Tossicità da farmaci antitumorali



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Conflitti di Interessi

Speaking honoraria from: GSK, Tesaro, PharmaMar, AstraZeneca, MSD, Clovis, Roche,

Advisory boards: Tesaro, Amgen, AstraZeneca, MSD, Clovis, Roche

Financial support for no profit clinical trials: AstraZeneca, Clovis, GSK

Background

Le informazioni disponibili sulle tossicità sintomatica dei trattamenti antitumorali si basano su reports dei medici, non sulla segnalazione diretta dei pazienti.

Pertanto, alcuni effetti collaterali potrebbero essere sottostimati.

L'interesse scientifico per l'integrazione dei risultati riferiti dai pazienti nella valutazione della sicurezza dei farmaci è in grande crescita.

¹ Basch E. J Natl Cancer Inst 103: 1808-10, 2011.
 ² Petersen MA. Eur J Cancer 42: 1159-66, 2006.
 ³ Fromme EK. J Clin Oncol 22: 3485-90, 2004.
 ⁴ Basch E. Annu Rev Med 65: 307-17, 2014.

Poor agreement between patient and physician reporting of symptoms

VOLUME 33 · NUMBER 8 · MARCH 10 2015	
JOURNAL OF CLINICAL ONCOLOGY	ORIGINAL REPORT

Symptomatic Toxicities Experienced During Anticancer Treatment: Agreement Between Patient and Physician Reporting in Three Randomized Trials

Massimo Di Maio, Ciro Gallo, Natasha B. Leighl, Maria Carmela Piccirillo, Gennaro Daniele, Francesco Nuzzo, Cesare Gridelli, Vittorio Gebbia, Fortunato Ciardiello, Sabino De Placido, Anna Ceribelli, Adolfo G. Favaretto, Andrea de Matteis, Ronald Feld, Charles Butts, Jane Bryce, Simona Signoriello, Alessandro Morabito, Gaetano Rocco, and Francesco Perrone

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Listen to the podcast by Dr Snyder at www.jco.org/podcasts

Aim of the study

Di Maio M et al, J Clin Oncol 2015 Mar 10;33(8):910-5.

- To describe patients' and physicians' reporting of 6 symptomatic toxicities occurred during anti-cancer treatment, based on data prospectively collected in randomized trials, in order to evaluate:
 - the **agreement** between patients and physicians
 - the rate of possible under-reporting by physicians

Patients

Patients enrolled in 3 multicenter, randomized trials (coordinated by the Clinical Trials Unit, NCI Naples)

Trial	Enrolment years	Setting	Treatments
ELDA ¹	2003 – 2011	Early breast cancer,	• CMF
(NCT00331097)		pts 65 – 79 yrs	• Docetaxel
GECO ²	2003 – 2005	Advanced NSCLC, pts < 70	Cisplatin/Gemcitabine +/-
(NCT00385606)		yrs	Rofecoxib
TORCH ³ (NCT00349219)	2006 – 2009	Advanced NSCLC, pts < 70 yrs (Italy), no age limit (Canada)	Cisplatin/GemcitabineErlotinib

Methods

Trial	Adverse events reporting	QoL questionnaires
ELDA (NCT00331097)	NCI-CTC v2.0	EORTC QLQ C30 + BR23
GECO (NCT00385606)	NCI-CTC v2.0	EORTC QLQ C30 + LC13
TORCH (NCT00349219)	CTCAE v3.0	EORTC QLQ C30 + LC13

- Adverse events prospectively collected by physicians → any grade during each cycle
- Quality of life (QoL) questionnaires filled in by patients at the end of each treatment cycle → any severity during last week

Methods

- Analysis was limited to the first 3 cycles.
- Rates of 6 toxicities reported by patients and physicians were described:
 Anorexia
 Nausea
 Vomiting

Constipation
 Diarrhea
 Hair loss

- Agreement between patients' and physicians' evaluation was assessed by Cohen's κ.
- Relative under-reporting was calculated
- (toxicity reported by patients but not by physicians).

Agreement of patients' and physicians' reporting

	Patient NO	Patient YES
Physician NO	AGREEMENT	Under-reporting
Physician YES	Potential reason: patient asked about the last week, physician refers to the whole cycle	AGREEMENT

Under-reporting

		Anorexia	Nausea	Vomiting	Constipation	Diarrhea	Hair loss
Toxicity reported	d by:						
Patient: Physician:	NO NO	35.1%	30.8%	64.2%	46.1%	59.1%	47.8%
Patient: Physician:	NO YES	2.6%	9.2%	9.8%	2.9%	5.2%	1.4%
Patient: Physician:	YES NO	46.3%	9.8%	12.3%	35.3%	18.1%	33.1%
Patient: Physician:	YES YES	16.0%	2.9%	13.7%	15.6%	17.6%	17.7%
Under-reporting physicians	by	74.4%	40.7%	47.3%	69.3%	50.8%	65.2%

Di Maio M et al, J Clin Oncol 2015 Mar 10;33(8):910-5.

		Risk of sub-optimal treatment
Information about toxicity corr	ectly acquired but not reported	
Pre-existing symptoms	Physicians could decide not to report those symptoms already present before treatment start, if considered unrelated to treatment but related to previous treatments or to disease itself.	+/-
Symptoms attributed to the disease itself	Even if the symptoms were not present before treatment start, physicians could decide not to report those symptoms if considered related to disease itself.	+/-
Mild symptoms / Symptoms not needing intervention	Physicians could pay less attention in reporting mild symptoms or those symptoms that do not need treatment modification (interruption, delay, dose reduction) or supportive treatments.	+/-
Toxicities correctly reported in patient's file, but not in CRF.	Physicians could correctly report the occurrence of toxicity in patient's clinical file, but not in study case report form.	-

		Risk of sub-optimal treatment
Defect in communicatio	n between patient and physician	
Side effects largely expected	Physicians could be less likely to report a toxicity that is largely expected (and "routinely" managed) with the specific drug.	+/-
Unusual side effects	Physicians could be less likely to ask patients about the occurrence of a toxicity that is not commonly expected with the specific drug.	+
Toxicity not referred by patients	If not part of a systematic assessment, toxicity will be reported only if specifically asked by the physician, or spontaneously reported by the patient.	++

Ipotesi: intercettare precocemente cambiamenti nella qualità di vita potrebbe predire una discontinuation



Breast Cancer

Patient-Reported Outcomes and Early Discontinuation in Aromatase Inhibitor-Treated Postmenopausal Women With Early Stage Breast Cancer

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Disclosures of potential conflicts of interest may be found at the end of this article.

Key Words. Aromatase inhibitors • Patient-reported outcomes • Early discontinuation • Quality of life

Pazienti con variazioni precoci negli indici di QoL avevano un tasso di discontinuazione maggiore



Kadakia KC et al, The Oncologist 2016 21: 539-546

Introduzione dei PROs ha un impatto sulla sopravvivenza

Figure. Overall Survival Among Patients With Metastatic Cancer Assigned to Electronic Patient-Reported Symptom Monitoring During Routine Chemotherapy vs Usual Care



Questo, ovviamente, sposta l'attenzione sempre più sulla QoL e sulla necessità di introdurre strumenti che come I PRO nella pratica clinica

Review dell'Università degli Studi di Torino



REVIEW

Annals of Oncology 0: 1–9, 2018 doi:10.1093/annonc/mdy449 Published online 10 October 2018

Deficiencies in health-related quality-of-life assessment and reporting: a systematic review of oncology randomized phase III trials published between 2012 and 2016

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Deficiencies in assessment and reporting of QoL: a systematic review of oncology phase III trials published between 2012 and 2016

Aims:

 to review QoL prevalence as endpoint in cancer randomized controlled trials (RCTs) published between 2012 and 2016 in 11 major journals;

(ii) to evaluate QoL reporting deficiencies in terms of:

- Underreporting in primary publication
- Delay in publication

Characteristics of the 446 primary publications included in the analysis (1)

	Number of publications	
Primary manuscript journal		
Annals of Oncology	61	13.7%
British Journal of Cancer	8	1.8 %
Cancer	7	1.6%
European Journal of Cancer	22	4.9%
JAMA	7	1.6%
JAMA Oncology	1	0.2%
Journal of Clinical Oncology	139	31.2%
JNCI	3	0.7%
Lancet	30	6.7%
Lancet Oncology	123	27.6%
New England Journal of Medicine	45	10.1%

Characteristics of the 446 primary publications included in the analysis (2)

	Number of publications	(%)
Type of malignancy		
Breast	84	18.8
Lung	83	18.6
Colorectal	52	11.7
Prostate	34	7.6
Gynecological	29	6.5
Esophago-gastric	29	6.5
Melanoma	20	4.5
Pancreas	16	3.6
Head & neck	14	3.1
Brain	14	3.1
Kidney	12	2.7
Liver	12	2.7
Urothelial	9	2.0
Other	38	8.5

Characteristics of the 446 primary publications included in the analysis (3)

	Number of publications	(%)
Sources of funding		
Profit	209	46.9
Non- profit	237	53.1
Type of experimental therapy*		
Chemotherapy +/- other	273	61.2
Targeted therapy +/- other	210	47.1
Hormonal therapy +/- other	43	9.6
Immunotherapy +/- other	33	7.4
Other	8	1.8
Disease stage		
Localized	124	27.8
Advanced/metastatic	322	72.2

*Categories are not mutually exclusive

Inclusion of QoL among study endpoints (1)

- In the whole series (446 studies):
 - QoL was primary endpoint in 5 trials (1.1%);
 - Qol was secondary endpoint in 195 trials (43.7%);
 - QoL was exploratory endpoint in 36 trials (8.1%).



Presence of QoL results in the primary publication (1)

 Out of 231 primary publications of trials with QoL as secondary/exploratory endpoint, QoL results were available in 143 (61.9%)



• QoL results: median of 12 rows (9.2%).

Time to secondary publication (for trials with no QoL results in the primary publication)



Figure 1. Kaplan–Meier curve of time to secondary publication with quality of life (QoL) results, for trials including QoL as a secondary/exploratory end point, but without any QoL result in the primary publication.

Deficiencies in assessment and reporting of QoL: a systematic review of oncology phase III trials published between 2012 and 2016.

Conclusioni

 La qualità di vita non è un endpoint in una percentuale rilevante degli studi pubblicati tra il 2012-2016 ed i risultati sono soggetti ad under-reporting e a ritardo nella pubblicazione

> Quality of life assessment using patientreported outcome (PRO) measures: still a Cinderella outcome?

Marandino L et al, Ann Oncol. 2018 Dec 1;29(12):2288-2295. doi: 10.1093/annonc/mdy449 Fallowfield LJ. Ann Oncol. 2018 Dec 1;29(12):2286-2287. doi: 10.1093/annonc/mdy481

... ESMO guidelines!







Annals of Oncology Available online 21 April 2022

In Press, Journal Pre-proof ?



^{Special Article} The role of patient-reported outcome measures in the continuum of cancer clinical care: ESMO Clinical Practice Guideline [†]

M. Di Maio¹, E. Basch², F. Denis^{3, 4}, L.J. Fallowfield⁵, P.A. Ganz⁶, D. Howell⁷, C. Kowalski⁸, F. Perrone⁹, A.M. Stover^{2, 10}, P. Sundaresan^{11, 12}, L. Warrington¹³, L. Zhang¹⁴, K. Apostolidis¹⁵, J. Freeman-Daily¹⁶, C.I. Ripamonti¹⁷, D. Santini¹⁸, on behalf of the ESMO Guidelines Committee^{*} Tossicità da immunoterapia

Ongoing trials



Immunoterapia: il meccanismo d'azione



Anti CTLA-4: agiscono rimuovendo l'inibizione esercitata da CTLA-4 nelle fasi precoci della risposta linfocitaria.

Anti PD-1/PD-L1: agiscono rimuovendo l'inibizione esercitata da PD-L1 nel microambiente tumorale.

Boutros, Nat Rev Clin Oncol. 2016

What is the difference between AEs and irAEs?

Medical problems
 that may arise during
 treatment with a
 drug or therapy

AEs: adverse events

 Discrete toxicities caused by nonspecific activation of the immune system, and can affect almost any organ system

irAEs: immune related adverse events

National Cancer Institute. Accessed 15/10/2023 at https://www.cancer.gov/publications/dictionaries/cancer-terms/def/adverse-event. Puzanov I, et al. J Immunother Cancer. 2017;5(1):95

Immune-related adverse events



- Checkpoint inhibitors are associated with toxicities caused by nonspecific immune activation¹⁻³
- irEAs can affect any organ system
- Differences between anti PD1-PDL1 and anti CTLA-4, with an increase risk in combination
- irAEs are most common in:
 - Skin
 - Gastrointestinal
 - Endocrine

Seven questions about irAEs



Possible mechanisms underlying Immune-Related Adverse Events

Why do they occur?



The mechanisms that result in immunerelated adverse events are still being elucidated.

Some potential mechanisms include:

Increasing T-cell activity against antigens that are present in tumors and healthy tissue

Increasing levels of preexisting autoantibodies

Increase in the level of inflammatory cytokines

Enhanced complement-mediated inflammation due to direct binding of an antibody against cytotoxic T-lymphocyte antigen 4 (CTLA-4) with CTLA-4 expressed on normal tissue

When do irAEs occur?

- Onset of **irAEs is variable and differs by organ system** and type of *therapy*¹
- irAEs may present after treatment discontinuation¹
- Safety monitoring should extend after therapy ends^{2,3}

Dose-dependence relationship

Anti CTLA-4:

According to several trials, **ipilimumab exhibits a clear dose-dependent** relationship with regards to incidence and severity of irAEs.

All-grade events varied from 61% at a dose of 3 mg/kg to 79% when administered at 10 mg/kg.

The incidence of serious irAEs from ipilimumab doubles when used at a dose of 10 mg/kg (38%) versus 3 mg/kg (18%).

The incidence of irAEs for anti-PD-1/PD-L1 agents does not seem to be dose related.

A meta-analysis that included 6350 cancer patients from 16 phase II/III clinical trials of **PD-1 inhibitors did not find** significant differences in the incidences of pneumonitis between high-dose and low-dose groups of PD-1 inhibitors, concluding the risk was dose independent.

- irAEs (any grade) occur in ~70%–90% of patients treated with checkpoint inhibitors
- Grade 3-5 irAEs are estimated to occur in 15%–42% of patients on anti-CTLA-4 therapies and ≤10% of patients on anti-PD-1/anti-PD-L1 therapies

3. Are they dose dependent or not?

Median Time to Resolution

Why irAEs occur in some patients and not others?

The reason for recurrence of immune-related adverse events only in certain patients is unknown.

Some study are investigating whether such factors as **germline genetics** and the composition of **host microbiota** are related to risk

Are they associated with the efficacy of immune-check point blockade?

Some analyses suggest that development of irAEs is associated with increased response to checkpoint inhibitors and improved outcomes

	All Patients (N = 576)	Any-Grade Treatment-Related Select AEs*		Grade 3 to 4 Treatment- Related Select AEs		Patients Receiving Systemic IM			
		Any (n = 255)	None (n = 321)	1-2 (n = 242)	≥ 3 (n = 13)	Yes (n = 18)	No (n = 558)	Yes (n = 114)	No (n = 462)
ORR, No. of patients (%)	181 (31.4)	124 (48.6)	57 (17.8)	113 (46.7)	11 (84.6)	5 (27.8)	176 (31.5)	34 (29.8)	147 (31.8)
95% CI	27.6 to 35.4	42.3 to 54.9	13.7 to 22.4	40.3 to 53.2	54.6 to 98.1	9.7 to 53.5	27.7 to 35.6	21.6 to 39.1	27.6 to 36.3
Р		< .	001	< .0001†	< .001†	1	.00	.7	36

Are they associated with the efficacy of immune-check point blockade?

Other studies have not observed this effect

5. Are they

associated with

efficacy?

Fig 3. Landmark of correlates of overall survival (OS) and time to treatment failure (TTF) in patients treated with ipilimumab. OS shown after landmark analysis and stratifying by whether patients (A) had immune-related adverse event (irAE) or (B) required systemic corticosteroids. TTF shown after landmark analysis and stratifying by whether patients (C) had irAE or (D) required systemic corticosteroids. Black dots represent censored patients.

Does immunosuppresion to treat irAEs reduce efficacy of ICIs?

Use of immunosuppressive therapies for management of irAEs appears to have minimal effect on treatment outcomes with immune checkpoint inhibitor therapy

Does immunosuppres sion to treat irAEs reduce efficacy of ICIs?

Retrospective studies suggest that use of immunosuppressive therapies does not negatively affect OS, TTF, or ORR

	All Patients (N = 576)	Any-G	irade Treatment	t-Related Select	AEs*	Grade 3 to Related	4 Treatment- Select AEs	Patients Syster	Receiving mic IM
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P		< .	001	< .0001†	< .001†	1	.00	.7	36

1. Postow MA, et al. N Engl J Med. 2018;378(2):158-68. 2. Weber JS, et al. J Clin Oncol. 2017;35(7):785-92. 3. Horvat TZ, et al. J Clin Oncol. 2015;33(28):3193-8. 4. Puzanov I, et al. J Immunother Cancer. 2017;5(1):95. 5. Kumar V, et al. Front Pharmacol. 2017;8:49

Treatment guidelines for treatment of irAEs

NCCN CLINICAL PRACTICE GUIDELINES IN ONCOLOGY: Management of Immunotherapy - Related Toxicities, Version 1.2019

John A. Thompson, MD; Bryan J. Schneider, MD; Julie Brahmer, MD, MSc; Stephanie Andrews, MS, RN, ANP-BC; Philippe Armand, MD, PhD; Shailender Bhatia, MD; Lihua E. Budde, MD, PhD; Luciano Costa, MD, PhD; Marianne Davies, MSN, DNP; David Dunnington, MA; Marc S. Ernstoff, MD; Matthew Frigault, MD; Brianna Hoffner, MSN; Christopher J. Hoimes, MD; Mario Lacouture, MD; Frederick Locke, MD; Matthew Lunning, DO; Nisha A. Mohindra, MD; Jarushka Naidoo, MD; Anthony J. Olszanski, MD, RPh; Olalekan Oluwole, MD; Sandip P. Patel, MD; Sunil Reddy, MD; Mabel Ryder, MD; Bianca Santomasso, MD, PhD; Scott Shofer, MD, PhD; Jeffrey A. Sosman, MD; Momen Wahidi, MD; Yinghong Wang, MD, PhD; Alyse Johnson-Chilla, MS; and Jillian L. Scavone, PhD.

Management of Immune-Related Adverse Events in Patients Treated With Immune Checkpoint Inhibitor Therapy: ASCO Guideline Update

Bryan J. Schneider, MD; Jarushka Naidoo, MD; Bianca D. Santomasso, MD, PhD; Christina Lacchetti, MHSc; Sherry Adkins, MS; Milan Anadkat, MD; Michael B. Atkins, MD; Kelly J. Brassil, PhD; Jeffrey M. Caterino, MD, MPH; Ian Chau, MD; Marianne J. Davies, DNP; Marc S. Ernstoff, MD; Leslie Fecher, MD; Monalisa Ghosh, MD; Ishmael Jaiyesimi, DO, MS; Jennifer S. Mammen, MD, PhD; Aung Naing, MD, Loretta J. Nastoupil, MD; Tanyanika Phillips, MD; Laura D. Porter, MD; Cristina A. Reichner, MD; Carole Seigel, MBA, Jung-Min Song, MSN, RN, CNS; Alexander Spira, MD, PhD; Maria Suarez-Almazor, MD; Umang Swami, MD; John A. Thompson, MD; Praveen Vikas, MD; Yinghong Wang, MD; Jeffrey S. Weber, MD, PhD; Pauline Funchain, MD; and Kathryn Bollin, MD.

Management of toxicities from immunotherapy: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up

J. Haanen, M. Obeid, L. Spain, F. Carbonnel , Y. Wang, C. Robert, A. R. Lyon, W. Wick, M. Kostine, S. Peters, K. Jordan & J. Larkin, on behalf of the ESMO Guidelines Committee

Immunotherapy Toxicities: An SGO Clinical Practice Statement

R.E. O'Cearbhaill, L. Clark, R.N. Eskander, S. Gaillard, J. Moroney, E. Pereira, B. Pothuri.

1. Thompson A, et al. J Natl Compr Canc Netw. 2019;17(3):255–289; 2. Haanen B, et al. Ann Oncol. 2022;33(12):1217-1238; 3. Schneider J, et al. J Clin Oncol. 2021;39(36):4073–126; 4. O'Cearbhaill E, et al. Gynecol Oncol. 2022;166(1):25–35.

PREVENT

• Before starting an ICI therapy, oncologists need to be aware of their spectrum of toxicity

• Patients and their health care providers should be informed of the specific risks of ICI toxicities

Take home messages

- iRAEs are caused by nonspecific immune activation and can affect any organ system;
- **Differences** between anti **PD1-PDL1 and anti CTLA-4**, with an increase risk in combination;
- Some iRAEs are **dose dependent and some not**;
- Some analyses suggest that development of irAEs is associated with increased response to checkpoint inhibitors and improved outcomes, other studies have not observed this effect;
- Use of immunosuppressive therapies for management of irAEs appears to have minimal effect on treatment outcomes with immune checkpoint inhibitor therapy;
- The five pillars of immunotherapy toxicity management: PREVENT, ANTICIPATE, DETECT, TREAT and MONITOR

Medicine asks you to make perfect decisions with imperfect information

• The laws of medicine, Siddharta Mukherjee