 5	Death		

CTCAE Common Terminology Criteria for Adverse Events, AHA American Heart Association, ACC American College of Cardiology, NYHA New York Heart Association

# ASE CONSENSUS 2014

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(J Am Soc Echocardiogr 2014;27:911-99.)

### **1. Definition of Cancer Therapeutics-Related Cardiac Dysfunction (CTRCD).**

Different definitions of CTRCD have been used historically.<sup>7</sup> It is the consensus of this committee to define CTRCD as a decrease in the LVEF of >10 percentage points, to a value <53% (normal reference value for two-dimensional (2D) echocardiography (2DE) (see Section II). This decrease should be confirmed by repeated cardiac imaging. The repeat study should be

performed 2 to 3 weeks after the baseline diagnostic study showing the initial decrease in LVEF. LVEF decrease may be further categorized as symptomatic or asymptomatic, or with regard to reversibility:

- Reversible: to within 5 percentage points of baseline
- Partially reversible: improved by  $\geq 10$  percentage points from the nadir but remaining  $>5$  percentage points below baseline
- Irreversible: improved by  $<10$  percentage points from the nadir and remaining  $>5$  percentage points below baseline
- Indeterminate: patient not available for re-evaluation

# Protocollo Eco

## Standard transthoracic echocardiography

- In accordance with ASE/EAE guidelines and IAC-Echo

## 2D strain imaging acquisition

- Apical three-, four-, and two-chamber views
  - \* Acquire  $\geq 3$  cardiac cycles
- Images obtained simultaneously maintaining the same 2D frame rate and imaging depth
  - \* Frame rate between 40 and 90 frames/sec or  $\geq 40\%$  of HR
- Aortic VTI (aortic ejection time)

## 2D strain imaging analysis

- Quantify segmental and global strain (GLS)
- Display the segmental strain curves from apical views in a quad format
- Display the global strain in a bull's-eye plot

## 2D strain imaging pitfalls

- Ectopy
- Breathing translation

## 3D imaging acquisition

- Apical four-chamber full volume to assess LV volumes and LVEF calculation
- Single and multiple beats optimizing spatial and temporal resolution

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(J Am Soc Echocardiogr 2014;27:911-39.)

# La valutazione Ecocardiografica:

Guideline statements	Level of evidence	Grade of recommendation
<p>Echocardiography is the standard procedure for basal assessment of cardiac structure, performance and hemodynamics. Multiple gated acquisition (MUGA) scan can reduce interobserver variability with the disadvantages of including the exposure to radioactivity and the limited information than can be obtained on cardiac structure and diastolic function. Magnetic resonance imaging (MRI) is another method used to evaluate myocardial function. Its spatial resolution is higher than that of echocardiography, but its temporal resolution is lower.</p>	I	A
<p>Assessment by ultrasound should obtain 2D or 3D images in the left ventricular parasternal long- and short-axis views and in the apical four- and two-chamber long-axis views. For the analysis of diastolic function, the following parameters should be measured: the ratio of early peak flow velocity to atrial peak flow velocity (E/A ratio; normal value &gt;1), the deceleration time of the early peak flow (DT; normal value &lt;220 ms) and the isovolumic relaxation time (IVRT; normal value &lt;100 ms). Left ventricular end-diastolic diameter (normal value, <math>47 \pm 4</math> mm) should be measured to test for ventricular dilatation</p>	I	A

## ECOCARDIOGRAMMA TRANSTORACICO STANDARD

Acquisizione di immagini 2D strain (sec. LG ASE/EAE e IAC-Echo)

Immagini da approccio apicale 3, 4, e 2 camere (acquisire  $\geq 3$  cicli cardiaci)

Immagini simultanee mantenendo lo stesso 2D frame rate e la stessa profondità (frame rate tra 40 e 90 frames/sec o  $\geq 40\%$  della FC)

VTI aortico (tempo di eiezione aortico)

### Analisi di immagini 2D strain

Quantificare strain segmentale e globale (GLS)

Acquisire le curve di strain segmentale da approccio apicale

Acquisire il grafico del globale strain

### Acquisizione 3D

Full volume da approccio apicale 4 camere per valutare il volume ventricolare sinistro e calcolare FEVS

Ottimizzare la risoluzione spaziale e temporale di battiti singoli e multipli

### Report

Data dell'esecuzione dell'ecocardiogramma

PA e FC

FEVS 3D e/o FEVS con metodo Simpson biplano

GLS (indicare marca ecocardiografo, software e versione utilizzati)

MAPSE e s' mediale e laterale (se non eseguibile GLS)

TAPSE, s' e FAC del ventricolo destro

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# Limiti di riferimento per strain GLS

**Table 5** Effect of vendor age and gender on global longitudinal strain

Vendor	Age group (y)						P
	0-19	20-29	30-39	40-49	50-59	≥60	
<b>V1</b>							
Overall	-22.1 ± 2.4	-21.2 ± 1.9	-21.1 ± 2.1	-21.4 ± 2.0	-21.0 ± 2.2	-20.3 ± 1.9	0.0218
Male	-21.7 ± 3.1	-20.9 ± 1.9	-20.6 ± 1.9	-20.9 ± 1.8	-21.0 ± 1.9	-19.7 ± 1.4	0.1982
Female	-22.4 ± 1.6	-22.3 ± 1.6	-22.8 ± 1.8	-22.6 ± 2.1	-23.3 ± 1.9	-20.9 ± 2.1	0.0348
P (male vs. female)	0.4292	0.0316	<0.0001	0.0178	0.0029	0.1381	
<b>V2</b>							
Overall	-19.9 ± 2.5	-19.0 ± 2.1	-19.5 ± 2.2	-18.2 ± 2.5	-17.6 ± 2.5	-16.7 ± 2.1	<0.0001
Male	-19.4 ± 2.7	-18.8 ± 2.0	-19.1 ± 2.3	-17.9 ± 2.8	-16.9 ± 2.3	-15.8 ± 1.4	0.0019
Female	-20.5 ± 2.2	-20.6 ± 2.3	-20.2 ± 2.0	-19.3 ± 0.9	-20.4 ± 1.5	-17.3 ± 2.3	0.0002
P (male vs. female)	0.1349	0.0248	0.1083	0.4316	0.0294	0.0928	
<b>V3</b>							
Overall	-21.4 ± 1.7	-20.2 ± 2.1	-20.4 ± 2.3	-19.4 ± 2.2	-18.5 ± 2.6	-17.8 ± 2.8	<0.0001
Male	-21.6 ± 2.0	-20.2 ± 2.0	-20.4 ± 2.2	-19.8 ± 2.3	-18.7 ± 2.6	-16.3 ± 3.1	<0.0001
Female	-21.2 ± 1.5	-20.2 ± 2.4	-20.4 ± 2.8	-18.7 ± 1.8	-18.3 ± 2.8	-18.6 ± 2.3	0.0141
P (male vs. female)	0.6076	0.9787	0.9201	0.1415	0.7374	0.0668	

# Eco-sforzo+CPETs

## **Utility of 3-dimensional echocardiography, global longitudinal strain, and exercise stress echocardiography to detect cardiac dysfunction in breast cancer patients treated with doxorubicin-containing adjuvant therapy**

**Michel G. Khouri,**

Duke Cancer Institute, Duke University Medical Center, Box 3085, Durham, NC 27710, USA

Valutazione di un approccio integrato 3D+GLS+Eco-sforzo per la valutazione della disfunzione subclinica nelle pazienti trattate con doxorubicina.

57 pazienti asintomatiche con tumore mammario e 20 controlli .

Cardiopulmonare con eco.

Risultati: Riduzione 3D EF, VO2 picco e strain GLS nelle pazienti sottoposte a CHT con doxo rispetto ai controlli.

# Eco-dobutamina

[Int J Cardiol.](#) 2006 Jul 28;111(1):120-6. Epub 2005 Oct 20.

## Early reduction in left ventricular contractile reserve detected by dobutamine stress echo predicts high-dose chemotherapy-induced cardiac toxicity.

[Civelli M<sup>1</sup>](#), [Cardinale D](#), [Martinoni A](#), [Lamantia G](#), [Colombo N](#), [Colombo A](#), [Gandini S](#), [Martinelli G](#), [Fiorentini C](#), [Cipolla CM](#).

### ⊕ Author information

#### Abstract

**BACKGROUND:** High-dose chemotherapy (HDC) is utilized in high-risk cancer patients. This type of treatment may induce cardiac toxicity which becomes clinically evident weeks or months after HDC. Hence, the possibility of early identification of patients who will develop cardiac impairment is strategic for its clinical implications. The aim of this study was to identify possible early changes of left ventricular contractile reserve (LVCR) in cancer patients undergoing HDC, as well as to evaluate the relevance of such changes as predictors of chemotherapy-induced cardiotoxicity.

**METHODS:** In forty-nine female patients scheduled for HDC, due to poor-prognosis breast cancer, dobutamine stress echocardiography (DSE) was performed, before each of the three HDC cycles (C1, C2, C3), and 1, 4, and 7 months after the end of chemotherapy. According to rest left ventricular ejection fraction (LVEF) evaluated within 18 months after HDC (f-LVEF), patients were allocated to Group A (LVEF < 50% and >10 absolute units reduction) and to Group B (LVEF > or = 50%).

**RESULTS:** Rest LVEF didn't show any significant difference between the two groups except at f-LVEF. Peak LVEF and LVCR significantly decreased in Group A only, starting from C3. At C3, a > or = 5 units fall in LVCR was found to be predictive for f-LVEF drop below 50%.

**CONCLUSIONS:** In patients undergoing HDC, low-dose DSE allows the early identification of patients at a high risk of developing cardiac dysfunction.

# RISONANZA MAGNETICA

1-valutazione delle MASSE CARDIACHE: ACCURATEZZA  
DIAGNOSTICA NEI VARI STUDI 92% → 100%



*The role of cardiac MRI is growing in*

2-CARDIOMIOPATIE INFILTRATIVE COME AMILOIDOSI O  
DEPOSITO DI FERRO, PIU' FREQUENTI NEI PAZIENTI ONCOLOGICI

3-VALUTAZIONE FRAZIONE DI EIEZIONE

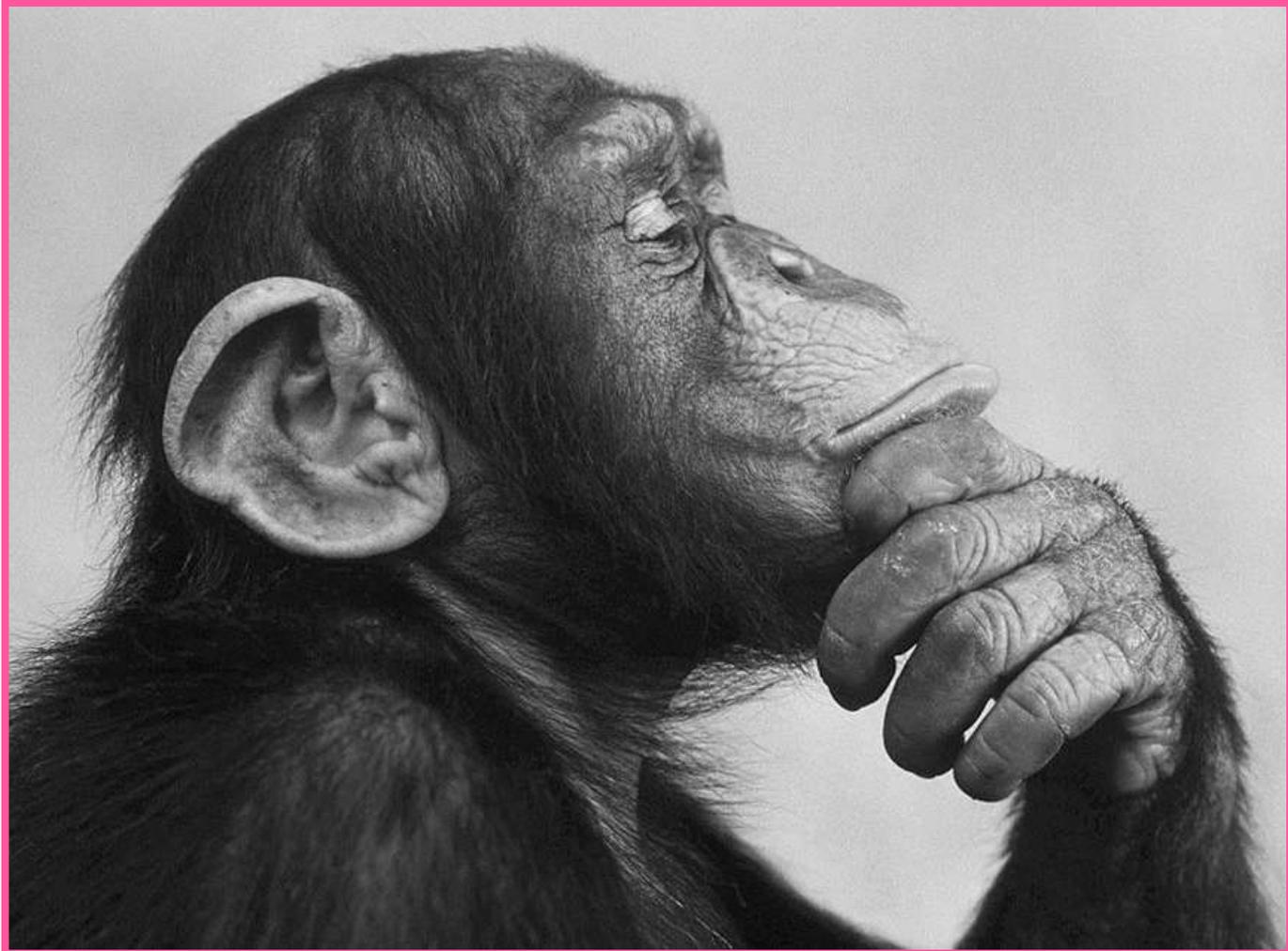
*Irena Orlov. Inspiring moments 3. Digital on canvas, 40" x 60".*

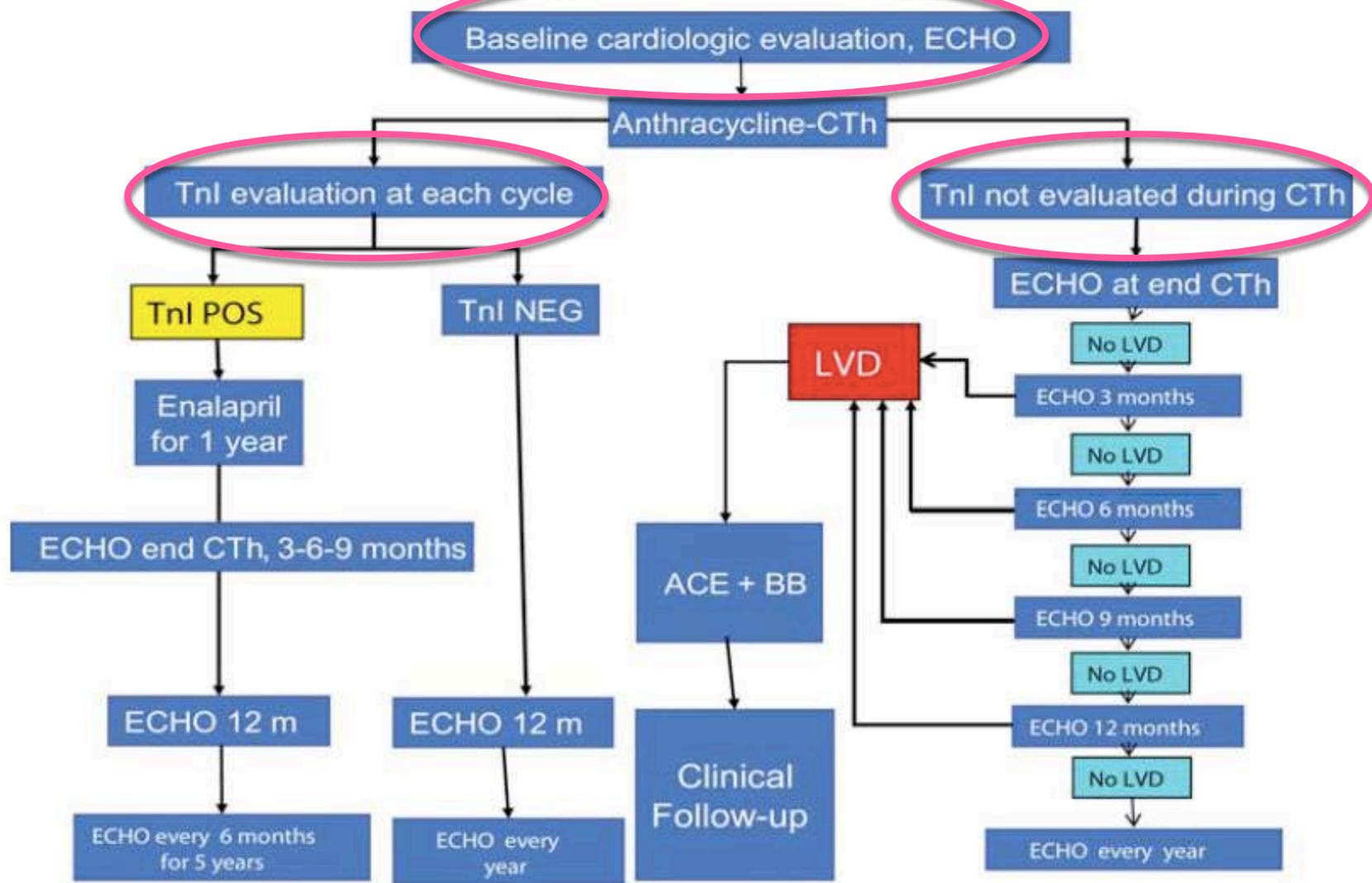
4-T1 MAPPING.

## **Cardiac Magnetic Resonance Imaging in Oncology**

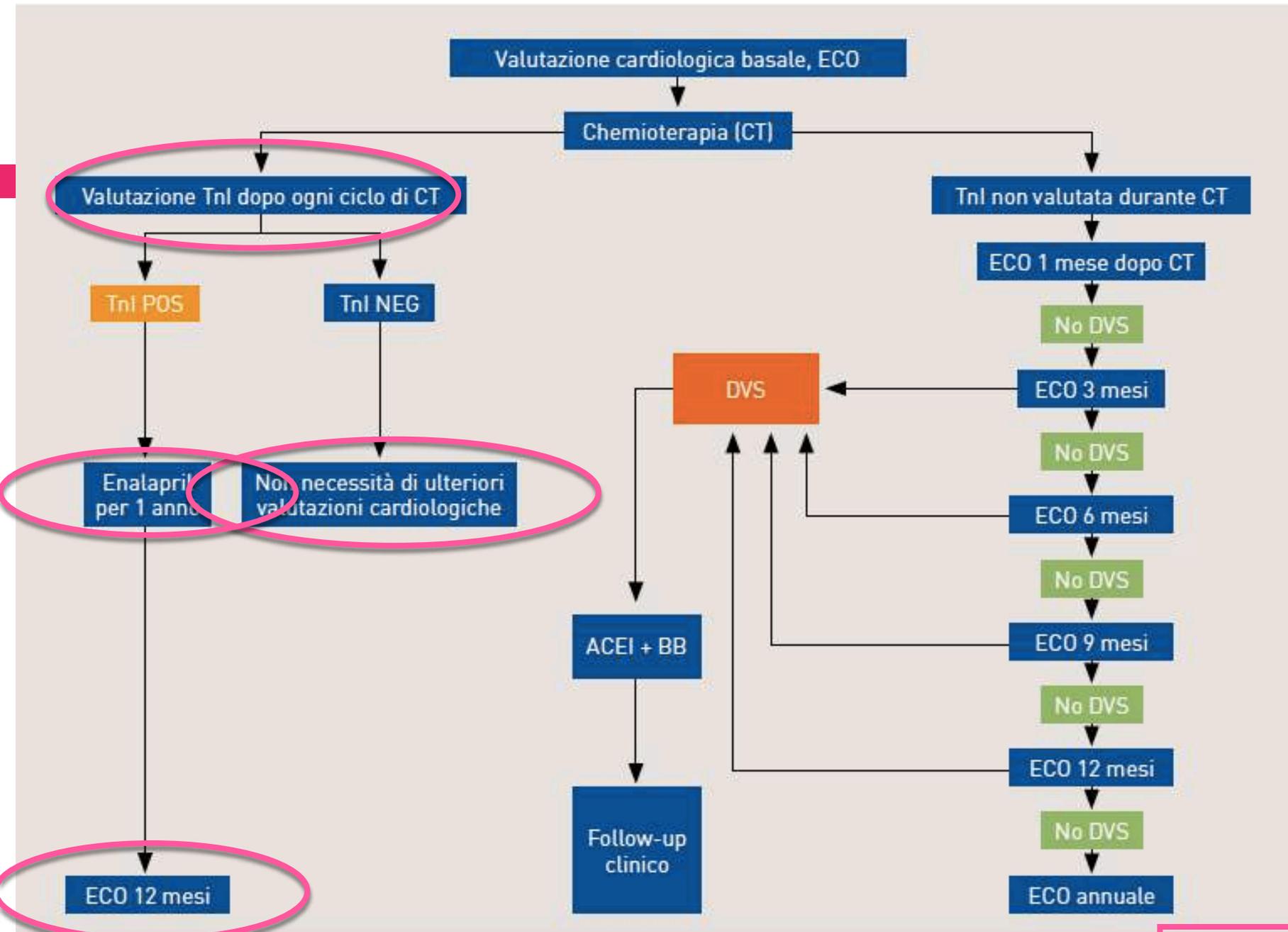
*Daniel Jeong, MD, Aarti Patel, MD, Christopher J. François, MD, Kenneth L. Gage, MD, PhD,  
and Michael G. Fradley, MD*

# GESTIONE CARDIOTOSSICITA'

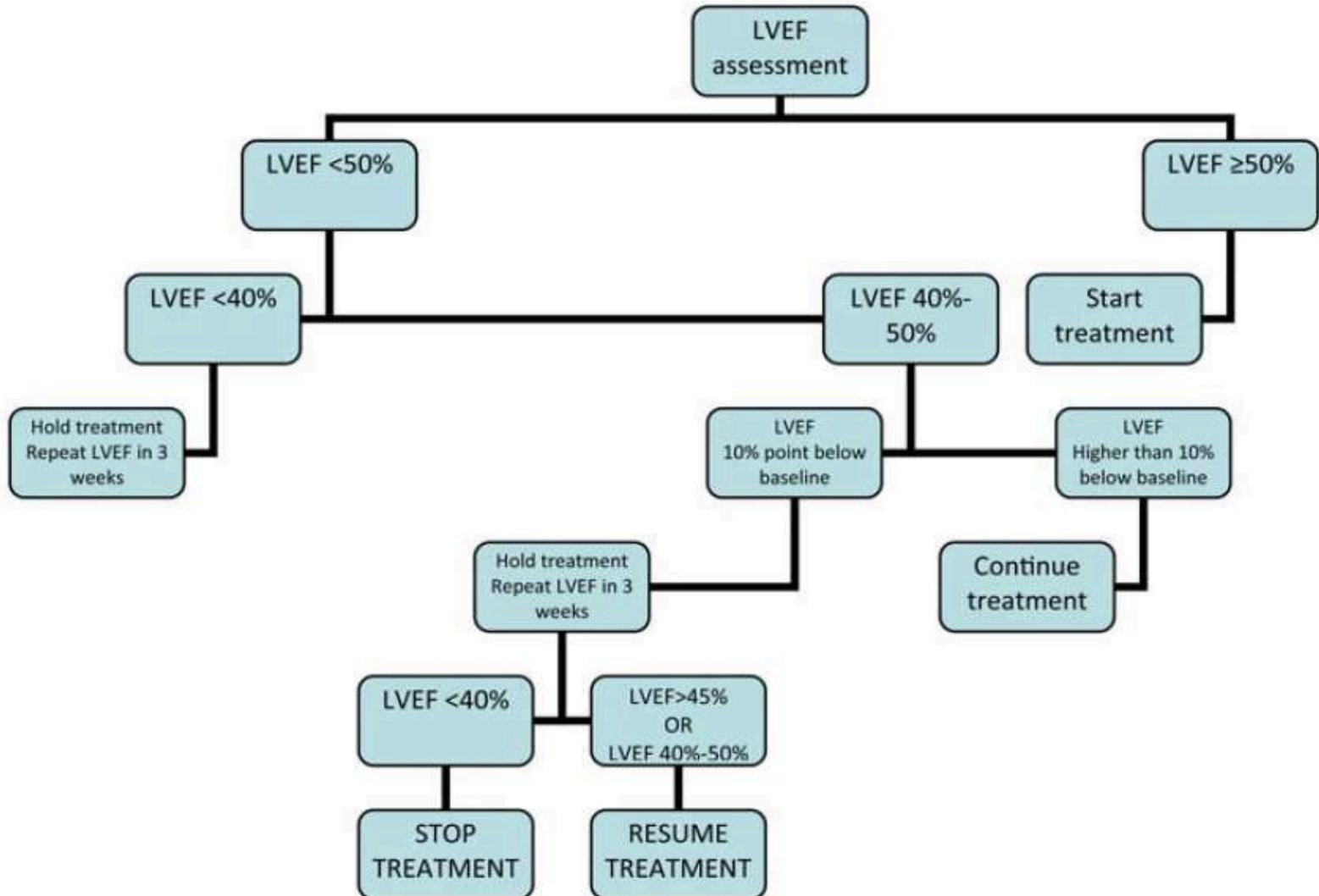


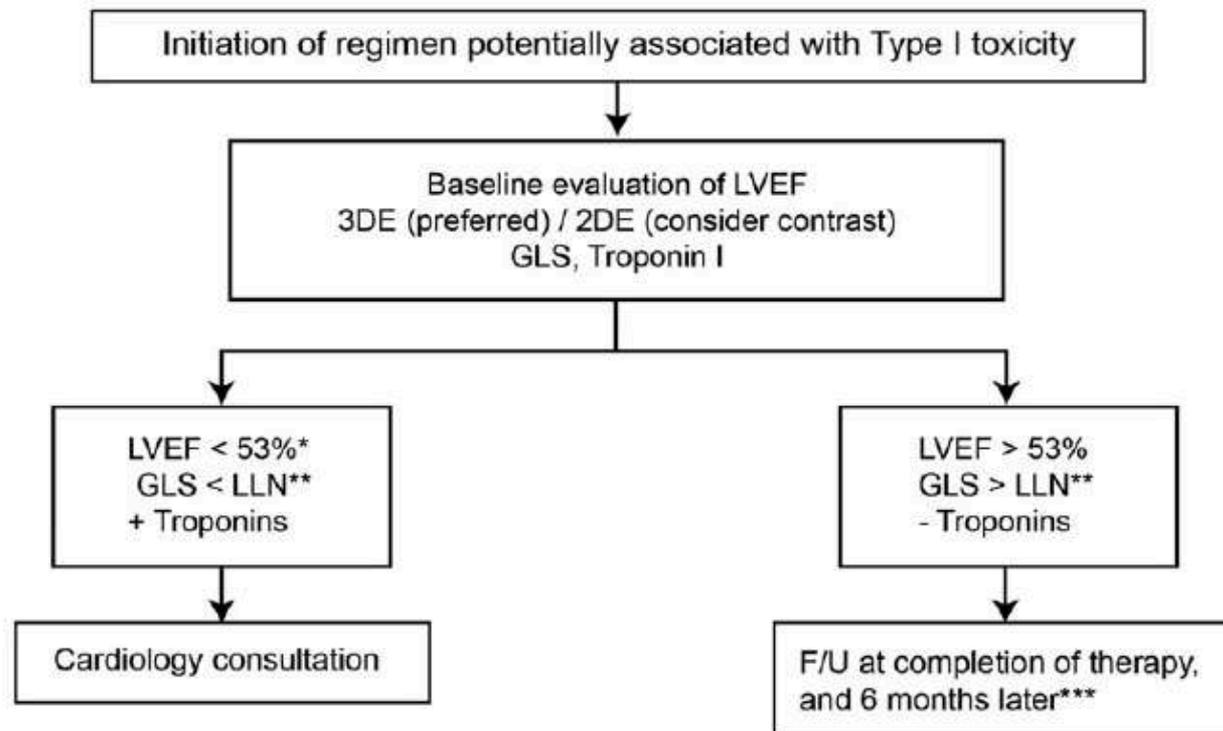


CTh, chemotherapy; TnI, Troponin I



# Trastuzumab:





\* Consider confirmation with CMR.

\*\* LLN = Lower limit of normal. Please refer to Table 5 for normal GLS values based on vendor, gender and age.

\*\*\* If the dose is higher than 240 mg/m<sup>2</sup> (or its equivalent), recommend measurement of LVEF, GLS and troponin prior to each additional 50 mg/m<sup>2</sup>.



# CARDIOTOSSICITA' ANTI HER-2



Riduzione della LVFE >10% rispetto al basale oppure  
LVEF < 50% in corso di trattamento anti-HER2

LVEF < 50 % e/o IC sintomatica

terapia con ACE-I o beta bloccanti,  
discontinuare terapia anti-HER2; controllo  
ecocardiografico a 4 settimane

LVEF < 50 % e/o IC sintomatica

Proseguire terapia con ACE-I o  
beta bloccanti, discontinuare  
terapia anti-HER2; controllo  
ecocardiografico a 4<sup>ta</sup> 4  
settimane

Riduzione > 10% al basale  
EF > 50%

terapia con ACE-I o beta bloccanti, controllo  
ecocardiografico a 4 settimane

LVEF ≥ 50 % e asintomatica

Proseguire terapia con ACE-I o beta  
bloccanti; riprendere o continuare terapia  
anti-HER2

# FARMACI

Setting clinico	Prevenzione primaria	Livello di evidenza	Classe della raccomandazione
Carcinoma mammario (metastatico >388mg/m <sup>2</sup> )	Dexrazoxano	A	I
Sarcoma	Dexrazoxano Infusione continua	A	IIa
Leucemia linfoblastica acuta pediatrica ad alto rischio	Dexrazoxano	A	IIa
Tutti i pazienti che ricevono antracicline	Beta-bloccanti, ACE inibitori, antagonisti del recettore dell'angiotensina	C	IIb
	<b>Prevenzione secondaria</b>		
Funzione ventricolare sinistra/ strain anormale ± biomarcatori cardiaci elevati	Beta-bloccanti, ACE inibitori, antagonisti del recettore dell'angiotensina	B	IIa

# Dexrazoxano

## Meccanismo d'azione:

Profarmaco che entra facilmente nel cardiomiocita e viene metabolizzato nella forma attiva → ferro-chelante, idrolisi ROS ed inibizione Topoisomerasi II.

Studi su animali: hanno dimostrato effetto cardioprotettivo.

Farmacocinetica: distribuzione rapida ai tessuti, 2-4 ore dopo la somministrazione ev; eliminazione renale ed epatica.

*Non passa la barriera emato-encefalica*

# Effetto terapeutico:

Minore incidenza di cardi tossicità è stata osservata nelle donne trattate con dexrazoxano (0-3%, versus 8-27%) → sia in pazienti antracicline-naive sia in pazienti che avevano già subito un trattamento.

La riduzione di scompenso cardiaco (CHF) diventa statisticamente significativa nei trials con dosaggi di doxorubicina  $\geq 300$  mg/m<sup>2</sup> ; epirubicina  $\geq 480$  mg/m<sup>2</sup> (CHF 3 vs 22%)

Marty M., et al., 2004  
Speyer JL et al., JCO 1992  
Venturini M., et al., JCO 1996  
Vici P. et al., Clin Ter 1998

# POSSIBILE AUMENTO DI RISCHIO DI SECONDI TUMORI!!

VOLUME 25 · NUMBER 5 · FEBRUARY 10 2007

JOURNAL OF CLINICAL ONCOLOGY

ORIGINAL REPORT

## Dexrazoxane-Associated Risk for Acute Myeloid Leukemia/Myelodysplastic Syndrome and Other Secondary Malignancies in Pediatric Hodgkin's Disease

*Cameron K. Tebbi, Wendy B. London, Debra Friedman, Doojduen Villaluna, Pedro A. De Alarcon, Louis S. Constine, Nancy Price Mendenhall, Richard Spoto, Allen Chauvenet, and Cindy L. Schwartz*

Pazienti con LH trattati con polichemioterapia contenente antracicline randomizzati ad assumere dxz/no dxz (farmaco 239/controllo 239)  
58 mesi di fu

Tasso di incidenza cumulativa per leucemia/mds 2.55% con dxz versus 0.85% no-dxz (p 0.160).

Per ogni neoplasia secondaria 3.43% versus 0.85% no dxz (p 0.06).

## Absence of Secondary Malignant Neoplasms in Children With High-Risk Acute Lymphoblastic Leukemia Treated With Dexrazoxane

*Elly V. Barry, Lynda M. Vrooman, Suzanne E. Dahlberg, Donna S. Neuberg, Barbara L. Asselin, Hong H. Ahn, Liisa A. Clavel, Eric C. Linn, Albert M. Link, Yoon S. Song, Marshall A. Sklar, and the Dana-Farber Cancer Institute ALL Consortium*

EUROPEAN JOURNAL OF CANCER 47 (2011) 1373-1379



available at [www.sciencedirect.com](http://www.sciencedirect.com)



journal homepage: [www.ejconline.com](http://www.ejconline.com)



**The low incidence of secondary acute myelogenous leukaemia in children and adolescents treated with dexrazoxane for acute lymphoblastic leukaemia: A report from the Dana-Farber Cancer Institute ALL Consortium**

# Nota Informativa Importante su Cardioxane (dexrazoxano) (18/07/2011)

Sicurezza

18/07/2011

## Informazioni di sicurezza sul medicinale Cardioxane (dexrazoxano)

- Dexrazoxano è ora controindicato per l'uso nei bambini e negli adolescenti.
  - Questa restrizione dell'uso è stata determinata da evidenze di effetti dannosi gravi nei bambini a seguito dell'uso di dexrazoxano, inclusi un aumento del rischio di secondi tumori maligni primari (principalmente leucemia mieloide acuta e sindrome mielodisplastica), grave mielosoppressione, infezione grave e di mancanza di evidenza di efficacia clinica.
- L'uso del dexrazoxano (Cardioxane) è ora ristretto ai pazienti adulti con cancro mammario avanzato e/o metastatico.

Non è raccomandato l'uso del dexrazoxano in combinazione con terapia adiuvante per il cancro mammario o con chemioterapia a scopo curativo.

- La dose cumulativa minima di antracicline che deve essere stata somministrata prima dell'uso di dexrazoxano è di 300 mg/m<sup>2</sup> di doxorubicina, o 540 mg/m<sup>2</sup> di epirubicina.
- Il rapporto di dosi raccomandato per dexrazoxano:doxorubicina e dexrazoxano:epirubicina è di 10:1.

# FARMACI ANTI-SCOMPENSO: DOBBIAMO SEGUIRE LE LINEE GUIDA?

Recommendations	COR	LOE	References
In patients with a history of MI and reduced EF, ACE inhibitors or ARBs should be used to prevent HF	I	A	314, 342–345
In patients with MI and reduced EF, evidence-based beta blockers should be used to prevent HF	I	B	346–348
In patients with MI, statins should be used to prevent HF	I	A	104, 349–354
Blood pressure should be controlled to prevent symptomatic HF	I	A	27, 94, 311–313
ACE inhibitors should be used in all patients with a reduced EF to prevent HF	I	A	65, 344
Beta blockers should be used in all patients with a reduced EF to prevent HF	I	C	N/A
An ICD is reasonable in patients with asymptomatic ischemic cardiomyopathy who are at least 40 d post-MI, have an LVEF $\leq$ 30%, and on GDMT	IIa	B	355
Nondihydropyridine calcium channel blockers may be harmful in patients with low LVEF	III: Harm	C	N/A

ACE indicates angiotensin-converting enzyme; ARB, angiotensin-receptor blocker; COR, Class of Recommendation; EF, ejection fraction; GDMT, guideline-directed medical therapy; HF, heart failure; ICD, implantable cardioverter-defibrillator; LOE, Level of Evidence; LVEF, left ventricular ejection fraction; MI, myocardial infarction; and N/A, not available.



Grazie per  
l'attenzione!

# Novità dal 14-05 ad oggi?



## Early detection of cardiotoxicity by 3D speckle tracking imaging of area strain in breast cancer patients receiving chemotherapy

Jianqiong Chen MD<sup>1</sup>  | Ling Wang MD<sup>2</sup> | Fang-Fang Wu MD<sup>2</sup> | Guoping Sun PhD<sup>1</sup>

6 cicli di EC; 83 pazienti, setting adiuvante; 2015→2017

Divise in 4 gruppi : inizio; precoce (120 mg/m<sup>2</sup>), metà (240 mg/m<sup>2</sup>), termine (360 mg/m<sup>2</sup>);

Troponina **ENTRO** le 24 ore dalla somministrazione della terapia.

Le uniche differenze statisticamente significative sono di Global area strain GAS (**Cut-off 31.5%**) e global longitudinal strain GLS (**-16.5%**).

# Un case report di riduzione acuta di EF da 5-FU

BMJ Case Rep. 2019 Sep 12;12(9). pii: e230499. doi: 10.1136/bcr-2019-230499.

## Acute reversible left ventricular systolic dysfunction associated with 5-fluorouracil therapy: a rare and increasingly recognised cardiotoxicity of a commonly used drug.

Mishra T<sup>1</sup>, Shokr M<sup>2</sup>, Ahmed A<sup>3</sup>, Afonso L<sup>2</sup>.

### Author information

- 1 Department of Internal Medicine, Wayne State University, Detroit, Michigan, USA.
- 2 Division of Cardiology, Wayne State University, Detroit, Michigan, USA.
- 3 Division of Pulmonary and Critical Care Medicine, Mayo Clinic, Rochester, Minnesota, USA.

### Abstract

5-Fluorouracil (5-FU) is the third most common chemotherapeutic agent for treating solid cancers and the second most common to cause cardiotoxicity. We present a rare case of acute reversible severe left ventricular systolic dysfunction associated with 5-FU. A 54-year-old woman with a history of stage IV gastric cancer presented with features of transient ischaemic attack after receiving the first dose of FLOT (5-FU, leucovorin, oxaliplatin and docetaxel). During the diagnostic workup, it was found that her ejection fraction was severely reduced to 15% with features of global hypokinesia, which later improved back to 65% within 13 days. These cases challenge our current understanding of the underlying mechanisms of this cardiotoxicity. Additionally, even though the patient did not experience any cardiac symptoms, it is important to monitor these patients closely as they are at high risk for fatal complications like arrhythmia and thrombus formation.

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Riduzione acuta di EF a 15% → poi normalizzata entro 13 gg

## Imaging in Cardio-oncology

### *An Overview of an Emerging Medical Discipline*

#### THE CARDIOTOXICITY MECHANISM APPROACH

The cardiotoxicity mechanism approach looks into the etiology of the cardiac and cardiovascular side effects. This approach was suggested by Maleszewski et al<sup>7</sup> in their recent (2018) important review on “Neoplasia and the heart.” Mechanisms are also discussed in depth in the review by Moslehi<sup>8</sup> in 2016 and in the state of the art review by Chang

- (A) *Direct mechanisms* that include hematomyeloid metastasis, direct metastases, primary cardiac tumors, and intraluminal tumor growth.
- (B) *Indirect mechanisms* that include thoracic irradiation, carcinoid tumor, chemotherapy agents, and plasma cell dyscrasia (amyloidosis).

## THE TIMING OF CARDIOVASCULAR COMPLICATIONS IN THE CANCER PATIENT APPROACH

The timing of cardiovascular complications in the cancer patient approach addressing 3 main groups of patients:

- (1) Patients with *known heart disease* who are diagnosed with cancer.
- (2) Patients *without known heart disease who are diagnosed and treated for cancer* and only afterward develop cardiovascular complications related either to treatment or to the cancer itself.
- (3) Cancer survivors: patients *following the treatment* of cancer who have developed or who are at risk of developing cardiovascular disease with time due to the side effects of previous cancer therapy in addition to cardiovascular risk of the regular aging in the modern world.

## Prognostic Value of Cardiac Biomarkers Assessment in Combination with Myocardial 2D Strain Echocardiography for Early Detection of Anthracycline-Related Cardiac Toxicity.

Mahjoob MP<sup>1</sup>, Sheikholeslami SA<sup>2</sup>, Dadras M<sup>3</sup>, Mansouri H<sup>4</sup>, Haghi M<sup>5</sup>, Naderian M<sup>6</sup>, Sadeghi L<sup>7</sup>, Tabary M<sup>8</sup>, Khaheishi I<sup>1</sup>.

**CONCLUSION:** This study has shown that hs-cTnl with good sensitivity can predict cardiac toxicity in Anthracycline-based chemotherapy receiver. Use of strain with speckle echocardiography method has prognostic value; however, both longitudinal and segmental strain should be

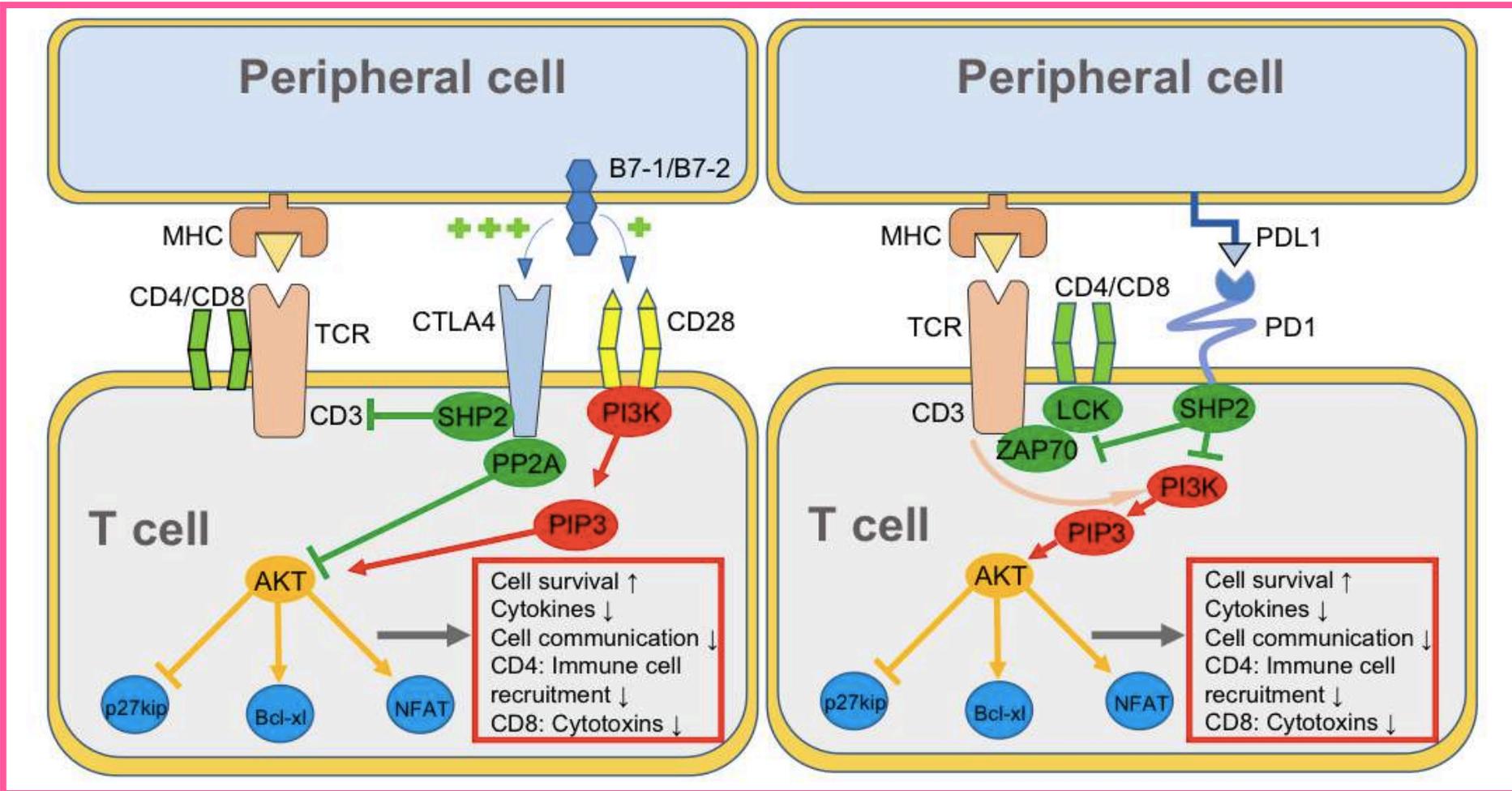
52 pazienti;

5 cardiotossicità

Buona correlazione troponina T HS/ strain 2D

In particolare: parete laterale ed infero-settale

# Cardiotoxicità da Immunoterapia



# Eventi avversi

□ 1) immuno-relati mediante (Ir-AE):

A esacerbazione di patologie già esistenti.

B trigger auto-immunitari in pazienti geneticamente predisposti.

C induzione di una malattia auto-immunitaria ex-novo.

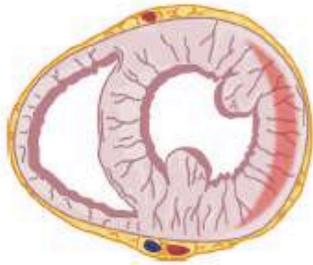
Di solito si verificano entro le prime 12 settimane, mentre sono molto rari dopo un anno.

# Gradi di severità delle ir-AE

- basso grado (1-2)
- Alto grado (3-4)
- Letali (5)

L'incidenza e il tipo di organo interessato varia a seconda del tipo di immunoterapico (CTLA4 vs PD1) e della monoterapia/terapia di combinazione.

.



### Myocarditis

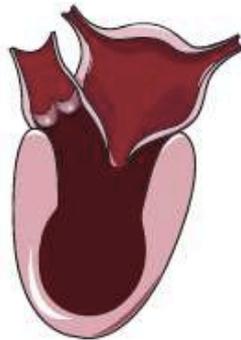
#### Diagnosis

- ECG
- Echocardiography including strain analysis
- Troponin, NT-proBNP
- Chest X-ray
- CMR

0.09 → 1.14%

#### Treatment

- Stop ICI therapy permanently
- Prednisone adapted to severity (up to 1 g daily)
- No response: consider mycophenolate mofetil, infliximab, antithymocyte globulin

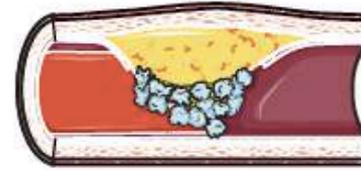


### Takotsubo syndrome

- Echocardiography
- Troponin, NT-proBNP
- CMR
- Exclusion of ACS according to ESC and AHA guidelines

14%

- Stop ICI therapy initially
- Prednisone 1 g daily
- Avoid QT-prolonging drugs

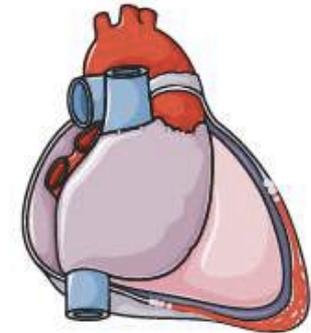


### ACS

- ECG
- Troponin
- Diagnostic algorithm according to ESC and AHA guidelines

?

- Treatment according to ESC and AHA guidelines
- Stop ICI therapy initially
- Consider ICI therapy rechallenge >30 days in stable patient
- Consider prednisone in case of coronary vasculitis



### Pericardial disease

- Echocardiography
- CMR
- Evaluation of myocarditis
- Cardiac fluid pathology
- Monitor pericardial effusion

13.6%

- Pericardiocentesis when indicated
- Stop ICI therapy initially
- 500-1000 mg prednisone daily
- Consider colchicin, NSAIDs
- Consider ICI therapy rechallenge after recovery

# Miocardite immuno-relata

- La miocardite ha una prevalenza di 0.09% fino a 1.14% ed ha una elevata letalità: 27→46%
- Di solito si verifica nella prima fase della terapia: 17-34 giorni dall'inizio.
- Meccanismo fisiopatologico sconosciuto, ma verosimilmente dovuto alla produzione di anticorpi (non ritrovati però nel sangue).
- più frequente in ipilimumab + nivolumab che in monoterapia.

# Miocardite immuno-relata

- L'unico fattore predisponente evidenziato è il diabete.
- Spesso è associata ad altre manifestazioni come la miastenia, epatite, miosite
- Sintomo più comune: dispnea ingravescente, edemi, alterazioni ECG.
- EcoTT con evidenza di EF <50%, troponina T HS elevata.

# Miocardite immuno-relata

- Valutazione cardiologica di base con EcoTT, Rx torace, e una valutazione aggiuntiva a 4 settimane può essere positiva, specialmente nei pazienti che ricevono combinazione di immunoterapia (**raccomandazione ASCO**)
- Diagnosi: RM cardiaca-eventuale biopsia endomiocardica.
- Terapia: cortisonici (es 1 g prednisone/die), in caso di mancata risposta eventuale aggiunta di tacrolimus/micofenolato mofetile.
- La terapia standard non ha dimostrato efficacia nella miocardite ICI relata; ACEi+ BB per sintomi di scompenso ma effetto protettivo non provato.

## Rare immune-related toxicities

Cardiac toxicity

ESMO GUIDELINES 2018

### Summary of recommendations

Circumstances	Cardiac side effects have been reported to occur after treatment with ipilimumab, pembrolizumab and nivolumab and the incidence is higher with the combination of ipilimumab and nivolumab compared with nivolumab alone
Management	<ul style="list-style-type: none"><li>• Early consultation with a cardiologist is recommended</li><li>• High-dose corticosteroids should be instituted rapidly if ICPI-induced cardiac side effects are suspected</li><li>• Escalation to other immunosuppressive drugs, such as infliximab, MMF and ATG, is recommended if symptoms do not respond promptly to steroids</li></ul>

- In caso di miocardite le linee guida ASCO: sospensione permanente nei gradi elevati, mentre ci sono pareri discordanti riguardo al rechallenge nei gradi lievi (solo movimento troponina asintomatico/pauci-sintomatico).

# Tossicità ICPI

VOLUME 36 · NUMBER 17 · JUNE 10, 2018

JOURNAL OF CLINICAL ONCOLOGY

A S C O S P E C I A L A R T I C L E

## Management of Immune-Related Adverse Events in Patients

### 9.0 Cardiovascular Toxicities

#### 9.1 Myocarditis, pericarditis, arrhythmias, impaired ventricular function with heart failure and vasculitis

Definition: Signs and symptoms may include chest pain, arrhythmia, palpitations, peripheral edema, progressive or acute dyspnea, pleural effusion, fatigue

Diagnostic work-up

At baseline

ECG

Consider troponin, especially in patient treated with combination immune therapies

Upon signs/symptoms (consider cardiology consult)

ECG

Troponin

BNP

Echocardiogram

CXR

Additional testing to be guided by cardiology and may include

Stress test

Cardiac catheterization

Cardiac MRI

## Grading

- G1: Abnormal cardiac biomarker testing, including abnormal ECG
- G2: Abnormal screening tests with mild symptoms
- G3: Moderately abnormal testing or symptoms with mild activity
- G4: Moderate to severe decompensation, IV medication or intervention required, life-threatening conditions

## Management

- All grades warrant work-up and intervention given potential for cardiac compromise
- Consider the following:
  - Hold ICPi and permanently discontinue after G1
  - High-dose corticosteroids (1-2 mg/kg of prednisone) initiated rapidly (oral or IV depending on symptoms)
  - Admit patient, cardiology consultation
  - Management of cardiac symptoms according to ACC/AHA guidelines and with guidance from cardiology
  - Immediate transfer to a coronary care unit for patients with elevated troponin or conduction abnormalities
  - In patients without an immediate response to high-dose corticosteroids, consider early institution of cardiac transplant rejection doses of corticosteroids (methylprednisolone 1 g every day) and the addition of either mycophenolate, infliximab, or antithymocyte globulin

# Anti BRAF e anti MEK

## **Cardiovascular Effects of the MEK Inhibitor, Trametinib: A Case Report, Literature Review, and Consideration of Mechanism**

**Mary Banks<sup>1</sup>, Karen Crowell<sup>2</sup>, Amber Proctor<sup>3</sup>, and Brian C. Jensen<sup>1,4,5</sup>**

<sup>1</sup>Department of Medicine, School of Medicine, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

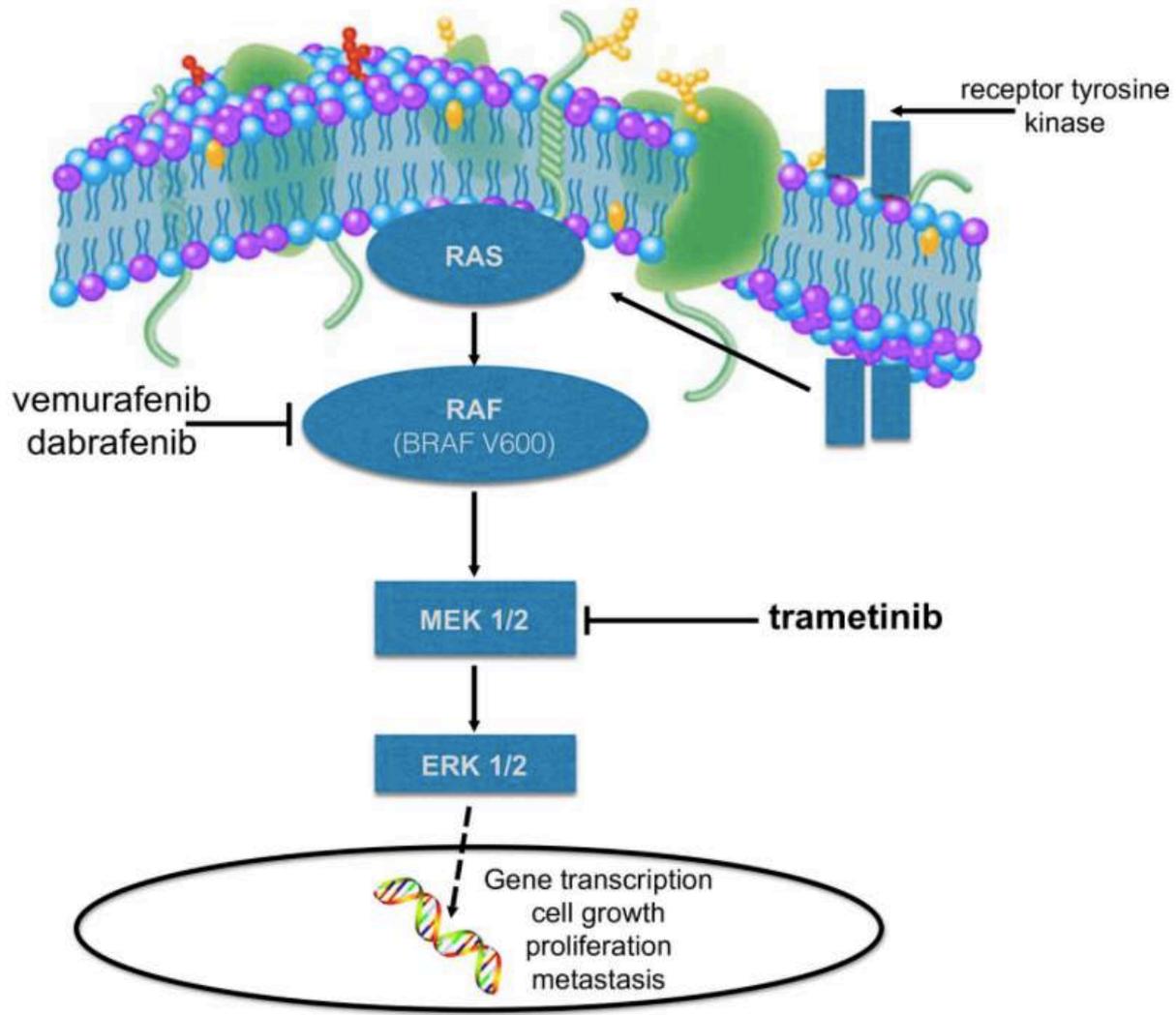
<sup>2</sup>Health Sciences Library, School of Medicine, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

<sup>3</sup>Eshelman School of Pharmacy, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

<sup>4</sup>McAllister Heart Institute, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

<sup>5</sup>Division of Cardiology, University of North Carolina at Chapel Hill, 160 Dental Circle, CB 7075, Chapel Hill, NC 27599-7075, USA

# Anti BRAF e anti MEK



# Anti BRAF e anti MEK

## Summary of trametinib-associated cardiovascular toxicity in clinical trials

References	Regimen	Cardiac events	Incidence (%)	Subjects treated
[3]	Trametinib and gemcitabine	Decreased EF	3	31
[16]	Trametinib	Decreased EF	7	97
[19]	Trametinib	Decreased EF	3	97
[17]	Trametinib and gemcitabine	Cardiac-related events	3	160
[9]	Trametinib	Decreased EF	7	214
[12]	Trametinib and dabrafenib	Decreased EF	8	350
[13]	Trametinib and dabrafenib	Decreased EF	4	209
[9]	Trametinib	HTN	15	214
[12]	Trametinib and dabrafenib	HTN	26	350
[13]	Trametinib and dabrafenib	HTN	22	209
[23]	Trametinib and afuresertib	HTN	15	20

# Meccanismo di cardiotoxicità

## **MEK1-ERK2 Signaling Pathway Protects Myocardium From Ischemic Injury In Vivo**

Daniel J. Lips, BS; Orlando F. Bueno, MD, PhD; Benjamin J. Wilkins, BS; Nicole H. Purcell, PhD;  
Robert A. Kaiser, PhD; John N. Lorenz, PhD; Laure Voisin, PhD; Marc K. Saba-El-Leil, PhD;  
Sylvain Meloche, PhD; Jacques Pouysségur, PhD; Gilles Pagès, PhD; Leon J. De Windt, PhD;  
Pieter A. Doevendans, MD; Jeffery D. Molkentin, PhD

Teoria del “doppio colpo”: ipertensione+ danno ossidativo

# Gestione della cardi tossicità

discontinuation of therapy. The degree of left ventricular dysfunction can range from asymptomatic changes, best diagnosed by echocardiographic strain analysis, to severe cardiac failure. Although BRAFi+MEKi were not included in the European Society for Medical Oncology guidelines on cardiotoxicity, the guideline outlines the diagnostic procedures including cardiac MRI and multigated acquisition scans.<sup>68</sup>

Grade  $\geq 3$  decrease in ejection fraction (ie,  $<40\%$  or decrease of  $>20\%$  from baseline) was reported in 4%, 2% and 1% in D+T, V+C, and E+B, respectively (table 2). Myocardial dysfunction is modified by genetic factors and impaired myocardial function before initiating cancer treatment, arterial hypertension,  $>65$  years of age, body mass index  $>30$  kg/m<sup>2</sup> and radiotherapy increase the risk. The onset of left ventricular dysfunction after application of MEKi or BRAFi+MEKi therapy ranges from 2 weeks to 5 months and 1–13 months, respectively, and resolved in the majority of cases.<sup>61</sup>

Review

## EK inhibitor event evaluation

Fluck,<sup>3</sup> Jessica C Hassel,<sup>4</sup>  
Buschinger,<sup>7</sup> Arndt Vogel,<sup>8</sup>

# otossicità

Test	Therapy start	Monthly control	Quarterly control
<b>Blood count</b>			
Differential blood count	x	x	
<b>Clinical chemistry</b>			
Electrolytes (Na, K, Ca, Mg)	x	x	
Creatinine	x	x	
CPK	x	x	
Troponin	x	(x)†	
NT-proBNP	x	(x)†	
<b>Liver transaminases (AST, ALT, γ-GT)</b>			
Bilirubin	x	x	
<b>Examinations (non-laboratory tests)</b>			
Skin inspection	x	x‡	x
Visual acuity control §	x	(x)¶	
Ocular OCT		(x)¶	
Blood pressure	x	x	
ECG	x	x‡	
Echocardiography	x		(x)†

†In case of clinically abnormal signs (eg, heart, chest) or increasing CPK.

‡In case of clinically abnormal signs (eg, heart, chest) or increasing CPK.