



Terapie Oncologiche e Cardiotossicità Torino, 21 settembre 2015

Il rischio di tossicità riguardo a: Trattamenti radianti

Mario Levis
Radioterapia Universitaria
A.O.U. Città della Salute e della Scienza



” **HISTORICAL DATA**

” **CURRENT OVERVIEW**

” **FUTURE OPPORTUNITIES**



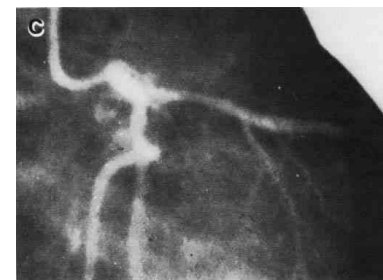
1970 – 1980 knowledge...

image has now been described and investigated the pathologic features of the damage have been described with regard to all three layers of the heart.⁶⁻⁹ Pericarditis and pericardial effusion are the most common complication of mediastinal radiotherapy involving the heart.⁷ Only a few instances of cardiomyopathy and diffuse myocardial fibrosis have been described.^{6,10,11}

demonstrated. We suggest a different mechanism of myocardial infarction.

Case Report

In April 1978 a 17-year-old woman was found to have nodular sclerosing Hodgkin's disease. The disease involved cervical lymph nodes and the mediastinum and her peritoneal stage was assessed by a staging laparotomy and only



13	Current case	19/F	4400	27	arteries Normal coronary arteriogram
----	--------------	------	------	----	---

* At diagnosis or death.

LAD: left anterior descending artery.

demonstrated by coronary angiography (Fig. 3C). Furthermore, in our patient, the onset of the myocardial infarction was associated with pericarditis and pericardial effusion (Fig. 2) and later on, the course of her disease was complicated by "variant" angina pectoris which responded dramatically to treatment with corticosteroid hormones.

Pericarditis is the most common complication of irradiation of the heart.⁷ In various series of patients treated with mantle radiotherapy for Hodgkin's disease, up to 30% of the patients had evidence of radiation induced pericarditis and pericardial effusion when the radiation doses exceed 3500 rad.^{26,31} The actual rate of pericardial complications was shown to be proportional

to the dose of radiation to the coronary arteries, while the others have no detectable coronary occlusion when subsequently studied by coronary arteriography.^{33,34} The main mechanism suggested for myocardial infarction with normal coronary arteries is coronary artery spasm.³⁵ This is also the pathophysiology suggested for the unusual type of angina named "variant" angina pectoris.³⁶ Vasospasm may result from various mechanical, nervous or pharmacologic stimuli acting on hypersensitive coronary vessels.³⁶ The case of our patient suggests that radiation-induced pericarditis may also serve as a trigger of coronary vasospasm. Lewis *et al.*³⁷ described a woman with "variant" angina pectoris, transient inferior leads ST segment elevation, transient complete heart block and selective right

August 15, 1983 – "Myocardial infarction due to coronary artery disease is a rare complication of radiotherapy involving the heart"

Yahalom J et al. Cancer 1983; 53: 637-641

DISCOVERING RADIATION INDUCED HEART DISEASE...



1990 – 2000

DURING the past 30 years, Hodgkin's disease has become one of the most curable neoplasms; more than 75% of patients are expected to achieve long-term freedom from relapse with appropriate therapy.¹ However, overall survival has been affected by intercurrent or treatment-induced diseases. Among a group

of patients treated for Hodgkin's disease at Stanford University, death caused by heart disease was exceeded only by death caused by Hodgkin's disease and other neoplasms.² A variety of radiation-induced or radiation-associated heart diseases have been characterized, including acute pericarditis during mediastinal irradiation, delayed acute pericarditis and pericardial effusions, peri-

carditis and pericardial effusions, patients have died from Hodgkin's disease and 290 from other causes.

The treatments given for Hodgkin's disease and identified cases of heart disease are summarized in Table 1 and 2. Mantle irradiation encompassed cervical, supraclavicular, mediastinal, and para-aortic lymph node regions in 1609 patients as part of the

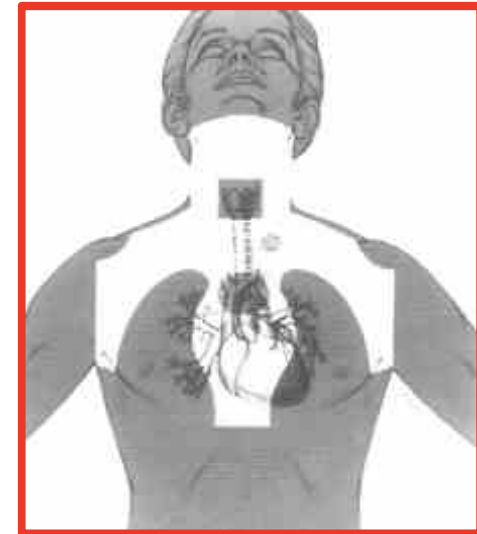
- ✓ 2232 pts
- ✓ Enrollement: 1960-1991

DOSE RELATED SIDE EFFECTS

numbers of excess acute myocardial infarction deaths with increasing age at treatment, despite the decline in RR ($P=.01$).

The risk of acute myocardial infarction death also varied by latency period (Table 6). The RR of acute myocardial infarction death was already twice normal during the first 5 years after the initiation of Hodgkin's disease therapy and rose progressively with increasing observation to an RR of 5.6 at 20 or more years after initiation of therapy (χ^2 for trend, $P=.02$). The AR rose progressively from 6.4 to 70.6 excess cases per 10,000 person-years of observation as the interval from initiation of therapy increased from less than 5 years to 20 or more years (χ^2 for trend, $P=.0002$). This

under 30 years of age, 18.8 (8.2 to 37.2) for those 30 through 39 years, 7.0 (4.0 to 10.0) for those 40 through 49 years, 4.5 (2.4 to 7.5) for those 50 through 59 years, 2.2 (1.2 to 3.8) for those 60 through 69 years, and 1.6 (0.8 to 2.9) for those 60 years of age or older. The ARs rose progressively from 9.0 excess cases per 10,000 person-years of observation for those between 30 and 39 years of age to 52.7 for those 60 through 69 years of age. These data and the patterns of higher risks at shorter latency among those irradiated at younger ages suggest that there is no common age at which treatment-related increases in coronary artery disease risks are expressed.



Hodgkin's disease patients, including 22.5% of females and 23.1% of males. Among white US adults, 25.5% currently smoke (95% CI, 24.9% to 26.0%), including 23.8% of females (95% CI, 23.1% to 24.5%) and 27.4% of males (95% CI, 26.5% to 28.2%). Among the 49 patients who died of myocardial infarction after mediastinal irradiation, 53% had a documented history of current or former cigarette smoking. The impact of other risk factors for coronary artery disease could not be adequately assessed in this population.

Risk for Death From Other Cardiac Diseases

Thirty-three patients have died of non-

Hancock SL et al. JAMA 1993; 270: 1949-1955

Late cardiotoxicity after treatment for Hodgkin lymphoma

Berthe M. P. Aleman,¹ Alexandra W. van den Belt-Dusebout,² Marie L. De Bruin,² Mars B. van 't Veer,³ Margreet H. A. Baaijens,⁴ Jan Paul de Boer,⁵ Augustinus A. M. Hart,¹ Willem J. Klokman,² Marianne A. Kuenen,² Gabey M. Ouwens,² Harry Bartelink,¹ and Flora E. van Leeuwen²



- ✓ 1474 pts
- ✓ Enrollement: 1965-1995 (median follow-up 18,7 years)
- ✓ 1241 mediastinal RT (87%)
- ✓ 40 Gy/20 fr (RT) or 30-36 Gy (RT-CT)

Treatment group	Time since diagnosis†					
	10 y, %	15 y, %	20 y, %	25 y, %	30 y, %	35 y, %
Actuarial risk according to the Kaplan-Meier method*						
No mediastinal RT	0.4	0.4	0.4	0.4	2.5	2.5
Mediastinal RT only	0.0	0.6	4.5	7.5	13.9	13.9
Mediastinal RT + CT, no anthracyclines	0.7	1.7	3.5	6.5	11.3	24.8
Mediastinal RT + anthracyclines	1.5	2.8	10.7	10.7	29.8	NA
All treatments	0.7	1.5	4.4	6.7	12.2	20.0
Cumulative incidence with death from any cause as competing risk*						
No mediastinal RT	0.4	0.4	0.4	0.4	2.0	2.0
Mediastinal RT only	0.0	0.6	4.2	6.8	11.7	11.7
Mediastinal RT + CT, no anthracyclines	0.6	1.5	2.8	4.9	7.6	14.3
Mediastinal RT + anthracyclines	1.4	2.5	7.9	7.9	15.7	NA
All treatments	0.6	1.3	3.7	5.4	8.9	13.1

Aleman B et al. Blood 2007;109(5):1878-1886

Asymptomatic Cardiac Disease Following Mediastinal Irradiation

Cardiac Effects of Radiotherapy



- ✓ 294 asymptomatic patients
- ✓ Previous RT for Hodgkin Lymphoma
- ✓ RT dose \geq 35 Gy
- ✓ Each patient underwent TT Echocardiography

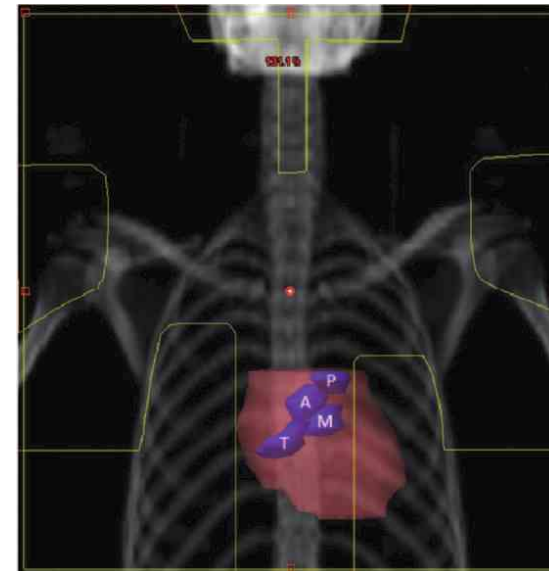
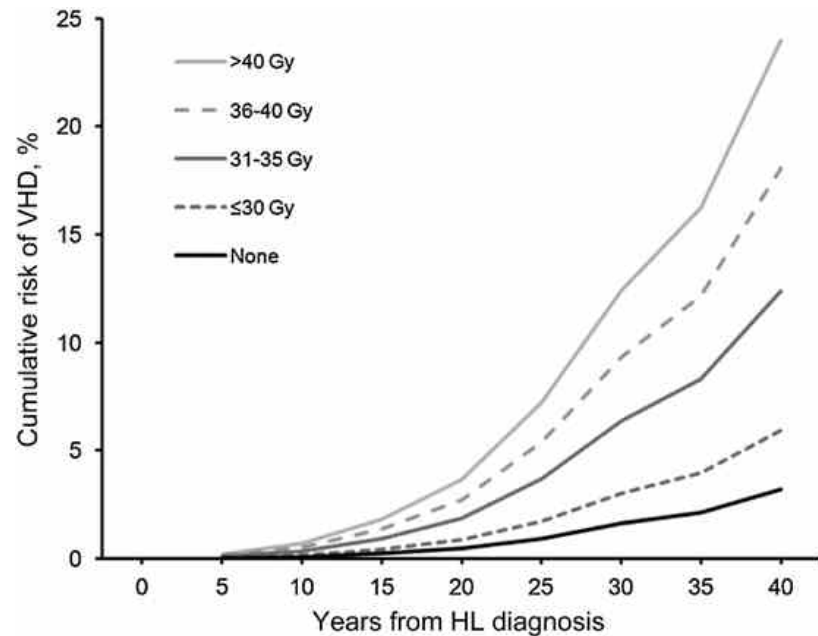
Echocardiographic Finding	Years Following Irradiation				p Value*
	All Patients n = 294	2-10 n = 89	11-20 n = 132	> 20 n = 73	
Aortic regurgitation					
Trace (%)	27 (9)	9 (10)	13 (10)	5 (7)	0.71
Mild (%)	62 (21)	3 (3.4)	26 (20)	33 (45)	< 0.0001
Moderate or severe (%)	15 (5.1)	1 (1.1)	3 (2.3)	11 (15)	< 0.0001
Mitral regurgitation					
Trace (%)	87 (30)	27 (30)	44 (33)	16 (22)	0.21
Mild (%)	105 (36)	21 (24)	49 (37)	35 (48)	0.005
Moderate or severe (%)	10 (3.4)	2 (2.3)	5 (3.8)	3 (4.1)	0.71

- “ **Asymptomatic valve disease are more frequent in irradiated cohort than in the Framingham population.**
- “ **The latency period following irradiation is the most important risk factor for development of valvular abnormalities.**
- “ **These findings suggest that echocardiography should be considered during follow-up care for asymptomatic patients who have received more than 35 Gy of mediastinal irradiation.**

Heidenreich PA et al. JACC 2003;42(4):743-749

Risk of Valvular Heart Disease After Treatment for Hodgkin Lymphoma

- ✓ 1852 patients
- ✓ Median follow up: 20 years

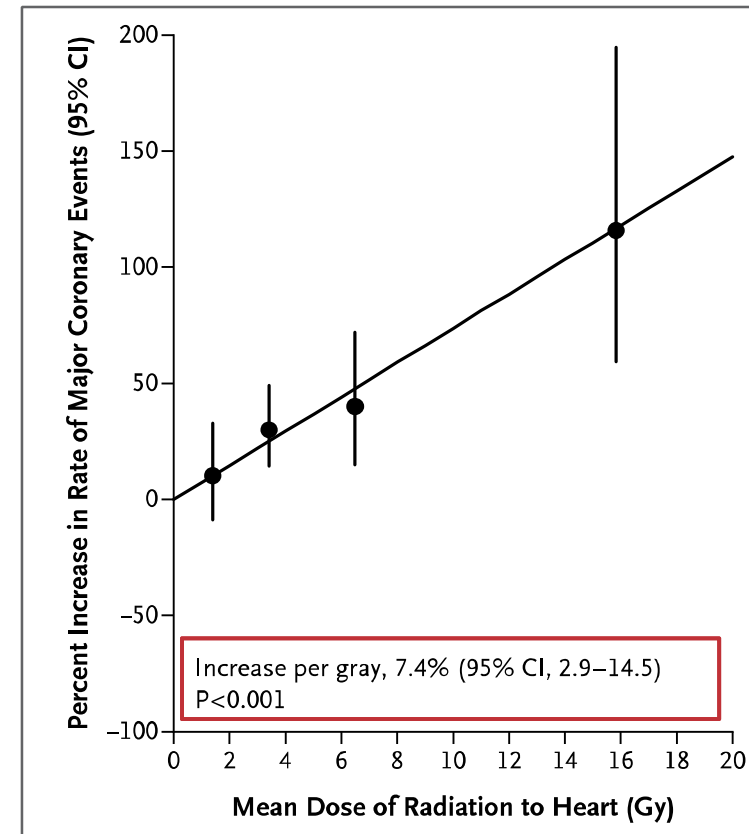


This study confirms that radiation dose to the heart valves is the main risk factor for the development of clinically significant VHD following treatment for HL.

Cutter et al JNCI 2015;107(4):djv008

Risk of Ischemic Heart Disease in Women after Radiotherapy for Breast Cancer

- ✓ Population-based case-control study of major coronary events
- ✓ 2168 women who underwent radiotherapy for breast cancer between 1958 and 2001
- ✓ 963 women with major coronary events and 1205 controls.



Darby SC et al. NEJM 2013;368(11): 987-998

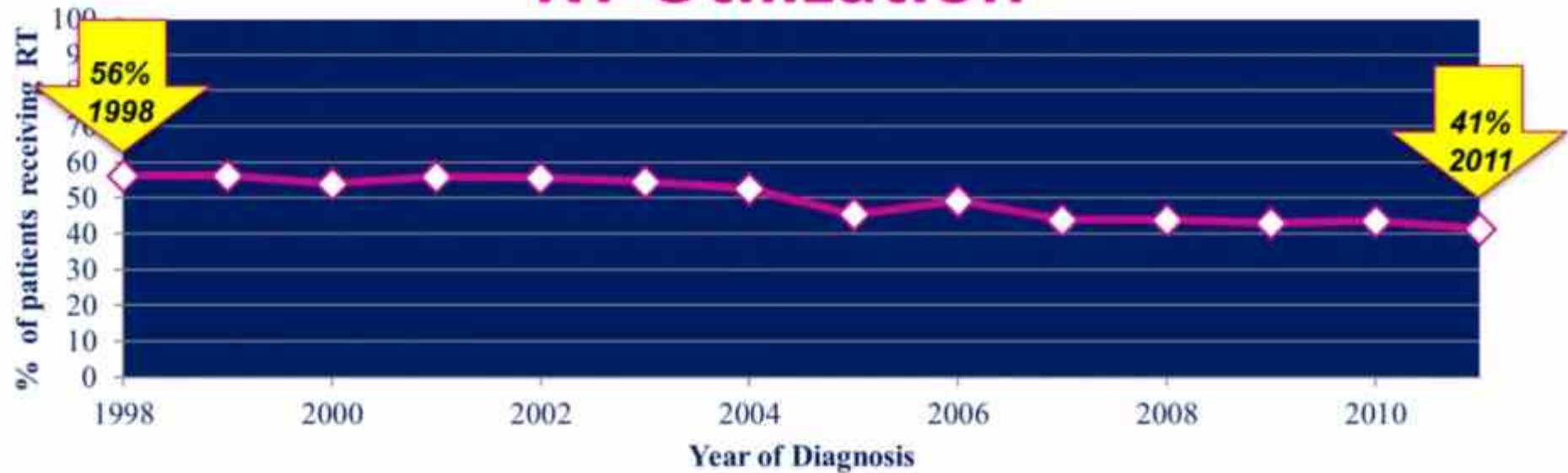
December 10, 2009 – “Most of the late complications of treatment seen in HL survivors are related to RT.”

Straus D.J.



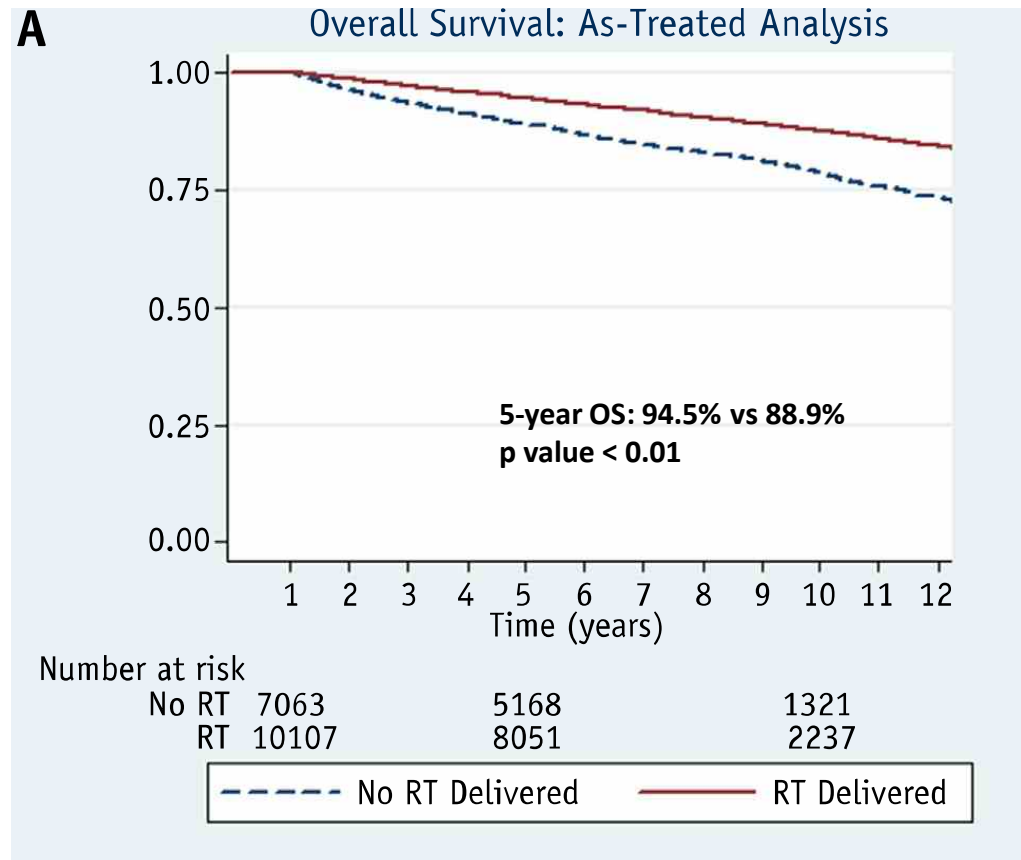
RT IN EARLY STAGE HODGKIN LYMPHOMA

RT Utilization





Early-Stage Classic Hodgkin Lymphoma: The Utilization of Radiation Therapy and Its Impact on Overall Survival

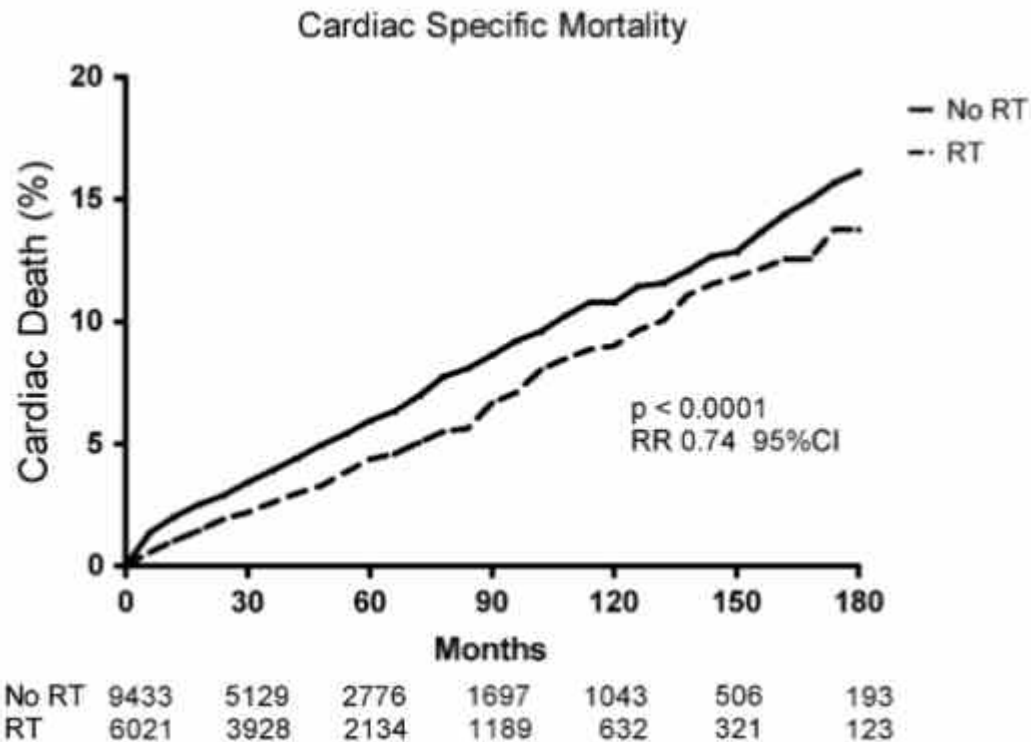


Parikh et al. *IJROBP* 2015, in press



CARDIAC MORTALITY IN PATIENTS WITH STAGE I AND II DIFFUSE LARGE B-CELL LYMPHOMA TREATED WITH AND WITHOUT RADIATION: A SURVEILLANCE, EPIDEMIOLOGY, AND END-RESULTS ANALYSIS

- ✓ > 15.000 pts
- ✓ Enrollement: 1988-2004



Pugh TJ et al. IJROBP 2010; 76(3): 845-849

STRENGTHS AND WEAKNESSES





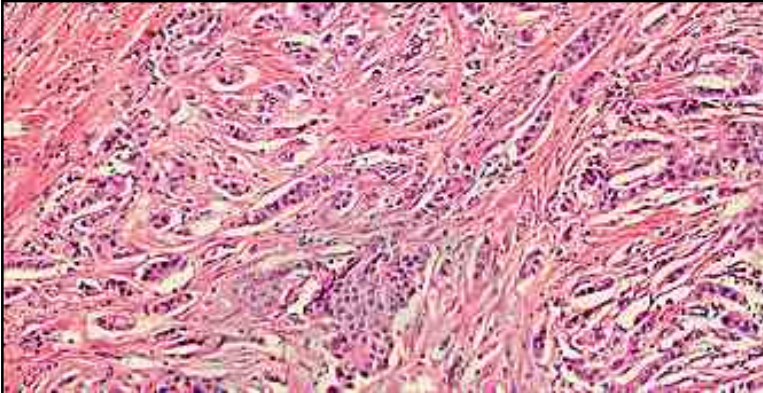
” HISTORICAL DATA

” CURRENT OVERVIEW

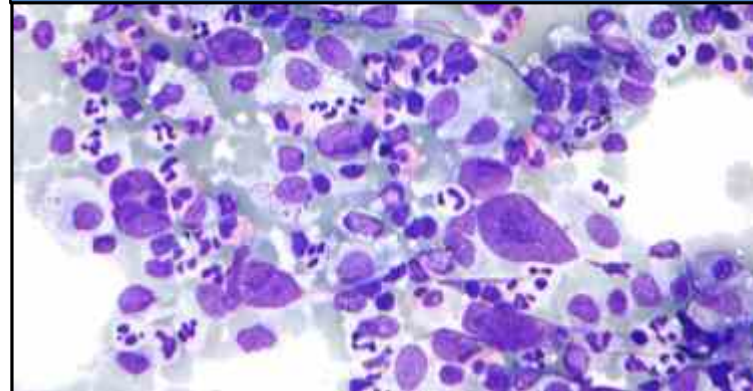
” FUTURE OPPORTUNITIES

Radiation-associated cardiac disease is seen in patients treated for:

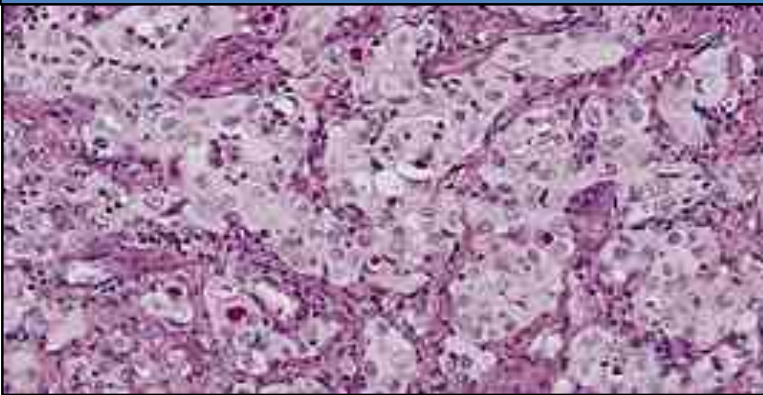
1) Breast cancer → 50 Gy/25 fractions
(HYPO-RT 46 Gy/20 fr or 40Gy/15 fr)



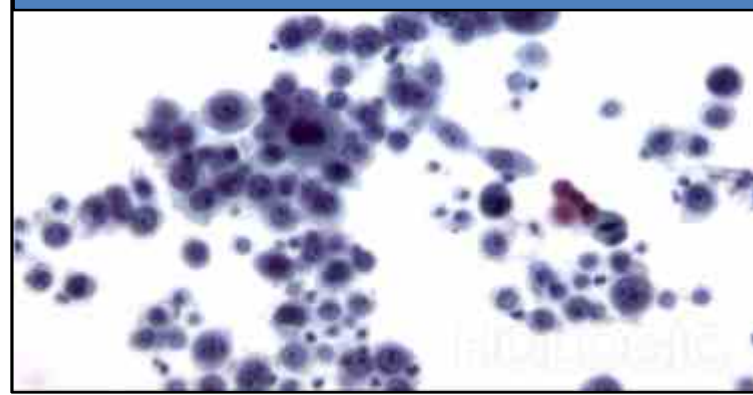
2) Lymphoma → 30–36 Gy/ 15–18 fractions



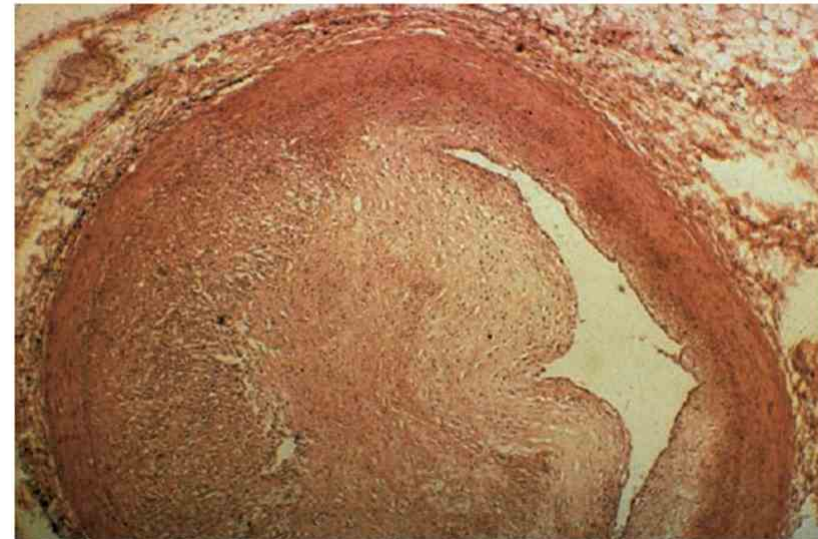
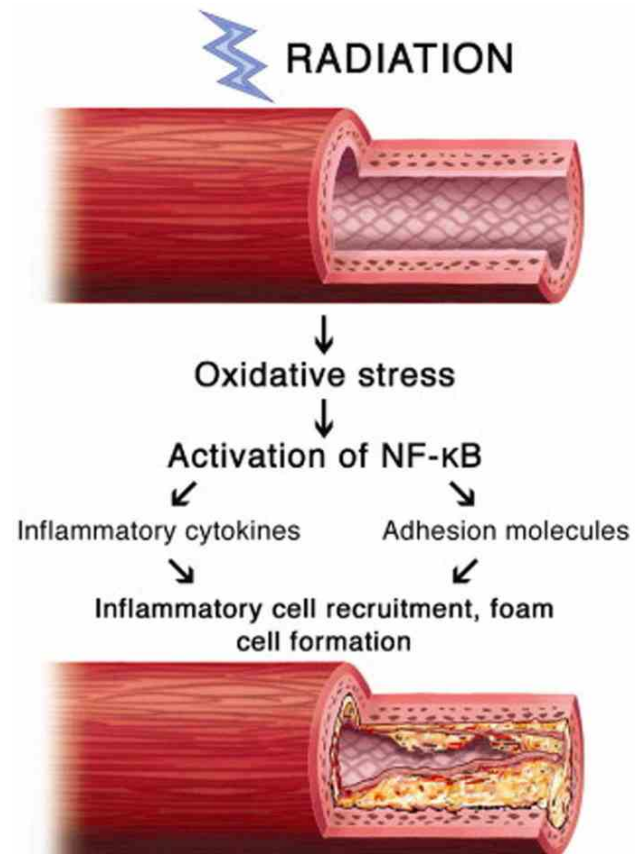
3) Lung cancer → 60–66 Gy/ 30–33 fractions
(SBRT 54 Gy/3 fr or 55 Gy/5 fr or 60 Gy/8 fr)



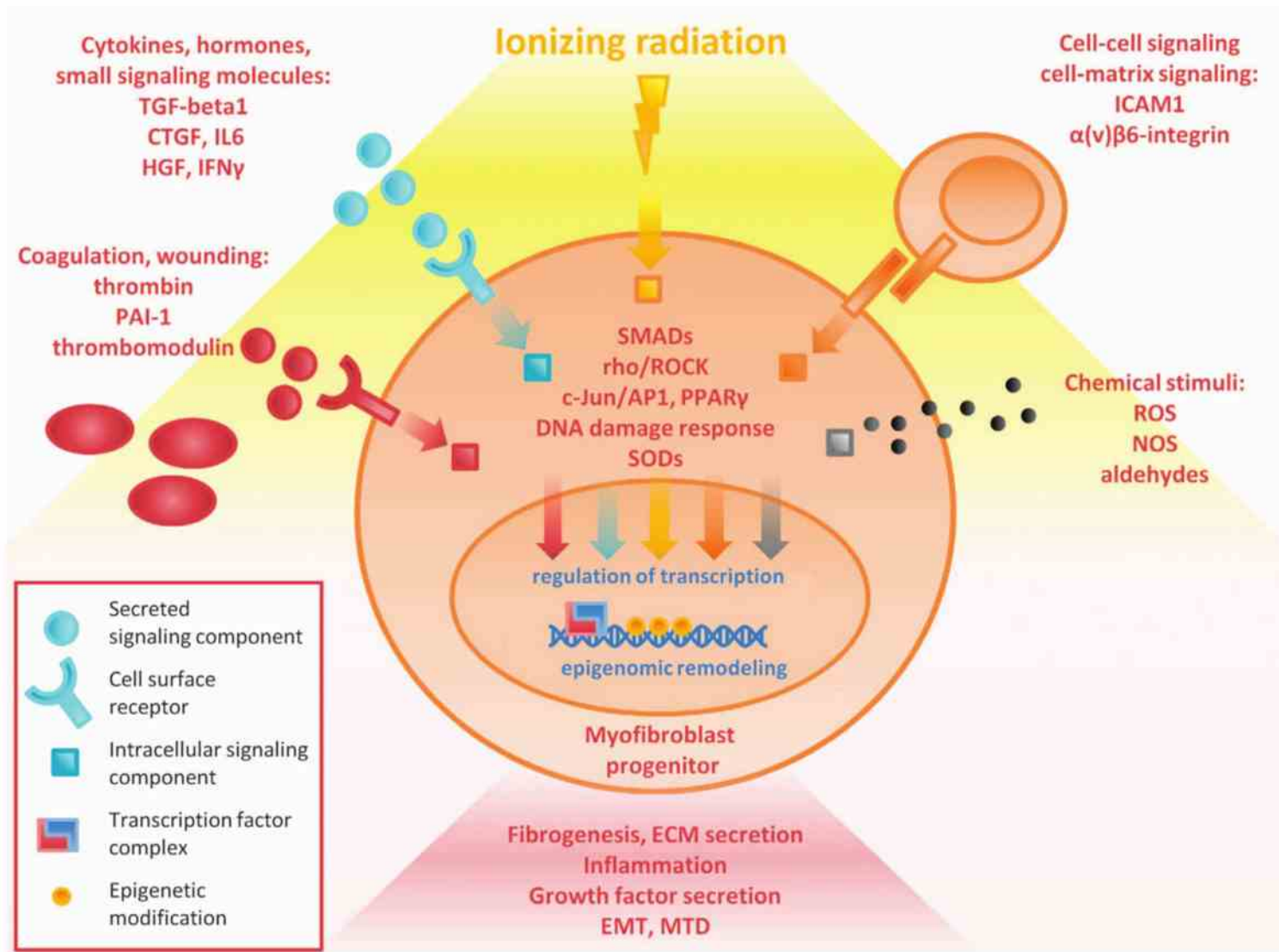
4) Esophageal cancer → 50 Gy/25 fractions



PATHOPHYSIOLOGY OF RADIATION INDUCED HEART DISEASE



Taunk NK et al. Front Oncol 2015;5:39



Radiation-Induced Heart Disease

“ Early toxicity (within 6 months)

- . Pericarditis

” Late toxicity (>5-10 yrs)

- . Functional valvular injury
- . Congestive heart failure
- . Cardiomyopathy
- . Coronary artery disease
- . Conduction defects



FACTORS AFFECTING RISK

Patients risk factors

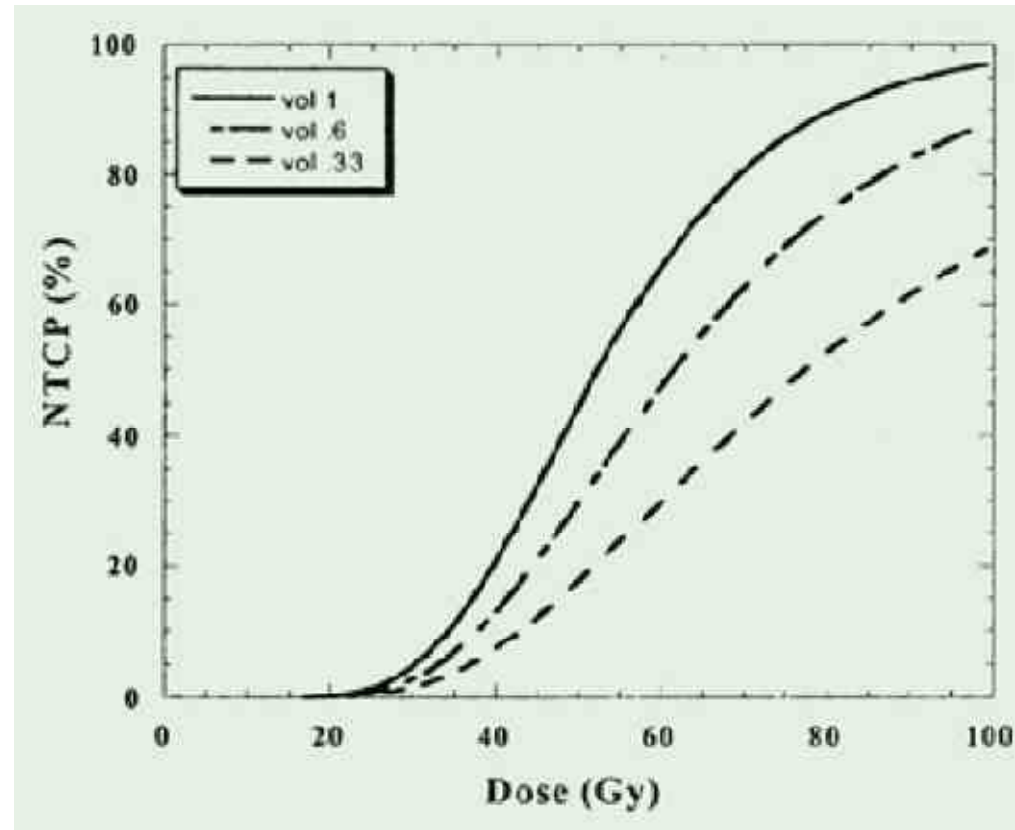
- AGE
- GENDER
- DIABETES MELLITUS
- HYPERTENSION
- ANEMIA
- SMOKING
- DYSLIPIDEMIA
- PARENTAL HISTORY OF CAD

Treatment risk factors

- ANTHRACYCLINE THERAPY
- PACLITAXEL (CHF in elderly)
- SYNERGISTIC CT-RT EFFECT
- MONOCLONAL ANTIBODIES
- 5-FLUOROURACIL

Gagliardi et al. Int J Rad Onc Biol Phys 2010

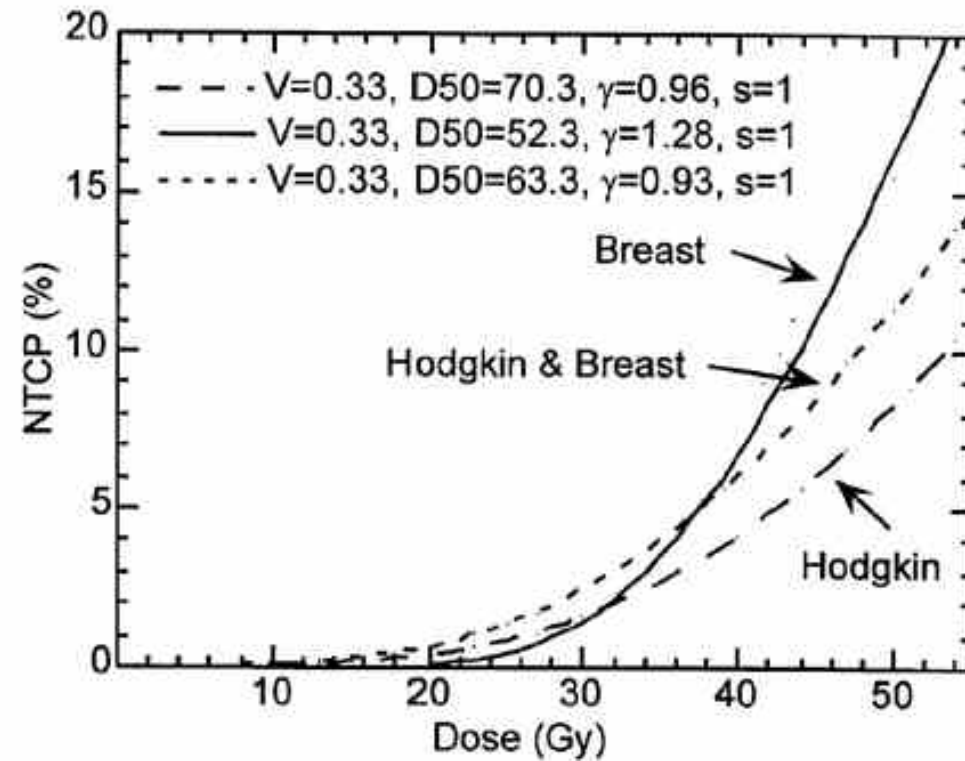
REVIEW OF DOSE/VOLUME FACTORS



Gagliardi G et al, 2001

CHALLENGES IN DEFINING VOLUMES

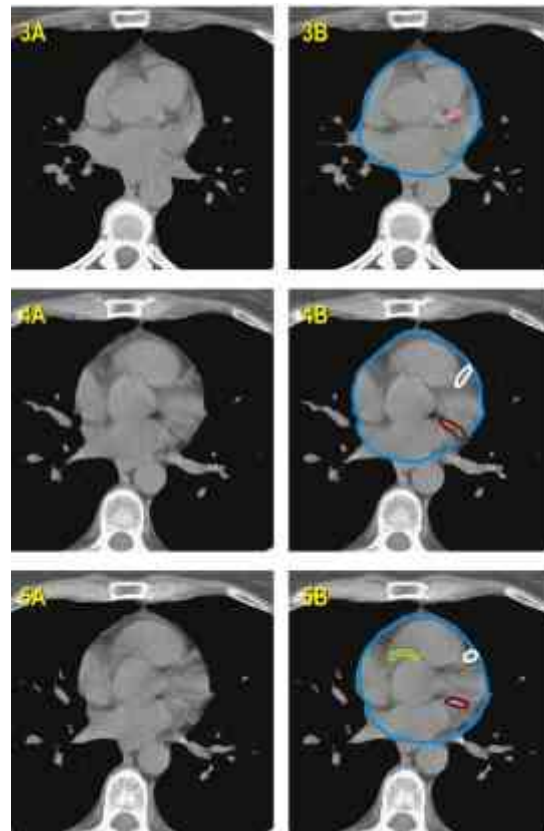
Heart region functionally most important for RT induced toxicity...?



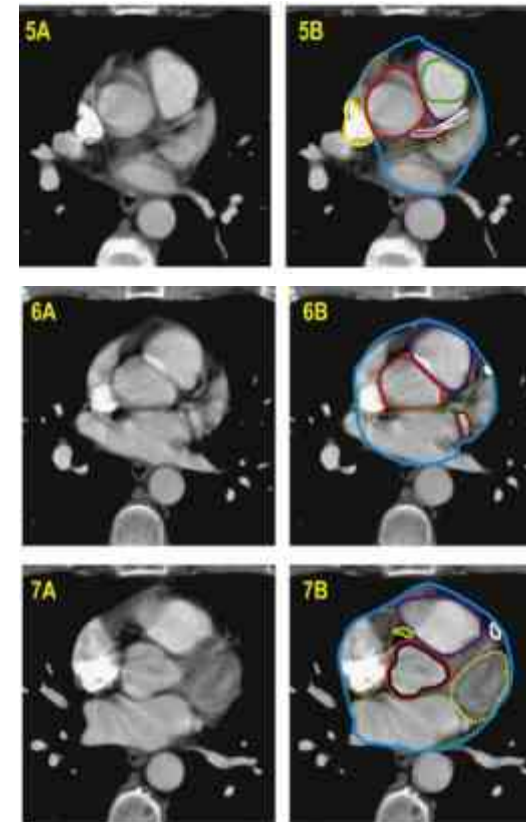
Gagliardi et al Int J Rad Onc Biol Phys 2010

DEVELOPMENT AND VALIDATION OF A HEART ATLAS TO STUDY CARDIAC EXPOSURE TO RADIATION FOLLOWING TREATMENT FOR BREAST CANCER

BASAL TC



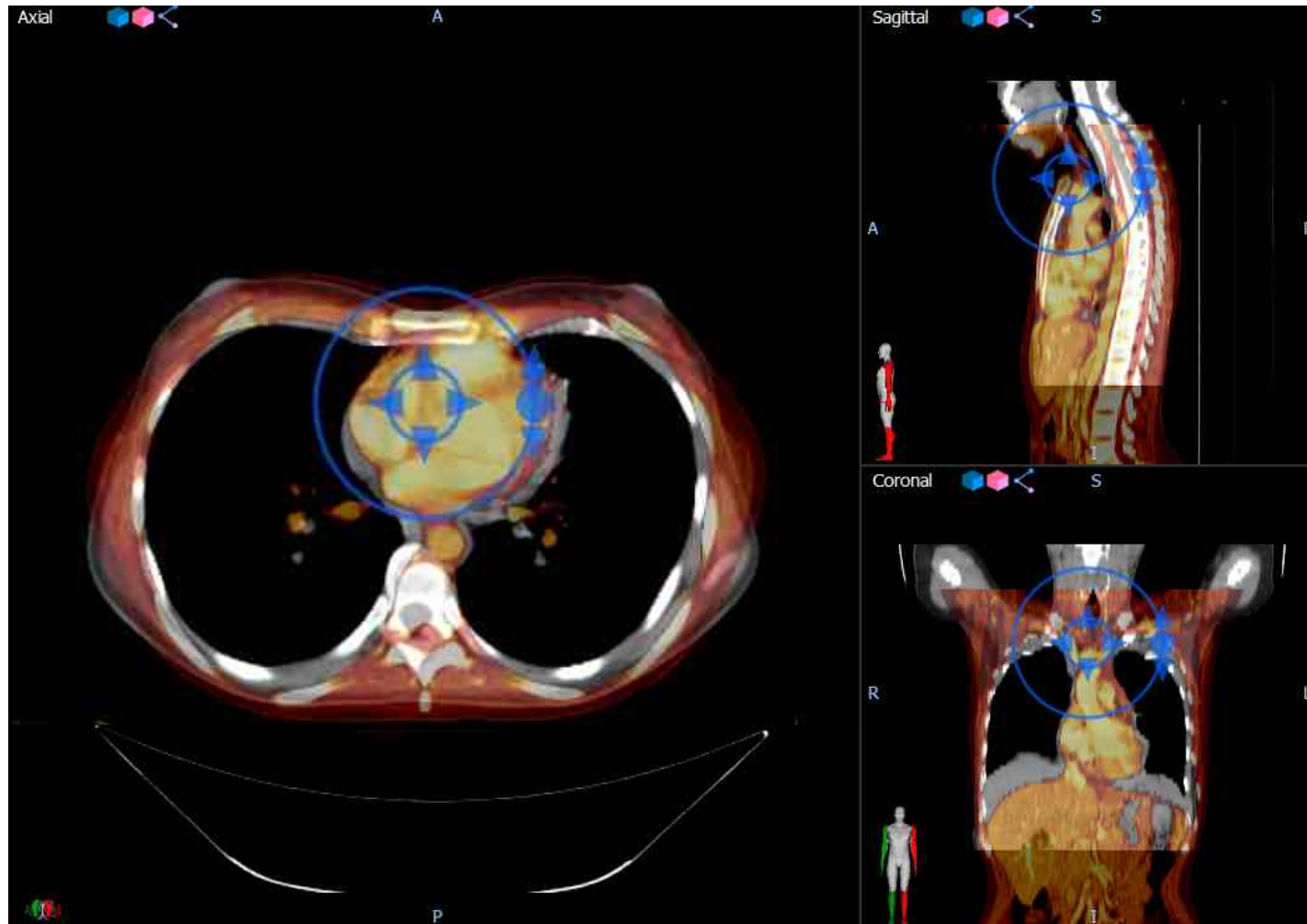
IV CONTRAST MEDIA INFUSION



Feng M et al. IJROBP 2011; 79(1): 10-18

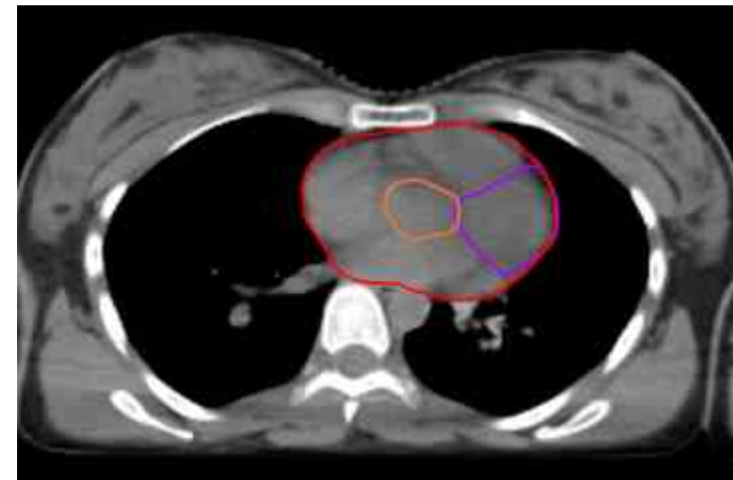
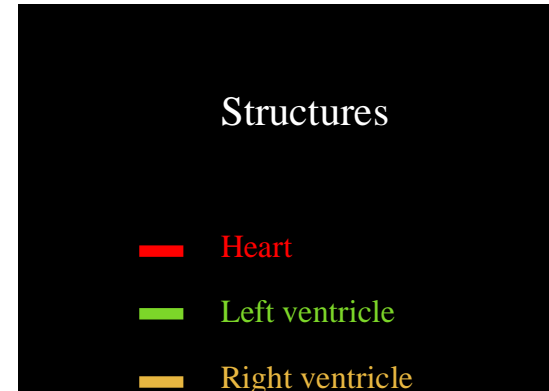
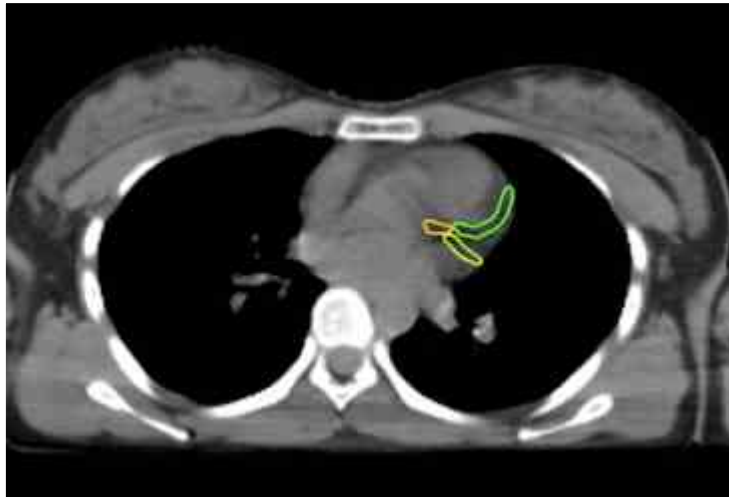
TREATMENT PLANNING

(Image fusion)



HEART STRUCTURES CONTOURING

CORONARIES DEFINITION



CHAMBERS AND VALVES DEFINITION

THE CONFORMALITY CONTINUUM

1980s

Late 1990s

2000s

2010s

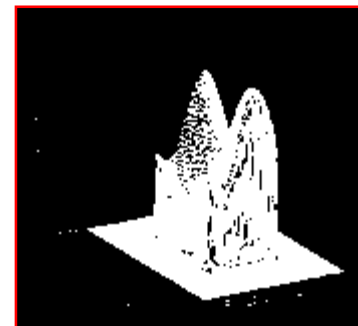


2D

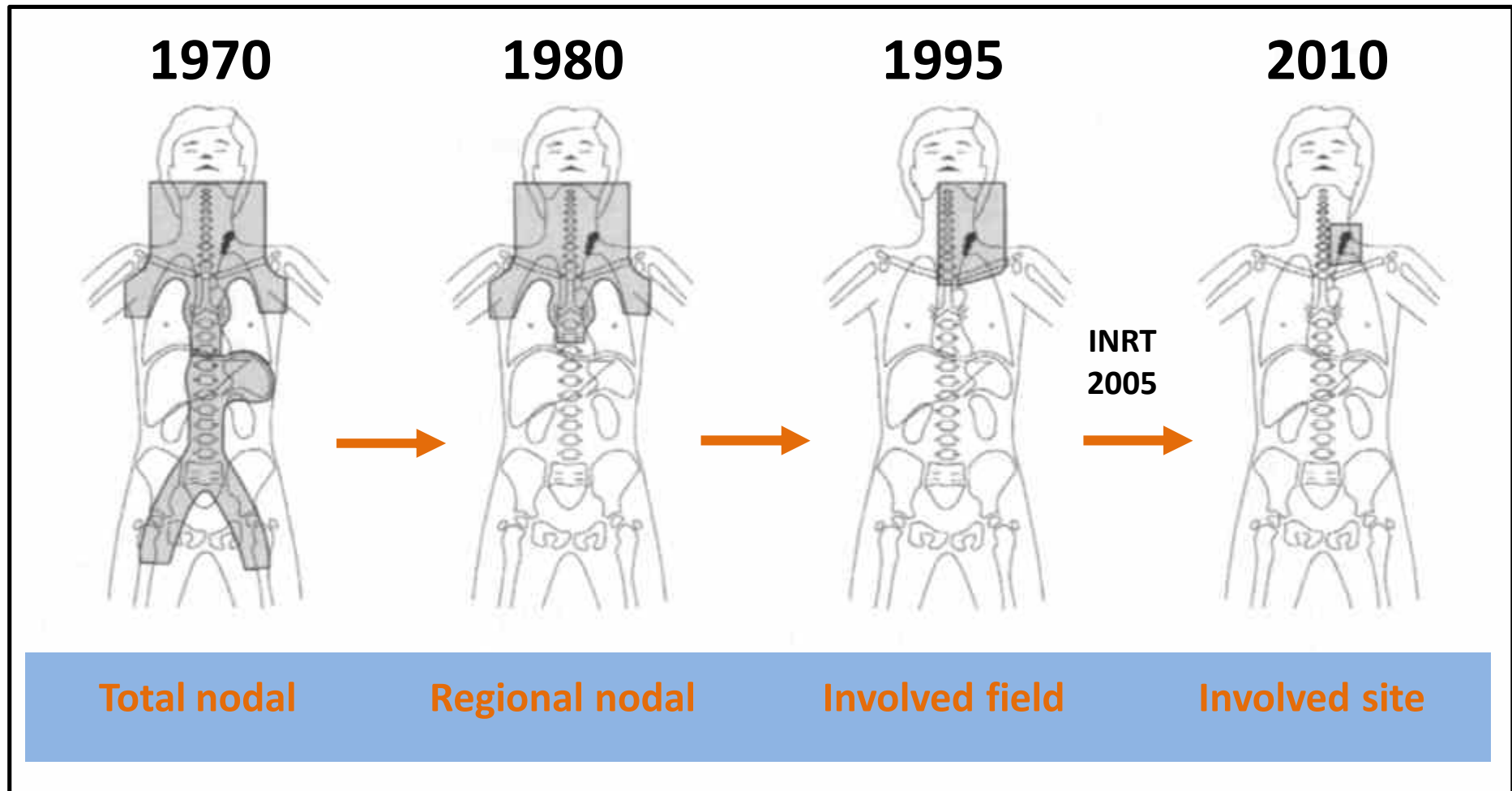
3D-CRT

IMRT/VMAT

IGRT



EVOLUTION OF RT VOLUME / DOSE IN LYMPHOMA

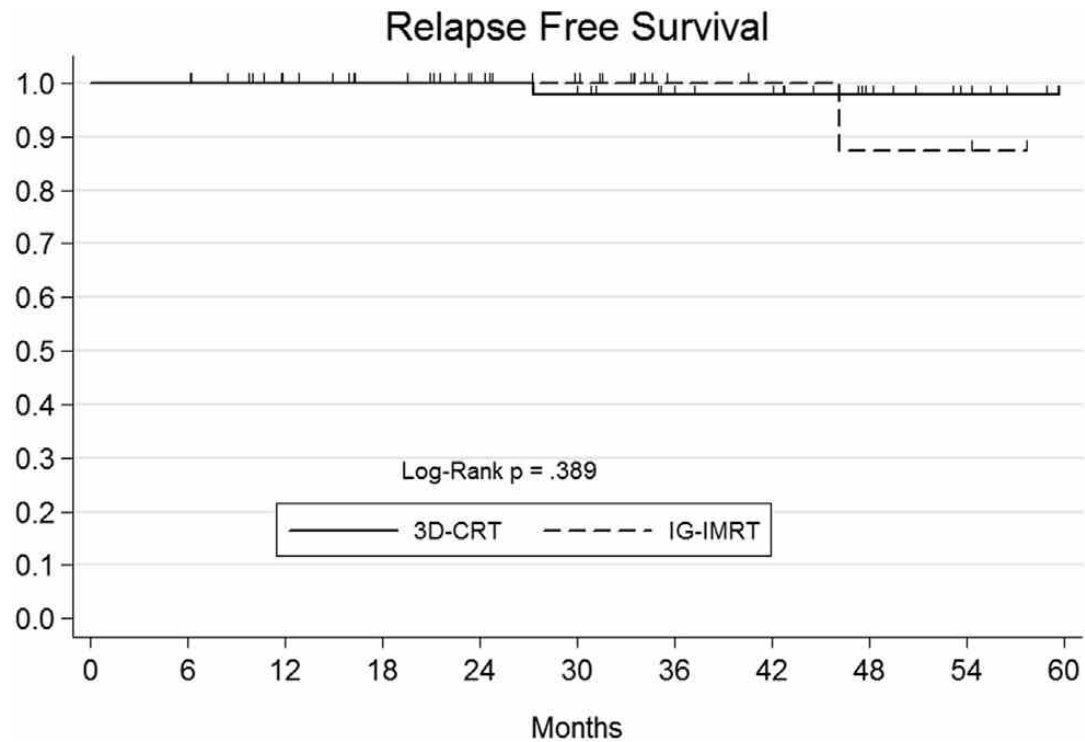


Dose: 36-44 Gy



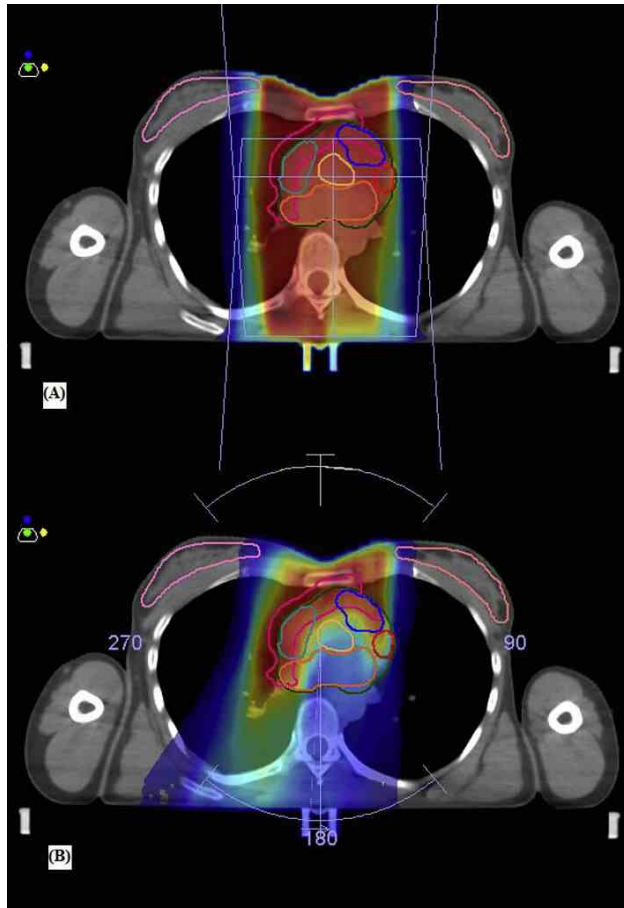
20-30 Gy

Involved-Site Image-Guided Intensity Modulated Versus 3D Conformal Radiation Therapy in Early Stage Supradiaphragmatic Hodgkin Lymphoma



Filippi AR et al. *Int J Rad Onc Biol Phys* 2014

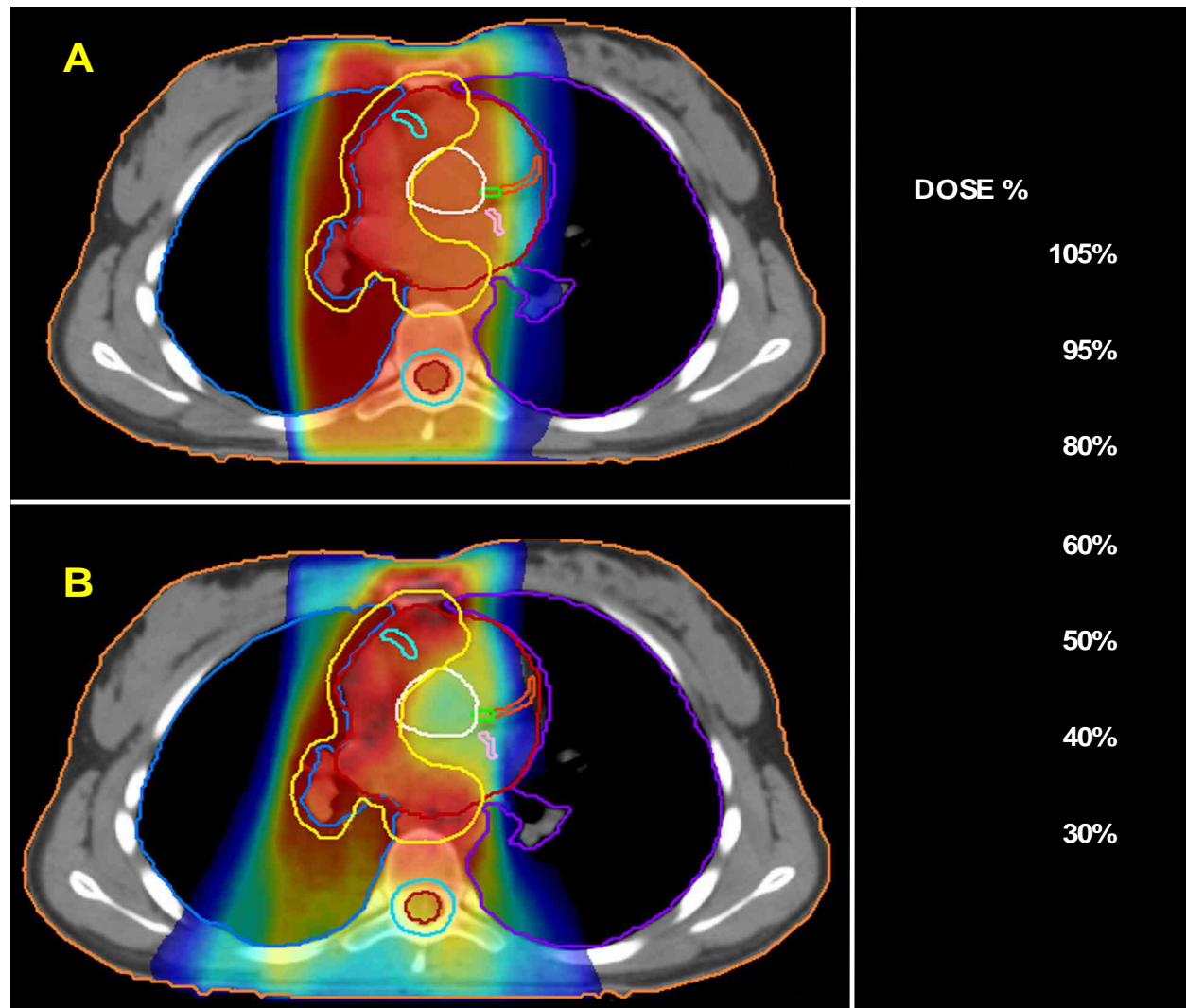
Optimized Volumetric Modulated Arc Therapy Versus 3D-CRT for Early Stage Mediastinal Hodgkin Lymphoma Without Axillary Involvement: A Comparison of Second Cancers and Heart Disease Risk



Site	Mean AER and SD		P value
	3D-CRT	VMAT	
Cardiac diseases	0.74 ± 1.50	0.37 ± 0.45	.038
Aortic valve	2.15 ± 2.27	0.26 ± 0.63	<.0001
Pulmonic valve	3.13 ± 3.24	1.36 ± 1.88	<.0001
Mitral valve	0.29 ± 1.10	0.003 ± 0.007	.12
Tricuspid valve	0.73 ± 2.11	0.07 ± 0.36	.045
All valves	1.57 ± 2.55	0.42 ± 1.14	<.0001

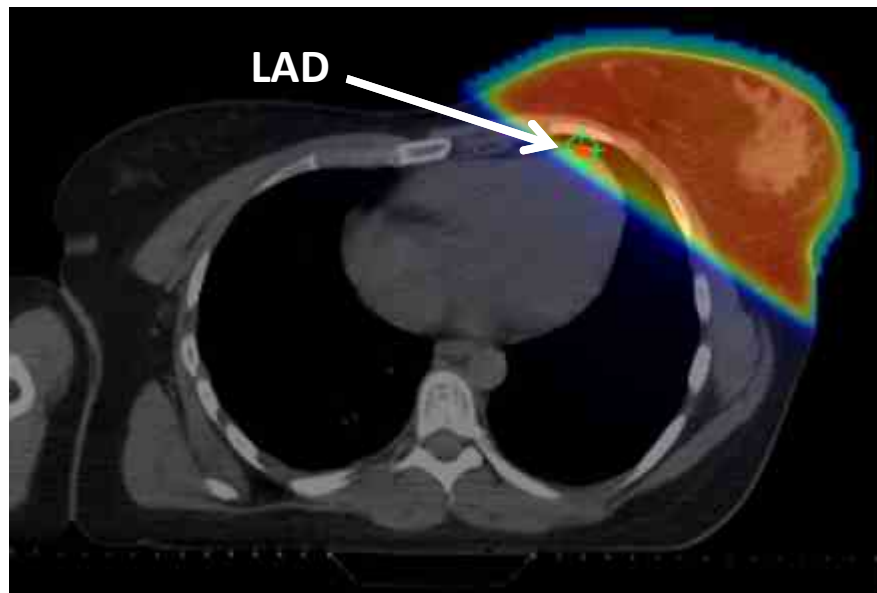
Filippi AR et al. *IJROBP* 2015;92(1):161-168

HODGKIN LYMPHOMA



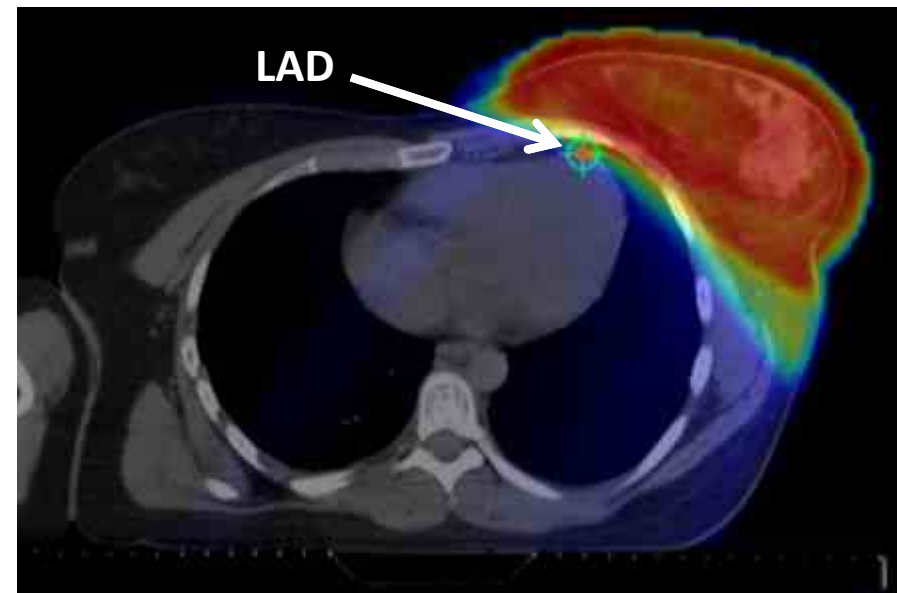
BREAST CANCER

TANGENTIAL FIELDS (3D-RT)



value: +38.8416
units: GY

IMRT



value: +18.5517
units: GY

PHYSICS CONTRIBUTION

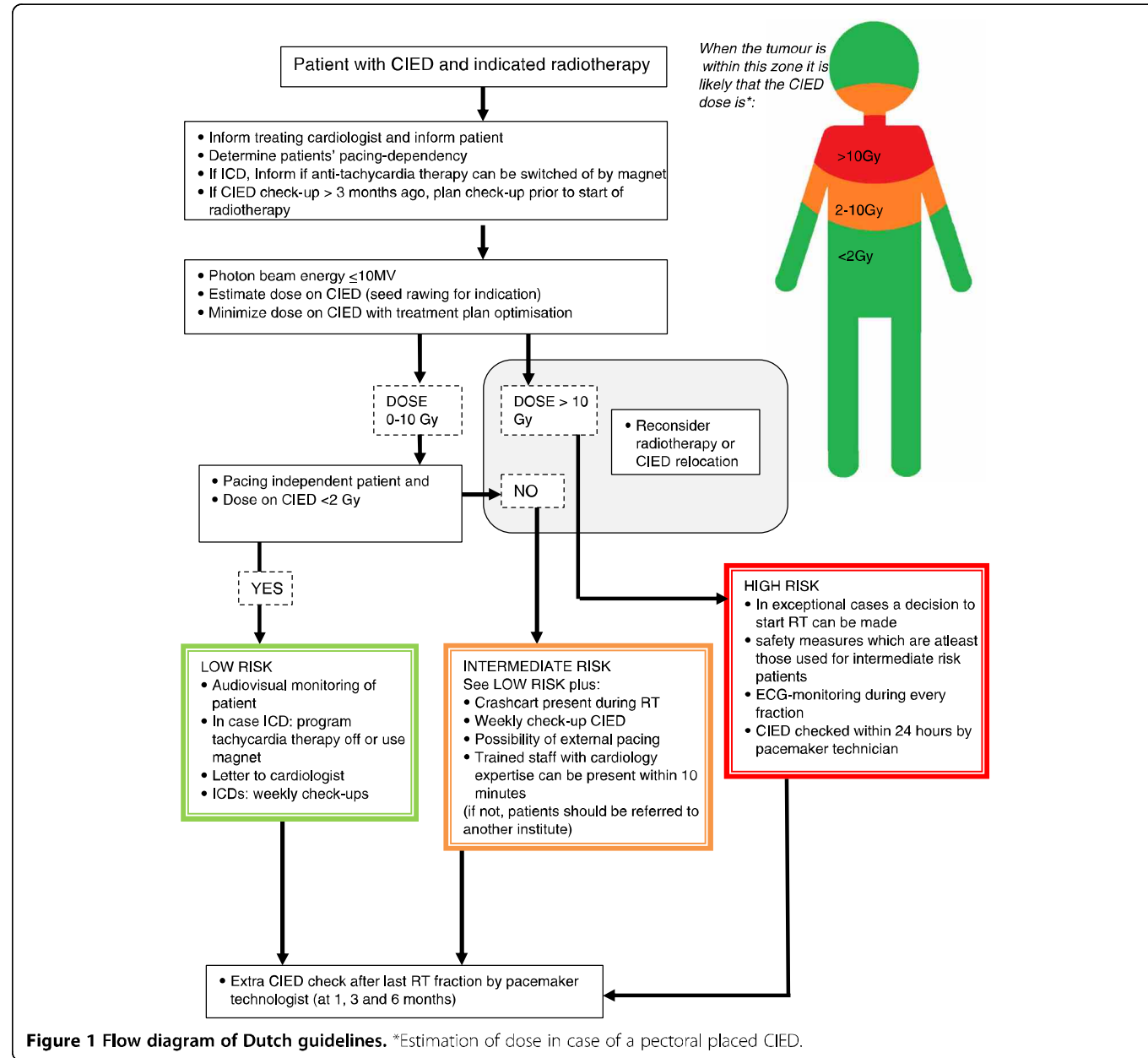
**INFLUENCE OF RADIOTHERAPY ON THE LATEST GENERATION OF
IMPLANTABLE CARDIOVERTER-DEFIBRILLATORS**

Table 1. Results for all 11 ICDs

Device	Manufacturer	Model	Malfunction (not point of failure)	Dose at first malfunction (Gy)	Point of failure	Dose at point of failure (Gy)
1	Guidant	Ventak PR1ZH VR HE 1852	Too-low shock energy of 22J	120	No shock	120
2	Guidant	Ventak PR1ZH VR HE 1852		—	No shock	80
3	St. Jude Medical	Photon uDR model V-232	Sensing threshold 65% too low (Vmin)	90	No output	90
4	Medtronic	Marquis dr model 7274 VVE DDDR	Atrial sensing threshold 100% too high Battery charge time increase by 50%	10 120	Atrial sensing defect	120
5	Medtronic	Marquis dr model 7274 VVE DDDR	Battery charge time increase by 40%	120	Complete sensing defect	120
6	Biotronik	Tupos LV/A+	Too-low shock energy of 18J	0.5	No shock and no output	1.5
7	Biotronik	Tupos LV/A+	Too-low shock energy of 21J	0.5	No shock and no output	2.5
8	Biotronik	Tupos LV/A+			No shock and no output	1.5
9	Biotronik	Tupos LV/A+	Too-low shock energy of 21J Sensing threshold 50% too low (Vmin)	10 20	No output and atrial sensing defect	120
10	Biotronik	Tupos LV/A+		—	No shock and no output	0.5
11	St. Jude Medical	Photon uDR model V-232	Sensing threshold 65% too low (Vmin)	90	No output	90



Hurkmans C et al. *Int J Rad Onc Biol Phys* 2005;63(1):282-289



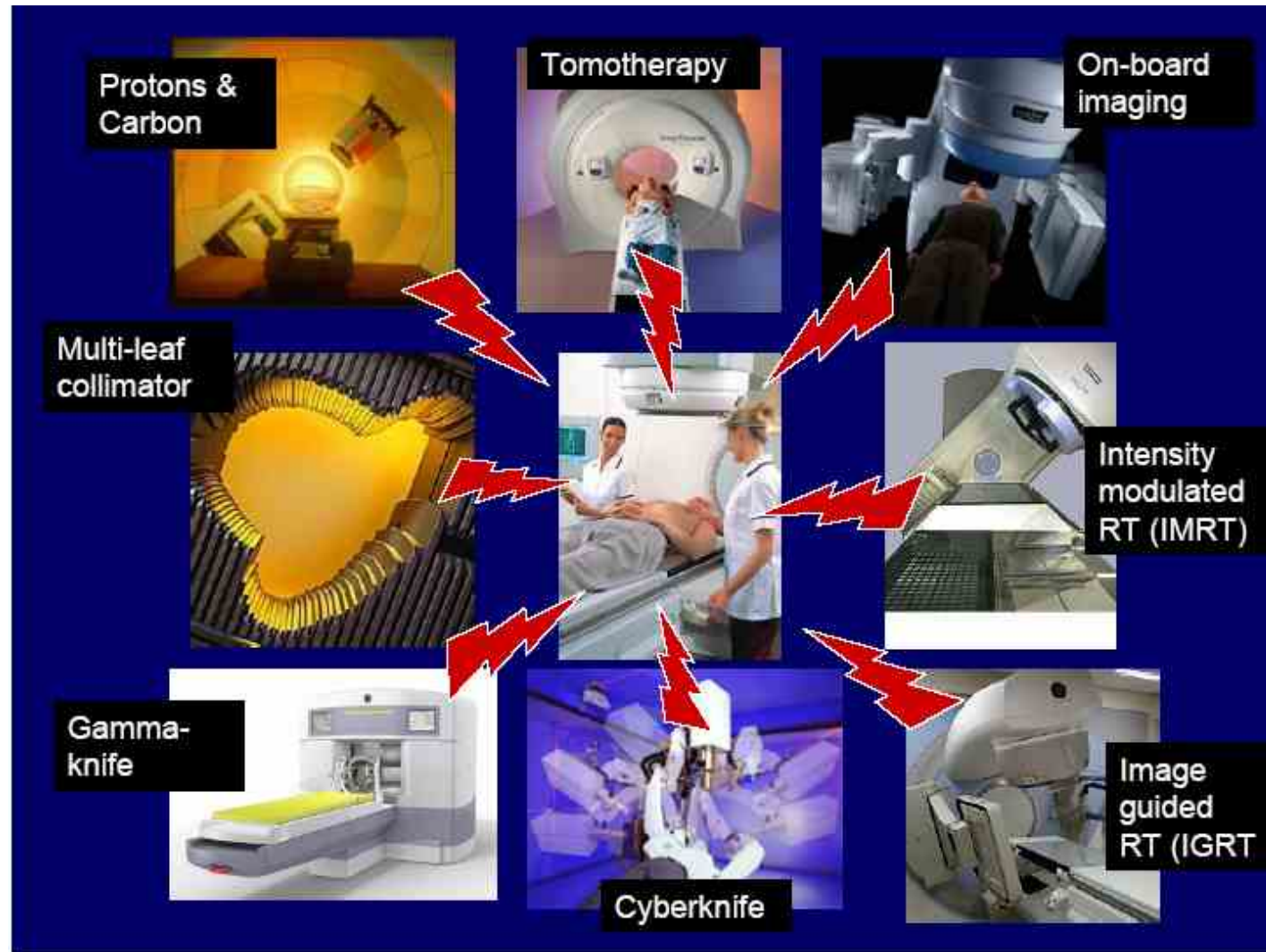


” **HISTORICAL DATA**

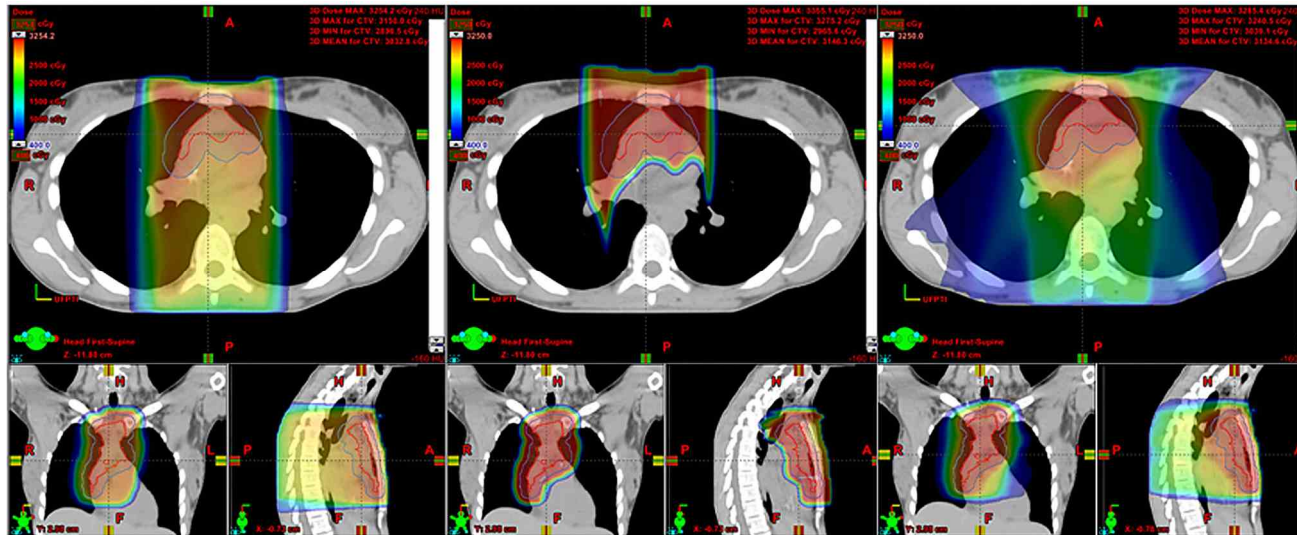
” **CURRENT OVERVIEW**

” **FUTURE OPPORTUNITIES**

TECHNICAL IMPROVEMENT



Involved-Node Proton Therapy in Combined Modality Therapy for Hodgkin Lymphoma: Results of a Phase 2 Study[☆]



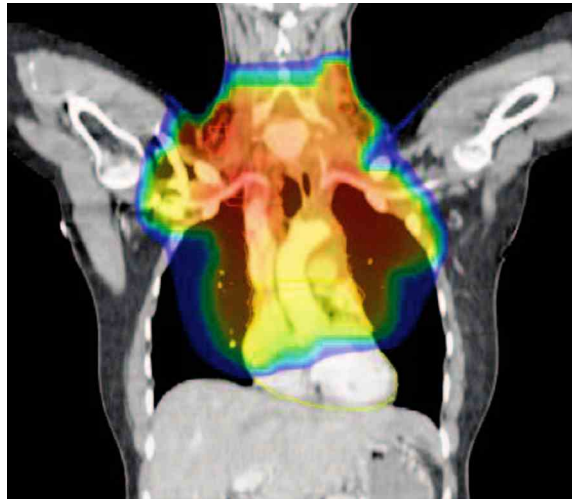
Structure	3DCRT		IMRT		PT	
	Mean	±SD	Mean	±SD	Mean	±SD
Integral dose (joules)	122.9	62.3	103.8	48.6	53.6	32.0
Heart (Gy)	16.5	7.6	12.3	6.2	8.9	5.1
Lung (Gy)	11.6	3.7	9.8	2.8	7.1	2.5
Breast (Gy)	6.3	3.5	6.0	3.4	4.3	3.0
Thyroid (Gy)	19.3	10.1	17.7	9.3	15.8	9.7
Esophagus (Gy)	20.3	4.8	16.4	3.9	13.4	5.6

Hoppe BS et al, IJROBP 2014;89(5):1053-1059

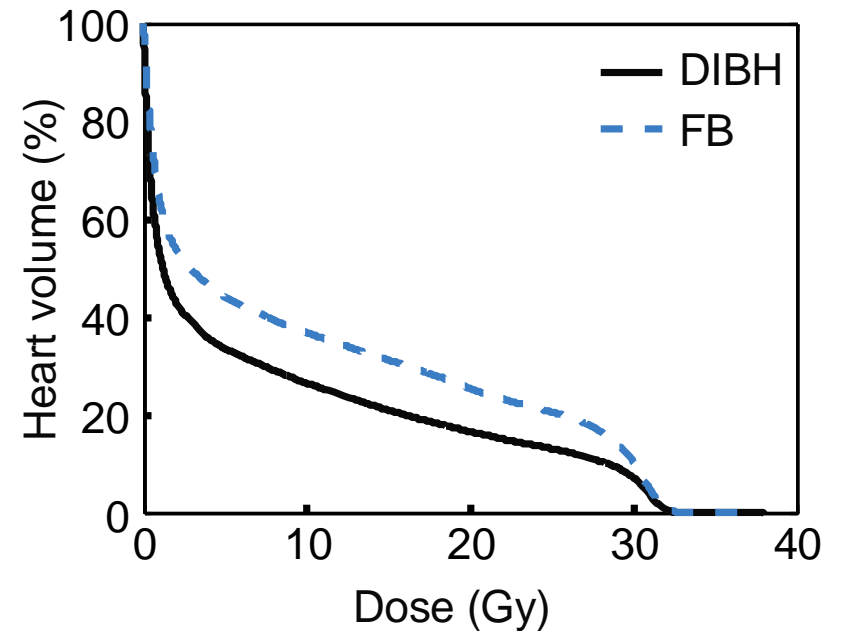
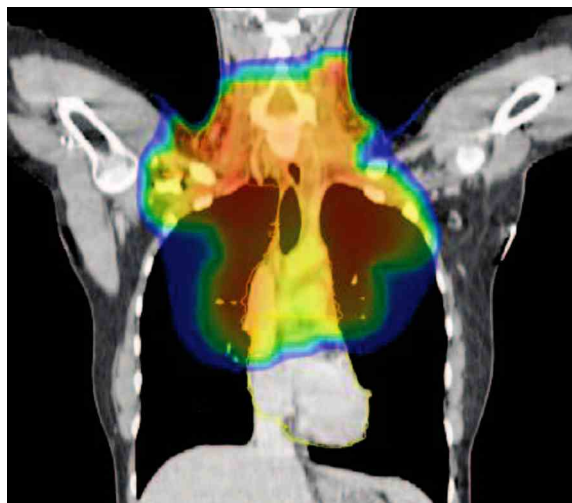


Prospective phase II trial of image-guided radiotherapy in Hodgkin lymphoma: Benefit of deep inspiration breath-hold

**FREE
BREATHING**

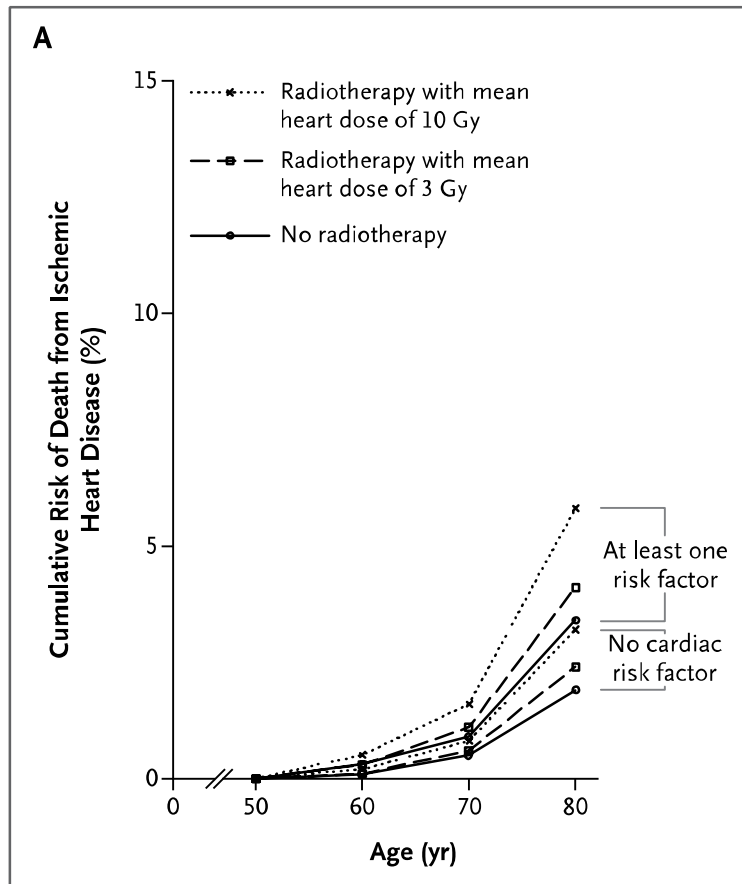


**DEEP
INSPIRATION
BREATH
HOLD
(DIBH)**

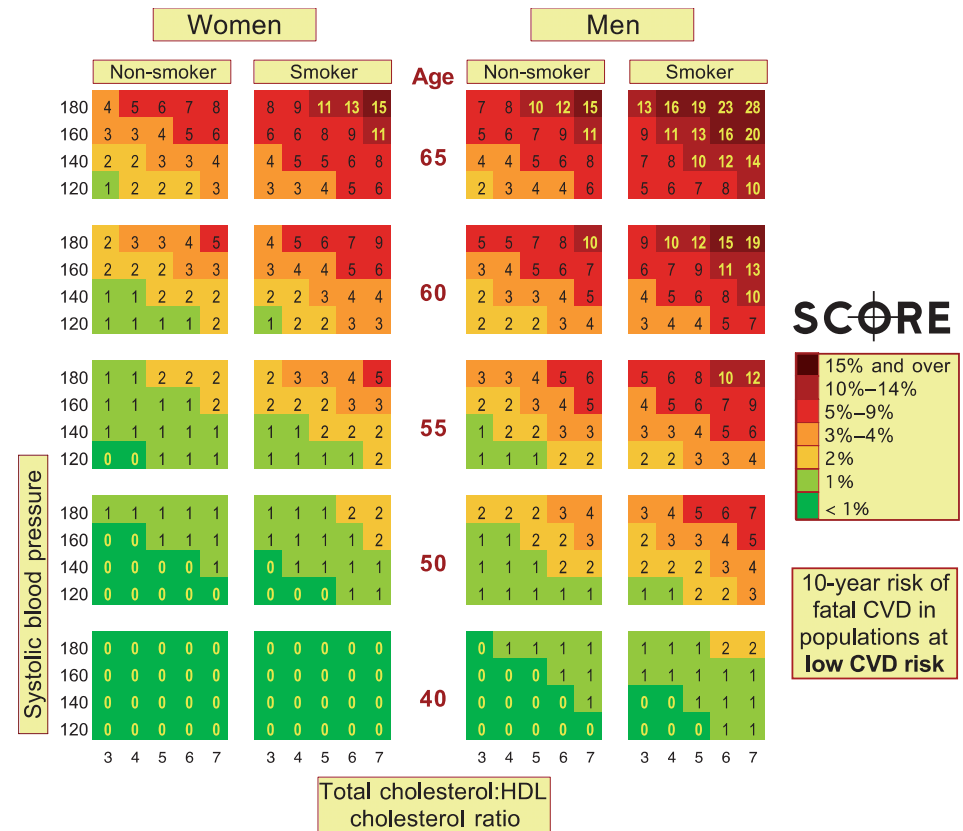


Petersen PM et al. Acta Oncol. 2015;54:60-66

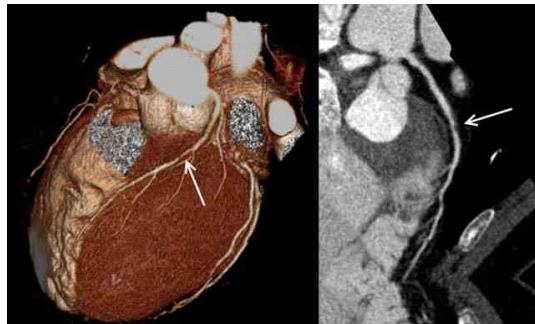
CARDIOVASCULAR RISK FACTORS



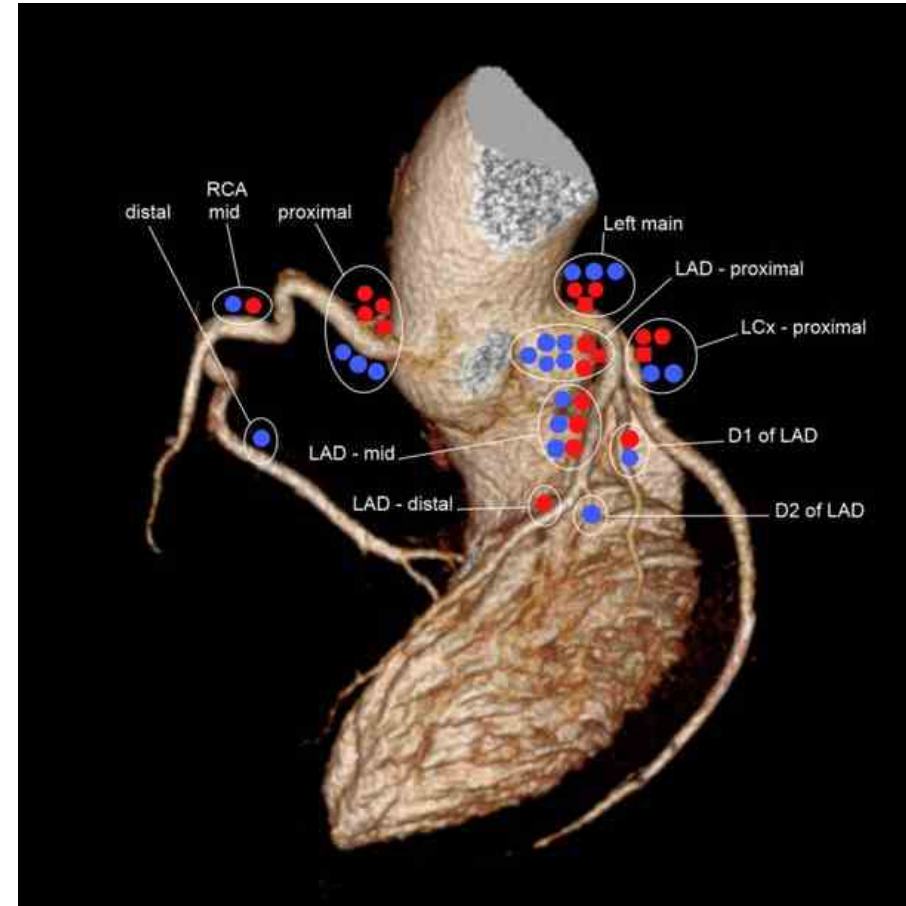
Darby SC et al. NEJM 2013;368(11): 987-998



Coronary Artery Disease Detected by Coronary Computed Tomography Angiography in Adult Survivors of Childhood Hodgkin Lymphoma



Location of Plaque	No. (%)
Left main artery	6 (15)
Left anterior descending artery	
Proximal	8 (21)
Middle	6 (15)
Distal	1 (3)
Diagonals	2 (5)
Left circumflex artery	
Proximal	5 (13)
Distal	0 (0)
Right coronary artery	
Proximal	7 (18)
Middle	2 (5)
Distal	2 (5)

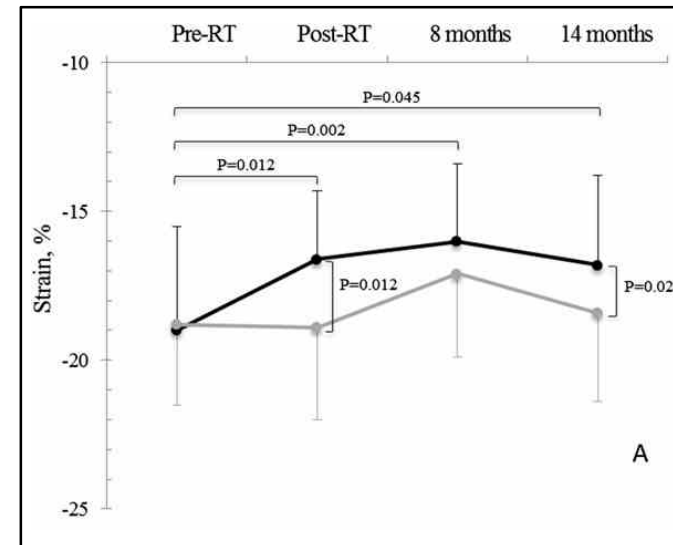
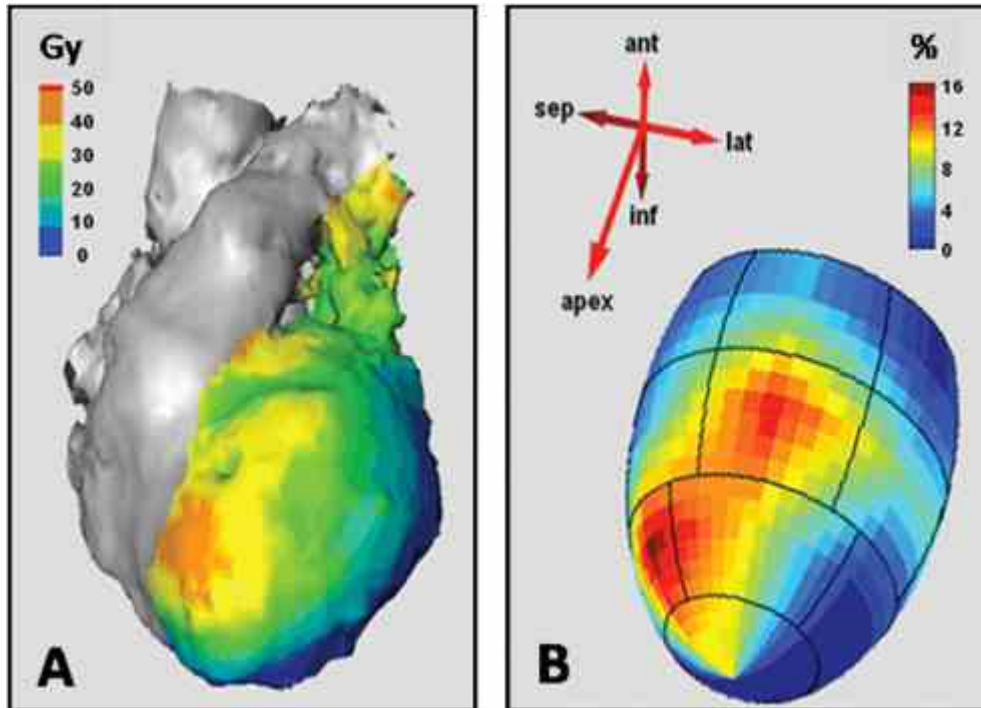


CAD prevalence: 39% (normal population: 8.5-11%)

Mulrooney et al, Cancer; 2014

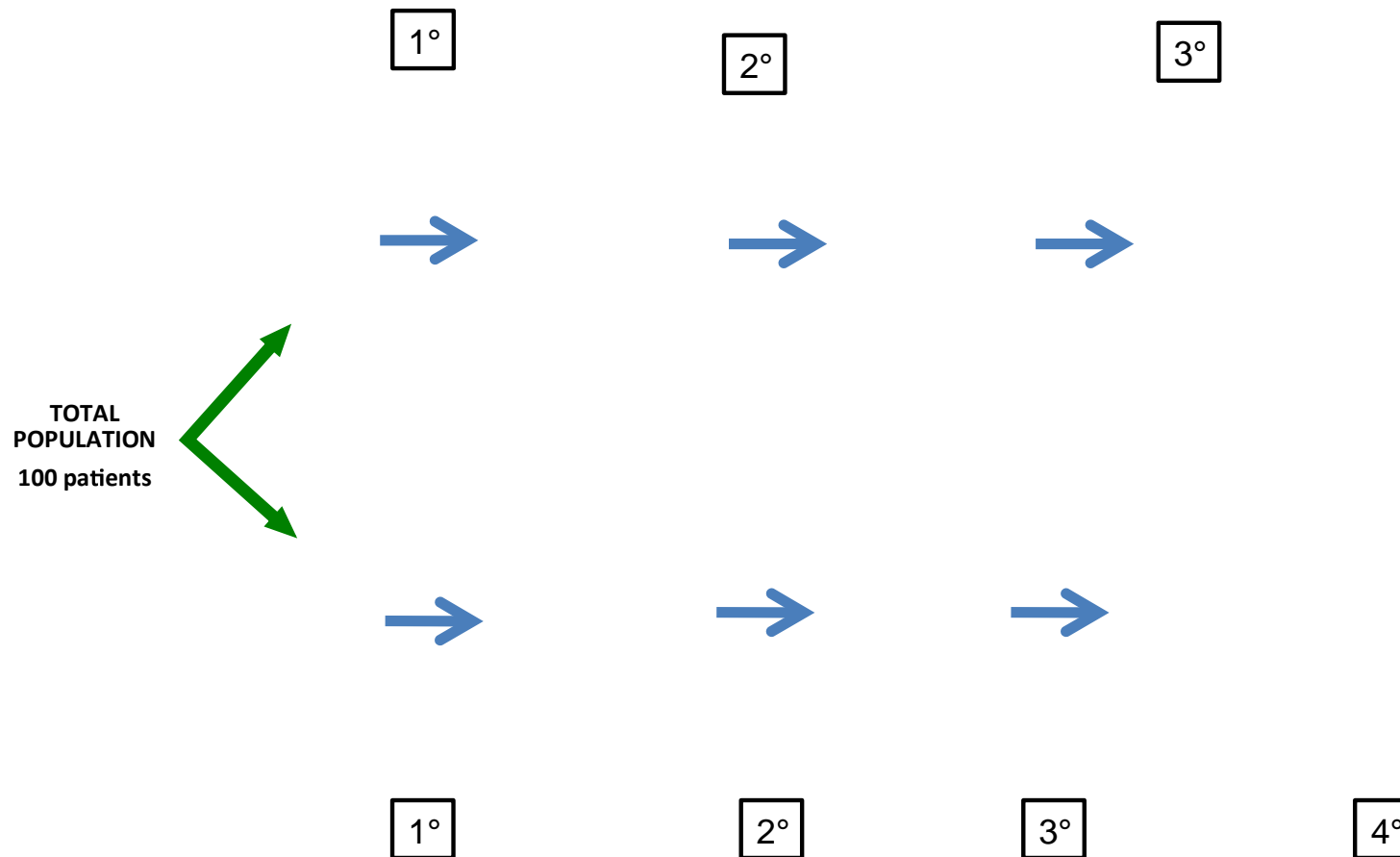
ACUTE RADIATION EFFECTS ON CARDIAC FUNCTION DETECTED BY STRAIN RATE IMAGING IN BREAST CANCER PATIENTS

- ✓ 20 left sided and 10 right sided BC
- ✓ 50 Gy/25 fr
- ✓ Mean dose LV:
 - apical 12.8 Gy
 - mid 5.4 Gy
 - basal 4.5 Gy



CARDIOCARE

“SUBCLINICAL CARDIOTOXICITY DETECTED BY STRAIN RATE AFTER CHEMOTHERAPY AND MEDIASTINAL RADIATION THERAPY IN LYMPHOMA (HL – DLCL – PMBCL)”





ACKNOWLEDGMENTS

Radiation Oncology

- *Umberto Ricardi*
- *Andrea Filippi*
- *Cristina Piva*

Hematology

- *Umberto Vitolo*
- *Lorella Orsucci*
- *Maura Nicolosi*
- *Giorgio Priolo*

Cardiology

- *Sebastiano Marra*
- *Mauro Giorgi*
- *Antonella Fava*
- *Elisa Pelloni*



FUTURE TOXICITY STUDIES

THE FOLLOWING POINTS SHOULD BE KEPT IN MIND:

- a) Additional work is needed to better evaluate whether the modern radiotherapy treatment approaches for patients with cancer of the thoracic district are associated with significant cardiac toxicity.
- b) Additional study is needed to relate doses to subvolumes of the heart (e.g., coronary arteries) to clinical outcomes.
- c) Future studies should incorporate baseline cardiovascular risk factors, such as the Framingham. This will allow consideration of potential interactive effects between RT and traditional cardiac risk factors.
- a) A deeper understanding of the global physiological effects of thoracic RT is needed



Thank you for your attention!

CLINICAL CASE)

P.L. female, 75 y.o.

January 2011: Nodular lesion at the apex of the left lung (cT1N0M0)

Clinical proof of malignancy (SUVmax 3.6; dimensional increase at CT exam)

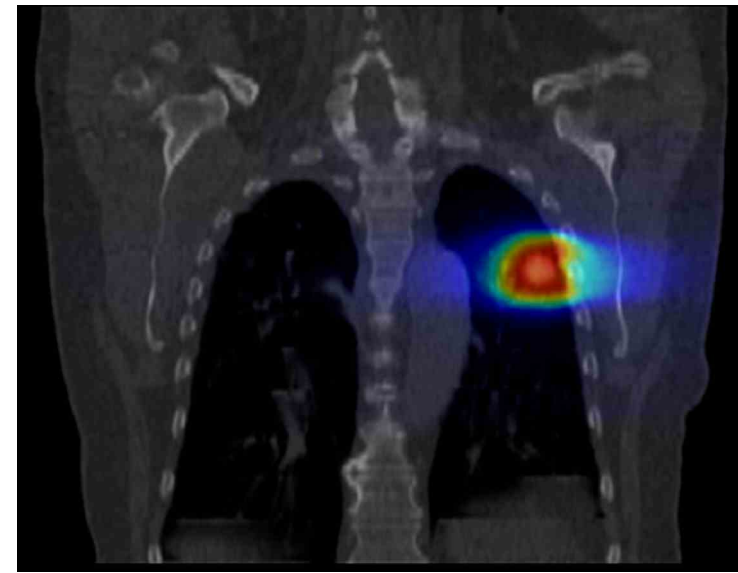
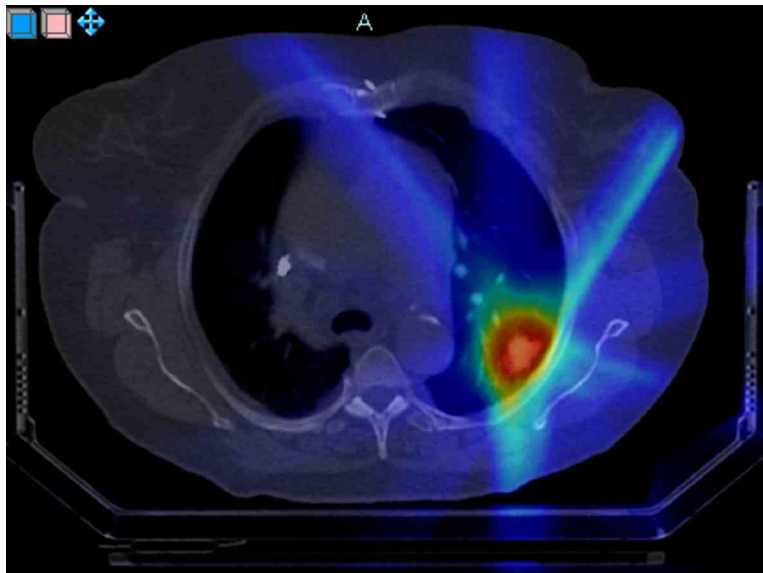
Cardiovascular History:

1990: Acute myocardial infarction (CABG + left ventricular aneurismectomy)

2004: Chronic Heart Disfunction (implanted ICD + biventricular PM)

2009: Last episode of VT, correctly treated by ICD

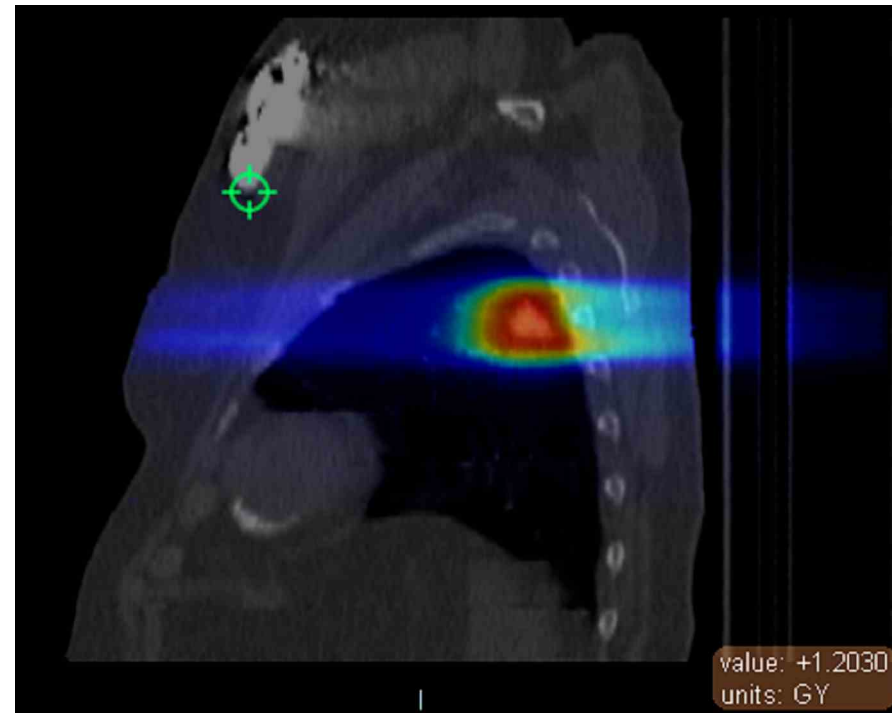
Ex smoker – Chronic Kidney Disease – Hypertension – TIA – NIDDM.



CLINICAL CASE – March 2011 –

- M 54 Gy/3 fractions
- M Switch off tachycardia-therapy before every fraction
- M Crashcart present during RT
- M ICD check an reprogramming after every fraction

Structure	Volume (cm ³)	Plan Name	Min Dose Gy	Max Dose Gy	Mean Dose Gy
AORTA ASCENDE	63.344	1guscio	0.646	8.409	1.778
AORTA DISCEND	114.232	1guscio	0.000	15.291	2.117
COSTA	6.384	1guscio	13.286	41.708	27.002
CUORE	1242.776	1guscio	0.013	6.114	0.865
ESOFAGO	55.232	1guscio	0.000	5.704	1.534
External(Unsp.Tiss)	22929.048	1guscio	0.000	50.189	1.207
ICD	99.640	1guscio	0.000	1.686	0.228
ITV	7.400	1guscio	46.054	52.595	49.753
PTV	18.416	1guscio	35.690	52.595	48.268
Palm dx	1519.496	1guscio	0.000	10.232	0.665
Palm sn	1461.240	1guscio	0.000	52.595	6.272
guscio	6381.736	1guscio	0.000	18.537	0.771





FOLLOW UP

- September 2015 -

- **Stable disease**
- **RTOG Chronic radiological toxicity G1**
- **December 2011: major ventricular arrhythmia, correctly recognised and cardioverted by ICD**